



WAHNAPIITAE FIRST NATION

December 2023 • Minado Giisoonhs “Little Spirit Moon”

January 2024 • Minado Giizis “Spirit Moon”



LITTLE NHL PLAYER CALL

50TH LITTLE NATIVE HOCKEY LEAGUE TOURNAMENT

🕒 MARCH 11-15, 2024 📍 MARKHAM, ON



U7 & U9 MEMBERS

REGISTER BY JANUARY 25, 2024

✉ JESSICA.BAILLARGEON@WAHNAPITAEFN.COM

☎ (705) 858-7700

Wahnapiatae's own Kaitlyn Earl out performs at Sudbury Wolves AAA Goalie Tryouts



“I believed in myself and I knew I was good enough to make that team, and I just had to prove to everyone there that I was.” - Kaitlyn Earl

“ When Randy Koski showed up for tryouts last spring with the Sudbury Wolves under-16 AAA hockey team, he had no preconceived notions about any of the 10 goalies who were vying for two spots on the roster. As a newcomer to the program, he didn't know any of the players, so he and his goalie coach tried to identify the hopefuls by the equipment they wore. But two of the stoppers were easy to spot, because they had ponytails and, more important, were clearly the best, most fundamentally sound goalies in camp. So when it came time to settle on a tandem, he and his staff had no qualms about tying their fortunes to Kalia Pharand and Kaitlyn Earl, two 15-year-old girls who beat out eight boys. It's not completely uncommon for an elite boys team to have one girl in goal in minor hockey, but two is unheard of. Pharand and Earl room together on the road and are close friends. With the establishment of the Professional Women's Hockey League, they can chase the same dream as their teammates: getting paid to play big-league hockey. Pharand and Earl will have to leave home to play in the under-22 league, but it's the most direct route for girls in Ontario to get the exposure they need to earn a U.S. scholarship from one of the 44 women's college hockey programs. In order to take part in any of Hockey

Canada's women's programs, however, they'll need to play at least one season in a women's league in Ontario. Pharand has been with the boys' Wolves program since she started playing minor hockey, and Earl joined the AAA team this season after playing AA with boys in Sudbury.

“You know what?” Earl said. “I think it was one of the best decisions I've ever made. I knew I had put in the effort to make the team and try to compete at that level. I believed in myself and I knew I was good enough to make that team, and I just had to prove to everyone there that I was. Kalia, too, she stood on her head. ”When they aren't at tournaments, the Wolves compete in the Great North U18 league, where the players are older, bigger and stronger. The Wolves are 5-8-0 there, and Koski said both Pharand and Earl have stolen games this season. Goalie coach Darren Rowlandson said both have been terrific, even if their styles are completely different. “They work with each other really well,” Rowlandson said. “Kalia is very calm in the net and her hands are really quiet, kind of like a Carey Price, where Kaitlyn is a little more aggressive, getting out to the top of the crease and a little more reactive.”

The combination has worked out well so far. Neither player seems fazed by the strength of the shooters and speed of their shots. And as far as Koski is concerned, there are no harder workers on the team. He said he often can't reach Pharand on game days because she turns her phone off to reduce distractions. “They're not afraid of anything,” Rowlandson said. “When I'm shooting on them in practice, they're always telling me to shoot harder.” It can be a difficult adjustment for female goalies to start playing against women after facing boys. There is also an elite girls program in Sudbury where both could have played, but they feel they're being better served at a higher level of competition. ”

Mino-anokiiwin
Kaitlyn!

We are so
proud of you!



Excerpted from “They're not afraid of anything.” How two girls claimed the crease on an elite boys hockey team in Sudbury article written by Ken Campbell published on-line November 25, 2023 by Toronto Star. Find the full article at [thestar.com > Sports > Hockey](https://thestar.com/sports/hockey/they-re-not-afraid-of-anything-how-two-girls-claimed-the-crease-on-an-elite/article_1b4c1ae2-dal7-5b91-947c-b7d6b29ffe8c.html).

Campbell, K. (2023, November 25). “They're not afraid of anything.” How two girls claimed the crease on an elite boys hockey team in Sudbury. Toronto Star. https://thestar.com/sports/hockey/they-re-not-afraid-of-anything-how-two-girls-claimed-the-crease-on-an-elite/article_1b4c1ae2-dal7-5b91-947c-b7d6b29ffe8c.html

Congratulations!

2023-24 POST-SECONDARY AWARD RECIPIENTS

Lily Plante

BACHELOR OF COMPUTER SCIENCE, LAURENTIAN UNIVERSITY

Benjamin Roque

ELECTRICAL ENGINEERING, CAMBRIAN COLLEGE

Madyson Biladeau

CIVIL ENGINEERING, UNIVERSITY OF OTTAWA



SUDBURY
INTEGRATED NICKEL
OPERATIONS
A GLENCORE COMPANY

Winter Solstice

THURSDAY, DECEMBER 21

📍 MAAN DOOSH GAMIG TIPI 🕒 10:00 AM

EVERYONE WELCOME. PLEASE DRESS FOR THE WEATHER.



Please contact Tammy or Shining Turtle for more information:



Shining.Turtle@wahnapiataefn.com



Tammy.Chevrette@wahnapiataefn.com



(705) 858-7700

Nutrition BINGO

Thursday, December 14

📍 Maan Doosh Gamig ⌚ 5:00 PM to 7:30 PM
Dinner and refreshments provided.



Please contact Heather for more information:
✉ Heather.Roy@wahnapiitaeFN.com ☎ (705) 858-7700

Senior Activity kits

JANUARY DELIVERY



Kit #6 Diamond Dreamcatcher Earrings
Sign up with Heather by Wednesday, December 20

December Mini Headdress Kits will be delivered on December 13.
***Must be a senior and be signed up to receive an activity kit.**

Please contact Heather to RSVP or for more information:
✉ Heather.Roy@wahnapiitaeFN.com ☎ (705) 858-7700



A message from Wahnapiatae First Nation

As we celebrate the holiday season and approach the end of another remarkable year, Minoganawaamdig Niibaanaamaang miinwaa Nimkoodaading. May this festive season bring you warmth, happiness, and cherished moments with your loved ones.

As we embrace the winter solstice, I want to take a moment to emphasize the importance of safety, especially when it comes to our beautiful lakes. Please exercise extreme caution on frozen lakes until an ice thickness of at least 7 inches is confirmed.

I also want to express my gratitude to the dedicated members of our Public Works department. Their commitment and hard work during the winter months play a crucial role in the safety and well-being of our community. Let's take a moment to recognize and appreciate their efforts in keeping our roads clear and our community safe.

Lastly, chi-miigwetch to all the members who took the time out of their busy schedules to attend our Annual General Membership Meeting. Your participation and engagement contribute significantly to the growth of our community. It's heartening to see members actively involved, and your commitment does not go unnoticed.

As we look forward to a new year, let's continue to support and uplift one another, making our community a stronger and more connected place for everyone.

Miigwetch,

Ogimaa Larry Roque



We want to connect with you,

Wahnapiatae First Nation encourages our members to sign up for email alerts and to visit us on-line so you can stay-up-to date on important community notices, events, news and safety measures.



www.wahnapiataefirstnation.com



@WahnapiataeFirstNation



www.tinyurl.com/wfn-email

Email alerts provide links to virtual community events, engagement sessions, this monthly newsletter and more. Here you can also express feedback on the community and its projects, as well as any concerns you have.

**Wahnapiatae First Nation
Centre of Excellence
259 Taighwenini Trail Road
Capreol, Ontario P0M 1H0
Phone: (705) 858-0610
Fax: (705) 858-5570**

**Hours of operation:
Monday 8:00 AM - 4:30 PM
Tuesday 8:00 AM - 5:30 PM
Wednesday 8:00 AM - 5:30 PM
Thursday 8:00 AM - 5:30 PM**

The Wahnapiatae First Nation Community Newsletter is published on the first Wednesday of every month.

Select photos courtesy of WFN files, Shutterstock.com and Canva.com.
Created by Breanne Addison and Monica Dorion.

LAND-BASED PROGRAM

INTRODUCTORY TRAPPING & SNARING SESSIONS

BEAVER TRAPPING • ADULT SESSION

 WEDNESDAY, DECEMBER 6  10:00 AM TO 12:00 PM

PLEASE RSVP BY MONDAY, DECEMBER 4.

RABBIT SNARING • YOUTH SESSION

 SATURDAY, DECEMBER 9  9:00 AM TO 4:00 PM

PLEASE RSVP BY FRIDAY, DECEMBER 8.

WEASEL TRAPPING • ADULT SESSION

 WEDNESDAY, DECEMBER 13  10:00 AM TO 12:00 PM

PLEASE RSVP BY MONDAY, DECEMBER 11.


SESSIONS DEPARTING FROM NRHC HEALTH CLINIC  190 LOONWAY ROAD


FOR WFN REGISTERED MEMBERS. MATERIALS, SUPPLIES AND LUNCH PROVIDED.

PLEASE WEAR WEATHER APPROPRIATE CLOTHING AND FOOT WEAR. 



Please contact Shining Turtle to RSVP or for more information:

 Shining.Turtle@wahnapiataefn.com

 (705) 858-7700



RSVP by Wednesday, December 6
Pick-up day: Wednesday, December 20

Bring your bags to Maan Doosh Gamig from 4:00 PM to 6:00 PM
MUST REGISTER BY DEADLINE, NO EXCEPTIONS.

Please contact Rochelle or Line to RSVP or for more information:

 Rochelle.Tyson@wahnapitaefn.com

 Line.Baillargeon@wahnapitaefn.com

 (705) 858-7700



Early Years

WINTER ACTIVITY KITS

For children ages 0 to 6 years.
One kit per family.

Contact HBHC Worker Natalie Goring to pick up
your kit or for more information:

 Natalie.Goring@wahnapitaefn.com

 (705) 858-7700





Early Years

DECEMBER PROGRAMMING

Monday, December 4 • Tree Decorating

📍 Maan Doosh Gamig 🕒 3:30PM - 5:30PM

Thursday, December 7 • Christmas Fun

📍 The Gazebo 🕒 3:30PM - 5:30PM

Saturday, December 16 • Lunch with Santa

Please RSVP by Thursday, December 7

📍 Maan Doosh Gamig 🕒 11:30AM - 1:30PM

For children ages 0-6 years. Parents/guardians must be present.



Please contact Natalie for more information:

📧 Natalie.Goring@wahnapiataefn.com

📞 (705) 858-7700



Lunch & Photos with
Santa Claus

Saturday, December 16

📍 Maan Doosh Gamig 🕒 11:00 AM - 1:30 PM

Please RSVP to Nancy or Natalie by Thursday, December 7.
Limited seats available.

✉ Nancy.Debassige@wahnapitaefn.com

✉ Natalie.Goring@wahnapitaefn.com

☎ (705) 858-7700



Christmas



COMMUNITY PENNY TABLE TICKETS: 1 FOR \$2 OR 3 FOR \$5

DRAW AT COMMUNITY FEAST SATURDAY, DECEMBER 16

Contact Heather to purchase:

 Heather.Roy@wahnapietaefn.com

 (705) 858-7700





Community
Potluck
Feast

Saturday, December 16

Following the Christmas parade will be a community potluck feast at Maan Doosh Gamig. Please let Heather know what item you will be bringing by Monday, December 4.



Heather.Roy@wahnapitaefn.com

 (705) 858-7700

Wahnapitae First Nation



Christmas Parade

Saturday, December 16

Departing at 5:00 PM from the end of Loonway Road to the Centre of Excellence, with a community potluck feast to follow.

Please contact Heather to register your floats by Monday, December 11; add your potluck feast item to the list by Monday, December 4.

 Heather.Roy@wahnapietaefn.com

 (705) 858-7700



SOUP'S ON!

RSVP BY 11:00 AM • PICK-UP 12:00 PM
 MAAN DOOSH GAMIG (705) 858-7700

TUESDAYS
 DECEMBER 5, 12 & 19



Please contact Heather for more information:
 Heather.Roy@wahnapitaefn.com
 (705) 858-7700



Healthy Snacks BLUEBIN PROGRAM



December

BIN RETURN BY: MONDAY, DECEMBER 4
 PICK UP: WEDNESDAY, DECEMBER 6

January

BIN RETURN BY: TUESDAY, JANUARY 9
 PICK UP: FRIDAY, JANUARY 11

February

BIN RETURN BY: THURSDAY, FEBRUARY 1
 PICK UP TUESDAY, FEBRUARY 6

FAMILY WELLNESS CENTRE (178 LOONWAY ROAD)
 3:00 PM TO 6:00 PM



Please contact April to RSVP or for more information:
 April.Cardinal@wahnapitaefn.com
 (705) 858-7700

GOOD FOOD BOX

DECEMBER

Order - THURSDAY, DECEMBER 7
 Pick-Up - THURSDAY, DECEMBER 14

JANUARY

Order - THURSDAY, JANUARY 11
 Pick-Up - THURSDAY, JANUARY 18

FEBRUARY

Order - THURSDAY, FEBRUARY 8
 Pick-Up - THURSDAY, FEBRUARY 15

SMALL BOX \$10 LARGE BOX \$19

Please contact Heather to order or for more information:
 Heather.Roy@wahnapitaefn.com
 (705) 858-7700



Soup's On!

TUESDAYS

JANUARY 9, 16, 23 & 30

RSVP BY 11:00 AM • PICK-UP 12:00 PM
 MAAN DOOSH GAMIG (705) 858-7700



Please contact Heather for more information:
 Heather.Roy@wahnapitaefn.com
 (705) 858-7700

Congregate Dining with Santa

Sunday, December 10

📍 Maan Doosh Gamig 🕒 5:00 PM

Elders 55+ | Delivery available
Please RSVP by Wednesday, December 6.

📞 (705) 858-7700



Please contact Heather to RSVP or for more information:

📧 Heather.Roy@wahnapitaefn.com 📞 (705) 858-7700



Congregate Dining

Thursday, January 11

Please RSVP by Monday, January 8

🕒 4:30 PM - 5:30 PM 📞 (705) 858-7700

Delivery Only | Elders 55+

Contact Heather to RSVP or for more information:

📧 Heather.Roy@wahnapitaefn.com



Need a ride?



RIDES FOR GROCERY RUNS AND HOSPITAL VISITATIONS ARE FREE AND AVAILABLE TO ALL REGISTERED WFN MEMBERS

Please contact Heather to book appointments:

📧 Heather.Roy@wahnapitaefn.com 📞 (705) 858-7700

Wahnapiatae First Nation

FORESTRY

INFORMATION SESSION

PRESENTED IN PARTNERSHIP WITH
VERMILLION FOREST MANAGEMENT & ONTARIO MNRF

Join us for the first of many information sessions geared to how forestry in the area of Wahnapiatae First Nation works, who is involved and what the decision making processes look like. These sessions are an opportunity to discuss new concepts in forestry, concerns, and the future of the forestry industry in our territorial lands.

Thursday, December 7

 Maan Doosh Gamig  5:30 PM - 7:00 PM

Dinner and refreshments provided. All guests receive a free gift!

Please contact Sara Lehman for more details or information:

 Sara.Lehman@wahnapiataefn.com

 (705) 858-0610

A message from the Land-based program,

As autumn fades, nature signals the imminent arrival of winter with the fur-bearing animals diligently preparing for the colder months. A prominent emblem of this seasonal transition is the beaver (Amik), evident in the construction of beaver lodges and accumulation of feed piles near countless lakes, creeks, and swamps. The snowshoe hare (Waaboose) undergoes a remarkable transformation, with its fur transitioning from brown to white and thickening to withstand the impending chill. In tune with this natural rhythm, our people engage in the harvest of these animals during these months, a vital component of our Land-based program.

The upcoming months will be dedicated to the careful harvesting of select fur-bearing animals, focusing primarily on small game such as rabbit, beaver, and muskrat. Additionally, we will conscientiously harvest a limited number of weasels, martens, and lynxes. The harvested animals will undergo meticulous cleaning and drying processes to prepare them for the subsequent tanning phase scheduled for late spring.

Our Land-based program embodies a rich diversity in design and delivery. Our expansive land and water network forms the backbone of the program's delivery. The program's delivery model is centered around culturally circumscribed conceptions of the good life, known as Mino Biimaadazwin. This model is committed to nurturing the four dimensions of wellbeing - physical, spiritual, mental, and emotional - by (re)establishing profound connections with creation, self, and community. The ultimate goal is to foster profound sense of belonging and a positive cultural identity.

Finally, the month of December takes us into the holiday season. We wish the community a very merry Christmas and a happy New Year. Minoganawaamdig Niibaanaamaang miinwaa Nimkoodaading.

Miigwetch,

Shining Turtle,
Sturgeon Clan, Anishinawbek Nation



Parade Float REGISTRATION

Register your float with Heather by

Monday, December 11

**PRIZES FOR
1ST, 2ND & 3RD
BEST FLOATS!**

*Floats must be registered to qualify for prizes.



Heather.Roy@wahnapitaefn.com



(705) 858-7700



December

2023

MERRY CHRISTMAS!

After School Program & Youth Leadership Program

PLEASE NOTE:

ALL SCHEDULED ACTIVITIES ARE SUBJECT TO CHANGE DUE TO WEATHER, OR UNFORESEEN CIRCUMSTANCES

PARENTAL RESPONSIBILITY TO HAVE OTHER ARRANGEMENTS IN PLACE IF CHILDCARE IS REQUIRED



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Decorate MDG & Tree ASP	5 Make Christmas Cards for Family YLP	6 Make Christmas Cards for Family ASP	7	8	9
10	11 Movie / Crafts ASP	12 BINGO! YLP	13 BINGO! ASP	14	15	16 Lunch with Santa MDG 11:00am – 1:30pm
17	18 Christmas Movie Mini pizzas ASP	19 Christmas Movie Mini pizzas YLP	20 NO PROGRAMMING	21	22	23
24	25 Christmas Holidays	26 Christmas Holidays	27 Christmas Holidays	28 Christmas Holidays	29 Christmas Holidays	30
31						

Housing Committee Volunteer Call



The Wahnapitae First Nation Housing Committee is dedicated to improving the quality of life for all members by honouring our Seven Grandfather Teachings in all decision making processes.



The Housing Committee is responsible for:

- Assessing and developing strategies to address community housing needs
- Providing guidance and advice to the housing department, this can involve information on policies and service delivery
- Facilitating community engagement (ie. public meetings and community outreach to ensure all perspectives are represented equally and fairly)

To become a Housing Committee volunteer you must:

- Ensure you are available and able to attend all committee meetings
- Be knowledgeable of community issues
- Have the ability to work in a team environment, be ethically and morally responsible
- Be a member of Wahnapitae First Nation at least 18 years of age
- Comply with the terms of reference used

Please contact Housing Coordinator Terry for applications or more information:

 HousingCoordinator@wahnapitaeFN.com  (705) 858-0610

LOVE • RESPECT • COURAGE • HONESTY • WISDOM • HUMILITY • TRUTH



Norman Recollet Health Centre Clinical Services

Hours of operation at 190 Loonway Road:

Monday: Booked appointments only	9:00 AM - 4:00 PM
Tuesday: Booked appointments only	9:00 AM - 12:00 PM
Walk-in appointments only	1:00 PM - 4:00 PM
Wednesday: Booked appointments only	9:00 AM - 5:30 PM
Thursday: Phone appointments only	9:00 AM - 12:00 PM

*Phones are answered Monday to Thursday from 9:00 AM - 12:00 PM and from 1:00 PM - 4:00 PM. Office is closed for lunch daily from 12:00 PM - 1:00 PM.



Gather • Laugh • Sing • Learn

Drumming Circle

Monday, December 11
Monday, January 8 & 22

📍 Maan Doosh Gamig 🕒 6:00 PM to 8:00 PM

Traditional drumming and songs. Light dinner and refreshments provided.



Please contact Tammy Chevrette for more information:

✉ Tammy.Chevrette@wahnapiataefn.com

☎ (705) 858-7700



Community Fundraiser

**Monday, January 8
until Thursday, January 25**

Closing ceremony

Thursday, January 25

 **Maan Doosh Gamig**

 **10:00 AM**

**Prizes, self care activity kits, crafting and more!
Fill out the Self Care Activity sheets to win!**

Members wishing to donate can drop off at any
WFN office or contact Heather or Bradley for arrangements:


























 Heather.Roy@wahnapitaefn.com

 Bradley.Steele@wahnapitaefn.com

 **(705) 858-7700**



Self Care Activity

Cook a healthy meal 	Head out on a nature walk or hike 	Write a letter/email to an old friend 	Head to bed early 	Practice mindfulness 
Enjoy a quiet moment over a cup of tea or coffee 	Write a positive affirmation and recite it in the mirror 	Connect with your community 	Discover a new author or musician 	Stretch or practice yoga 
Discover a new podcast 	Talk to a loved one about your feelings 	 Have a good laugh	Put on your dancing shoes 	Make a vision or mood board 
Paint or draw 	Set a goal 	 Have a good laugh	Write in a journal 	Create a gratitude list 
Do a crossword or jigsaw puzzle 	Take a warm bath or shower 	Practice deep breathing 	Make a to-do list 	Cuddle a pet or look at a cute photo of one online 

Practicing self-care means taking the time to participate in activities that bring you enjoyment or a sense of calm and peacefulness. Activities can include things you do on a day-to-day basis or new activities.

Self-care can promote positive mental health and well-being, keep us grounded and reduce the effects of stress in our lives.

Challenge yourself to complete as many self-care activities as you can. For each activity completed, fill in the talk bubble in that square.

Practice mindfulness

Bell Let's Talk has designed a mandala that you can print out and colour in. Many mental health professionals recommend colouring as an effective way to practice mindfulness.

Mandala, meaning "sacred circle" in Sanskrit, is a circular art form often containing geometric and repeating designs. Similar to meditation, it focuses your attention on the present moment and away from worries and stress. Share your creation on social media using #BellLetsTalk



Let's create positive change.





Community Fundraiser

Closing ceremony

- 10:00 AM
- 10:20 AM
- 11:00 AM
- 12:00 PM
- 1:00 PM
- 2:00 PM
- 3:00 PM

- Opening Prayer
- Medicine Pouch Crafting
- Yoga
- Feast
- Kindness Boxes & Meditation
- Fundraiser results
- Closing Prayer

Thursday, January 25

Maan Doosh Gamig

10:00 AM



PHOTO BOOTH

MDG January 8-25



Land Code Infosession

SATURDAY, JANUARY 27

MAAN DOOSH GAMIG  **10:00 AM - 2:00 PM**

Lunch and refreshments provided. For registered Wahnapiatae First Nation members only.

Please contact Anthony Laforge with any questions or for more information:

 Anthony.Laforge@wahnapiataefn.com  (705) 858-0610



HEALTHY RECIPE OF THE MONTH

RSVP by Thursday, January 18
Pick-up day: Tuesday, January 23

Bring your bags to Maan Doosh Gamig from 4:00 PM to 6:00 PM
Please contact Rochelle or Line to RSVP or for more information:

 Rochelle.Tyson@wahnapiataefn.com
 Line.Baillargeon@wahnapiataefn.com
 (705) 858-7700





Traditional Craft Night

with Cultural Coordinator Tammy

Wednesday, January 24

📍 **Maan Doosh Gamig**

🕒 **6:00 PM to 8:30 PM**

Materials, light dinner and refreshments provided.

RSVP greatly appreciated:

✉ **Tammy.Chevrette@wahnapiitaefn.com**

☎ **(705) 920-9488**



Potty Training Tips & Tricks

Tuesday, January 16

📍 Family Wellness Centre (178 Loonway Rd.)

🕒 5:30 PM to 7:00 PM

Please RSVP by Thursday, January 10.

Please contact Natalie to RSVP or for more information:

✉️ Natalie.Goring@wahnapitaefn.com

☎️ (705) 858-7700



LAND-BASED PROGRAM

COMMUNITY INFOSESSION

WEDNESDAY, JANUARY 24

📍 NRHC HEALTH CLINIC (190 LOONWAY RD)

🕒 6:00 PM TO 7:00 PM

Help shape the development of our land based work.

Your contributions matter and your perspective will help form the path that we take in rediscovering and celebrating our land-based heritage.



Please contact Shining Turtle for more information:

☎️ (705) 858-7700 ✉️ ShiningTurtle@wahnapitaefn.com

LAND-BASED PROGRAM

INTRODUCTORY TRAPPING & SNARING SESSIONS

RABBIT SNARING • YOUTH SESSION

 SATURDAY, JANUARY 13  9:00 AM TO 1:00 PM

PLEASE RSVP BY WEDNESDAY, JANUARY 10

BEAVER TRAPPING • YOUTH SESSION

 SATURDAY, JANUARY 20  9:00 AM TO 1:00 PM

PLEASE RSVP BY WEDNESDAY, JANUARY 17

SESSIONS DEPARTING FROM NRHC HEALTH CLINIC

 190 LOONWAY ROAD


FOR WFN REGISTERED MEMBERS. MATERIALS, SUPPLIES AND LUNCH PROVIDED.

PLEASE WEAR WEATHER APPROPRIATE CLOTHING AND FOOT WEAR.



Please contact Shining Turtle to RSVP or for more information:

 Shining.Turtle@wahnapiataefn.com

 (705) 858-7700

Nutrition BINGO

Thursday, January 18

📍 Maan Doosh Gamig ⌚ 5:00 PM to 7:30 PM

Dinner and refreshments provided.



Please contact Heather for more information:

✉ Heather.Roy@wahnapiataefn.com ☎ (705) 858-7700

Hepatitis and you...

Presentation and leather rattle making with Nurse Practitioner Rebecca Foreshew



WEDNESDAY, JANUARY 17

📍 MAAN DOOSH GAMIG ⌚ 1:00 PM TO 3:00 PM

Materials, snacks and refreshments provided.

Please RSVP by Thursday, January 11.

Contact Heather to RSVP or for more information:

✉ Heather.Roy@wahnapiataefn.com

☎ (705) 858-7700





Robinson Huron Treaty annuities case Q & A info session

SATURDAY, FEBRUARY 10

MAAN DOOSH GAMIG 10:00 AM - 2:00 PM

Robinson Huron Treaty Annuities Update & Information Session with Q&A. Members of the RHT Litigation Fund will update the community and answer questions. Lunch and refreshments provided. For registered Wahnapiitae First Nation members only.

Teen Talk

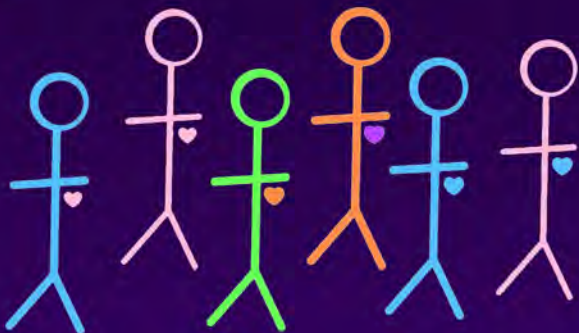
Friday, January 19

Maan Doosh Gamig

6:00 P.M. - 8:00 P.M.


RSVP BY WEDNESDAY, JANUARY 17

Join us for games and fun over supper!



Please contact Heather with questions or to RSVP:

 Heather.Roy@wahnapiitaeFN.com

 (705) 858-7700

Community Events



FINANCIAL MANAGEMENT & Our First Nation

HYBRID INFOSESSIONS

WEDNESDAY, JANUARY 17

📍 MAAN DOOSH GAMIG 🕒 4:00PM - 6:00PM

🌐 [CUTT.LY/WAHNAPIITAEFN_FAL_JAN17](https://cutt.ly/wahnapiitaeFN_FAL_JAN17)

SATURDAY, JANUARY 20

📍 MAAN DOOSH GAMIG 🕒 10:00AM - 12:00PM

🌐 [CUTT.LY/WAHNAPIITAEFN_FAL_JAN20](https://cutt.ly/wahnapiitaeFN_FAL_JAN20)



Assets
Administration
Risk Management
Information Technology
Expense & Revenue Management
Credit Application Guidelines
Planning & Budgeting
Financial Reporting

Please contact Austin Barnaby-Armstrong with any questions or for more information:

✉️ Austin.Armstrong@wahnapiitaeFN.com 📞 (705) 858-0610



Senior Activity kits

FEBRUARY DELIVERY

Kit #7 Drumcatchers

Sign up with Heather by Wednesday, January 17

January Diamond Dreamcatcher earrings will be delivered January 17.

*Must be a senior and be signed up to receive an activity kit.

Please contact Heather to RSVP or for more information:

✉️ Heather.Roy@wahnapiitaeFN.com 📞 (705) 858-7700



NOTICE OF VOTE

TO ALL MEMBERS OF THE WAHNAPITAE FIRST NATION

Take Notice that a vote will be held **February 11th, 2024**, to ratify the *Wahnapitae First Nation Financial Administration Law*.

The following **Ballot Question** will be asked of the Voters of the Wahnapitae First Nation by secret ballot:

“As an Eligible Voter of the Wahnapitae First Nation, do you: approve the proposed Financial Administration Law?”

INFORMATION MEETINGS – IN PERSON AND ONLINE

<p>JANUARY 17, 2024 4:00PM TO 6:00PM</p>	<p>At The Wahnapitae First Nation Band Office 259 Taighwenini Trail Rd, Capreol ON</p> <p>Registration Links for virtual: CUTT.LY/WAHNAPITAEFN_FAL_JAN17 CUTT.LY/WAHNAPITAEFN_FAL_JAN20</p>
<p>JANUARY 20, 2024 10:00AM TO 12:00PM</p>	

VOTE ELECTRONICALLY

JANUARY 28, 2024 AT 9:00AM – FEBRUARY 11, 2024 AT 8:00PM

To vote electronically, please visit: <https://www.onefeather.ca/nations/wahnapitae>

Click the **RED** button “Sign Up” or “Vote Now” and follow the instructions provided. You will be required to provide your Registry Number (this is your 10-digit Status card number - starting with "232..."), Date of Birth, and a personal email address. If you encounter any problems, please contact OneFeather at voterhelp@onefeather.ca.

VOTE IN-PERSON ON FEBRUARY 11, 2024

259 TAIGHWENINI TRAIL RD, CAPREOL
9:00AM TO 8:00PM

Information documents will be available at the Wahnapitae Administration Office and by request to the Ratification Officer. A private web portal will be established in the New Year for members to view the full Financial Administration Law (FAL) Agreement. Please contact Austin Barnaby-Amstrong for information regarding the members-only portal: austin.armstrong@wahnapitaefn.com, (705) - 858 - 0610

You are eligible to vote if you are 18 years of age by the last day of the Voting Period (February 11, 2024) and your name appears on the band list or you are entitled to have your name appear on the band list. You will be required to produce identification in order to vote. You may only vote once.

To confirm that your name is on the List of Eligible Voters or to receive instructions on the process to request changes to the List of Eligible Voters, contact your Ratification Officer at the address set out below.

You may also vote by Mail-in Ballot. All eligible Band Members with a known mailing address will receive a Mail-in Ballot, by mail. To be eligible to be counted, a Mail-in Ballot must be received by the Ratification Officer identified on the envelope by the close of the Voting Period.

All votes will be counted at the 259 Taighwenini Trail Rd. location after the close of the poll.

This notice is given December 4, 2023, by Jordan Loose, Ratification Officer for the Wahnapitae First Nation.

Email: voterhelp@onefeather.ca **Phone:** 250-384-8200 **Toll Free:** 1-855-923-3006

Phone support is available weekdays from 9:30 am to 4:30 PM Pacific Time

Please leave a message if we're unable to take your call.

209-852 Fort Street, Victoria, B.C., V8W 1H8

<https://www.onefeather.ca/nations/wahnapitae>



Ribbon Skirt

WORKSHOP

Sunday, January 21

📍 Maan Doosh Gamig 🕒 10:00 AM to 3:00 PM

Please RSVP by Thursday, January 18.

In recognition of **National Ribbon Skirt Day, Thursday, January 4.**

Join Community Wellness Coordinator Heather and Cultural Coordinator Tammy for a fun and memorable day. Materials and lunch provided.



Please contact Heather or Tammy to RSVP or for more information:

✉ Heather.Roy@wahnapiataefn.com

✉ Tammy.Chevrette@wahnapiataefn.com

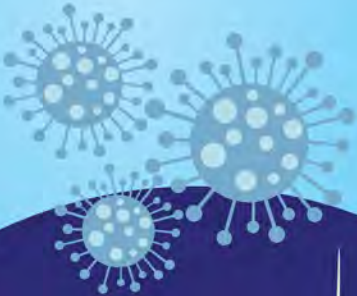
☎ (705) 858-7700



Waste Management & Land Fill Site

HOLIDAY HOURS

December 24	Closed
December 25	Closed
December 26	Closed
December 27	12:00 PM to 4:00 PM
December 28	Regular Pick-Up
December 31	12:00 PM to 2:00 PM
January 1	Closed
January 2	8:30 AM to 4:30 PM
January 3	12:00 PM to 4:00 PM
January 4	8:30 AM to 4:30 PM
January 7	12:00 PM to 4:00 PM
January 8	Resume Regular Hours



COVID-19 VACCINES



Available at NRHC Health Clinic
Book your appointment today.



(705) 858-7700
190 Loonway Road



OFFICES CLOSED

DECEMBER 23, 2023 TO JANUARY 7, 2024

DibAAJIMOOWINAN

GEZHTOOJIG EMPLOYMENT & TRAINING

December ZOOM and In-Person Workshops

Gezhtoojig Gets People Working!

www.gezhtoojig.ca



Resume/Cover Letter
Dec 5 @ 10:00 AM

Programs & Services
Dec 13 @ 10:00



Interview Skills
Dec 6 @ 10:00

Job Search
Dec 12 @ 10:00



Participate for a chance to win a \$50.00 Walmart Gift Card!

Email getinfo@gezhtoojig.ca or call 705 524-6772 to register

Gezhtoojig Employment & Training, 117 Elm St., Unit 102, Sudbury, ON P3C 1T3
Tel: 705-524-6772/Toll: 1-800-361-9256/Fax: 705-524-5152

Service Canada in your community!

Service Canada can provide information and help you access Government of Canada programs and services.

Service Canada will be here to serve you on the following dates:

Monday, January 22, 2024

At the following location:

Band Office
259 Taighwenini Trail Road, Capreol

Hours of service:

9:00 am to 3:30 pm

Office is closed:

12:00pm-12:30pm for lunch

You can also visit us in-person at one of these nearby Service Canada Centres (SCC):

Sudbury, 19 Lisgar Street

eService Canada service request form
eservices.canada.ca/en/service/

Hours of service:

Monday to Friday
8:30 a.m. to 4:00 p.m.

Please access Government of Canada programs online at Canada.ca or by telephone at 1 800 O-Canada (1 800 622-6232).

Service Canada se rend dans votre localité!

Service Canada peut vous renseigner, et vous aider à accéder aux programmes et aux services du gouvernement du Canada.

Service Canada sera ici pour vous servir les dates suivantes :

Le lundi, le 22 janvier, 2024

À l'endroit suivant:

Bureau de Première Nation
259 Rue Taighwenini Trail, Capreol

Heures de service :

9h à 15hr30

Bureau est fermé :

12hr à 12hr30 pour dîner

Vous pouvez également nous visiter en personne à un des Centres Service Canada (CSC) suivants :

Sudbury, 19 Lisgar Street

Formulaire de demande de services
eServiceCanada
eservices.canada.ca/fr/service/

Heures de service :

Lundi au vendredi
8 h 30 à 16 h

Veillez accéder aux programmes du gouvernement du Canada en ligne à Canada.ca ou par téléphone au 1 800 O-Canada (1 800 622-6232).

Service
Canada 

IN EMERGENCY SITUATIONS CALL 911

AND SPECIFY YOUR LOCATION AS WAHNAPIITAE FIRST NATION

**DO NOT CALL FIRE CHIEF RECOLLET. 911 DISPATCH WILL NOTIFY ALL NECESSARY PERSONS.
NOT CALLING 911 FIRST COULD COST OUR COMMUNITY LIVES AND BUILDINGS.**



*Minoganawaamdig Niibaanaamaang miiwaa Nimkoodaading
Merry Christmas and Happy New Year*

Chief, Council & staff at Wahnapitae First Nation





Stay Informed and Safe with the New Emergency Alert Program

Dear Wahnapiatae First Nation,

We are excited to introduce the new Emergency Alert Program, an initiative aimed at increasing the safety and well-being of Wahnapiatae First Nation members and its community, whether residing on- or off- reserve.

Launching on Wednesday, October 18, this program is facilitated by the Emergency Management Coordinator, utilizing the well-established application, Everbridge, to streamline communication during critical times and ensure that every community member is kept informed and safe during emergencies.

Who is it for?

This program is tailored to Wahnapiatae First Nation members and community members, including those living off-reserve. Its sole purpose is to alert members and community promptly in the event of emergencies.

Who is managing it?

The Emergency Alert System is managed by WFN administration, leveraging the advanced functionalities of the Everbridge application to ensure seamless communication during emergency events.

Why are we launching this program?

A significant part of the overall plan to enhance safety and foster better communication during emergency events, the introduction of this program is a step towards safeguarding our community members. It comes with an assurance of timely and efficient notification, helping everyone to stay informed of necessary actions and precautions during emergencies.

What triggers an alert?

An alert will be triggered under circumstances that require immediate attention and collective action from the community, such as natural disasters, severe weather conditions, evacuations, or other emergency situations that warrant community alertness and responsiveness.

How does it work?

Emergency alerts can be sent/received as electronic calls, texts, or emails. When you sign up for the program, you will be able to select the communication method that works best for you. This feature ensures that everyone gets emergency alerts at the same time in their preferred format.

Register here:

cutt.ly/WFN_EmergencyAlertSystem_SignUp , and we encourage everyone to actively participate and help foster a community where everyone is alert, informed, connected and safe.



Chief & Council

REGULAR MEETING

JANUARY 2024



TUESDAY, JANUARY 30 6:00 PM
📍 **MAAN DOOSH GAMIG & VIA ZOOM**

Members wishing to attend via Zoom must register here:



SCAN HERE



OR VISIT:

cutt.ly/WFN_CC_Jan2024

- The deadline to register for the web version of this meeting is **Tuesday, January 16.**
- After registering, you will receive a confirmation email with information about joining the Zoom Meeting.
- Registration is only open to WFN members who are over 18. Virtual attendees must use their legal name when signing in.
- No registration is required for those wishing to attend in person.

WAHNAPITAE FIRST NATION

December 2023 • Minado Giisoonhs Community Events Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28 • Chief & Council Regular Meeting	29 • Paint Social • MDG Drum Circle	30	1	2 • Medicine Harvesting
3	4 • Early Years • Healthy Snacks Bin Return • Healthy Recipe of the Month Deadline • Intro to Beaver Trapping Deadline	5 • Soup's ON! • Intro to Beaver Trapping	6 • Healthy Snacks P/U • Congregate Dining Deadline	7 • Forestry Infosession • Early Years • Good Food Box Order Deadline	8	9 • Intro to Rabbit Snaring
10 • Congregate Dining with Santa at MDG	11 • MDG Drum Circle • Intro to Weasel Trapping Deadline	12 • Soup's ON!	13 • Senior's Activity Kit Delivery • Soup's ON! • Intro to Weasel Trapping	14 • Good Food Box P/U • Nutrition Bingo	15	16 • Lunch with Santa at MDG • Christmas Parade • Christmas Feast at MDG 
17	18	19	20 • Healthy Recipe of the Month P/U • Soup's ON! • Senior's Activity Kit Deadline	21 • Winter Solstice	22 Closed	23
24	25  Christmas Day	26 Closed	27 Closed	28 Closed	29 Closed	30
31 	1  New Years Day	2 Closed	3 Closed	4 Closed	5 Closed	6 

Please use this calendar as your official notice of these community events to help in planning the month ahead.

WAHNAPITAE FIRST NATION

January 2024 • Minado Giiziss Community Events Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 • Bell Let's Talk Community Fundraiser Start New Years Day	2 Closed	3 Closed	4 Closed	5 Closed	6
7	8 • MDG Drum Circle • Healthy Snacks Bin Return • Congregate Dining Deadline	9 • Soup's ON!	10 • Potty Training Tips & Tricks Deadline • Intro to Rabbit Snaring Deadline	11 • Good Food Box P/U • Congregate Dining Deliveries • Healthy Snacks P/U • Hepatitis & You - Deadline	12	13 • Intro to Rabbit Snaring
14	15	16 • Soup's ON! • Potty Training Tips & Tricks • Chief & Council Meeting Zoom Deadline	17 • Hepatitis & You • Senior's Activity Kits Delivery • Teen Talk Deadline • Finances & Our First Nation • Intro to Beaver Trapping Deadline	18 • Nutrition Bingo • Early Years • Ribbon Skirt Workshop Deadline • Healthy Recipe of the Month Deadline	19 • Teen Talk • Family Bingo Deadline	20 • Family Bingo • Finances & Our First Nation • Intro to Beaver Trapping
21 • Ribbon Skirt Workshop	22 • MDG Drum Circle	23 • Soup's ON! • Healthy Recipe of the Month P/U • Senior's Activity Kit Deadline	24 • Traditional Craft Night • Land-based Program Infosession	25 • Bell Let's Talk Community Fundraiser Closing Ceremony • Early Years • Full Moon Ceremony	26	27 • Land Code Infosession
28	29	30 • Soup's ON! • Chief & Council Regular Meeting	31	1 • Early Years	2	3
4	5	6 • Healthy Snacks P/U	7	8 • Good Food Box Order Deadline	9	10



Please use this calendar as your official notice of these community events to help in planning the month ahead.