

# Wahnapitae First Nation

## 259 TAIGHWENINI TRAIL ROAD CAPREOL ONTARIO POM 1H0

Phone: (705) 858-0610 Fax: (705) 858-5570 www.wahnapitaefirstnation.com

#### **JOB POSTING**

JOB TITLE: Community Wellness Assistant

**LOCATION:** Wahnapitae First Nation

**REPORTS TO:** Health Director

**TERM:** Part-Time, Permanent

## **GENERAL ACCOUNTABILITY**

The Community Wellness Assistant is responsible for supporting the Community Wellness Coordinator in planning and providing culturally grounded workshops and activities that promote healthy lifestyles and reduce family violence within the Wahnapitae First Nation community.

#### NATURE AND SCOPE OF POSITION

The Community Wellness Assistant prioritizes the needs of members by delivering services focused on family violence prevention and holistic wellness. This role will work directly with clients to achieve and enjoy a healthy balanced lifestyle.

This support is provided in collaboration with appropriate health and cultural based programs through community events such as crisis intervention workshops, sharing circles, and outreach activities that enhance cultural knowledge and illness prevention. The position also helps deliver participant-centered services that encourage healthy living, including fitness and recreation initiatives, walking groups, nutrition and foot care clinics, and healthy eating workshops.

### SPECIFIC ACCOUNTABILITIES

- Assist the Community Wellness Coordinator in supporting clients/members as they address
  existing or emerging health concerns, healing and wellness needs, and/or situations involving
  violence.
- Support clients in developing action plans to address their health and wellness concerns.

- Collaborate with internal departments to enhance programs and services for Wahnapitae First Nation members an community members.
- Help plan, organize, and facilitate community events with the Community Support Coordinator, including cultural awareness activities, educational sessions, illness prevention initiatives, crisis intervention workshops, and promotional programming for school-age children, youth, families, seniors/Elders, and other identified groups.
- Prepare meals for soup's on, and any other meals that are within the program
- Clean and tidy kitchen and assist with inventory when needed.
- Schedule medical and community support transportation services when members are requesting transportation services.

## QUALIFICATIONS

- Minimum of a post-secondary diploma or degree in the social work field, plus counselling certificates and at least two (2) years of experience in a similar or related position; **OR** A minimum of four (4) years of proven experience in the social services and/or child care fields.
- Knowledge of Wahnapitae First Nation community values, culture, and traditions.
- Experience facilitating culturally based programming, sharing circles, or healthy active activities.
- Training or certification in trauma-informed care, crisis intervention, or mental health first aid.
- Experience working with indigenous communities or in a First Nation health or social services setting.
- Strong understanding of family violence prevention, harm reduction, and wellness promotion strategies.
- Valid First Aid/CPR certification.
- CPIC will be required
- Strong communication and interpersonal skills with the ability to build trust and rapport with community members.
- Proficiency in Microsoft Office, case note documentation, and general administrative tasks.
- Reliable transportation and valid driver's license.
- Able or willing to obtain a food handler's certificate

## **HOW TO APPLY**

Please forward your cover letter, resume, and three (3) work references by email to <a href="mailto:recruitment@wahnapitaefn.com">recruitment@wahnapitaefn.com</a>

Anishinabek and First Nation members are encouraged to apply. We thank all applicants for their interest, however, only those interviewed will be contacted.