

# Wahnapiatae First Nation June 2011 Newsletter



## WFN Community Cares!



On **Saturday, May 28, 2011** the WFN Community came together for the **WFN Community Clean Up and BBQ**. We had a great turnout of 33 people who came out despite the gloomy, drizzly wet weather. The Clean up was held from 10 am to 12:30. There was a sign up sheet at the Gazebo. The reserve was divided into sections & each of the participants signed up to clean up a particular section of the roadsides from Reserve end to end, Post Creek Road and the Band Office/Park/Gazebo area. We hoped to have at least

2 people in each area. This worked out great as all there were enough people to cover each area although some areas only had one person. The Clean up was followed by a delicious warm lunch made by Wendy Tyson, CWW consisting of: Soup, Hot Dogs, Hamburgers, Pizza, Cupcakes, Tea, Coffee, Juice and water. Everyone seemed to appreciate and enjoy the warm lunch and conversation. We can take pride to live in a First Nation that cares for the land where we live. It was wonderful to see so

many others take part in caring for Mother Earth. The soggy, squishy shoes and wet pants were worth it in the end. Each participant can take pride in their hard work. We can all enjoy the litter free beauty of the land while walking and driving through the First Nation.

As you can see by the photos there was a lot of garbage collected. This raises awareness of litter and we can teach our young ones to hold that garbage in the car until we see a container or, take it home. We hope our visitors will take the same courtesy.

Chi-Miigwech to all participants:  
Jason D., Saxon, Khia, Wendy, Myles, Debbie P-M, Larry, Jason M., Tammy, Vince, D.J., Alex, Cherie, Rayden, Avery, Adrien, Daemien, Angie, Tyson, Dakota, Debbie, Kaitlyn, Lyndsey, Christopher, Raven, Lily, Evelyn, Phil, Dave, Adam, Ryan, Jake, Quentin

More pictures on page 20 & 21



### POINTS OF INTEREST:

- **June 15, 2011 - Congregate Dining**
- **June 21, 2011 - Aboriginal Day Fish Fry/drumming/singing**
- **June 30, 2011 - Lip sync/ talent night contest**
- **Fundraising BBQ's start the 16th of June**

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# May 2011

| SUN | MON | TUE  | WED   | THU   | FRI                     | SAT |
|-----|-----|--|---|---|-------------------------|-----|
|     |     |  | 1<br>Fire Practise<br>Mtg.                              | 2   | 3                       | 4   |
| 5   | 6   | 7  | 8<br>HIV/AIDS<br>AWARENESS<br>LUNCH & LEARN<br>WORKSHOP | 9   | 10                      | 11  |
| 12  | 13  | 14<br>Let's Make Lunch<br>& Smoothies<br>11:30 am - 1:30 pm<br>at the gazebo | 15<br>Congregate<br>Dining<br>5:30 pm<br>at the gazebo  | 16<br>BBQ<br>lunch<br>fundraiser                                      | 17                      | 18  |
| 19  | 20  | 21<br>Fish Fry<br>Drumming/Singing<br>Chief & Council Mtg.<br>5 pm firehall  | 22  | 23<br>BBQ<br>lunch<br>fundraiser                                      | 24                      | 25  |
| 26  | 27  | 28   | 29  | 30<br>BBQ<br>supper<br>fundraiser<br>Lip Sync/Talent Night<br>Contest | July 1<br>Office Closed |     |

## Schedule of Events

- JUNE 8, 2011 - HIV/AIDS AWARENESS ADULT LUNCH AND LEARN WORKSHOP - 12 - 2 :00 PM AT THE GAZEBO
- JJUNE 14, 2011 - LET'S MAKE LUNCH & SMOOTHIES - 11:30 AM - 1:30 PM AT THE GAZEBO
- JUNE 15, 2011 - CONGREGATE DINING - 5:30 PM AT THE GAZXEBO
- JUNE 16, 2011 - FUNDRAISING BBQ'S EVERY THURSDAY AT 12 NOON STARTING JUNE 16, 2011 AT THE GAZEBO
- JUNE 17, 2011 - ABORIGINAL DAY FISH FRY/DRUMMING AND SINING - 5 PM AT THE GAZEBO - FREE
- JUNE 17, 2011 - CHIEF AND COUNCIL MEETING - 5 PM AT THE FIRE HALL
- JUNE 30 , 2011 - LIP SYNC/TALENT NIGHT CONTEST AND BBQ FUNDRAISING SUPPER - STARTS AT 6 PM AT THE FIRE

# Aboriginal Day Word Search

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | E | G | I | T | W | I | N | K | S | I | H | L | K | W |
| L | A | N | I | C | I | N | A | B | E | C | L | E | B | R |
| A | K | I | S | H | N | A | M | A | W | A | C | H | I | K |
| X | I | A | N | I | L | U | A | T | R | U | J | A | K | I |
| K | K | A | A | N | U | A | N | U | S | T | E | N | A | T |
| W | S | W | W | I | M | A | T | I | M | E | K | U | S | H |
| A | U | K | S | S | M | A | N | E | T | U | I | N | A | M |
| L | O | A | Y | K | I | O | N | A | L | A | B | O | R | I |
| A | M | D | O | U | N | A | U | K | H | S | A | T | A | N |
| A | I | N | O | M | G | O | N | I | T | A | R | I | I | O |
| M | R | A | N | I | L | U | S | T | A | G | O | O | C | H |
| S | I | S | N | T | K | I | N | A | U | V | I | I | T | A |
| S | O | H | K | I | C | I | W | A | H | S | I | P | I | L |
| D | A | Y | G | N | U | A | K | E | B | O | D | H | A | W |
| M | O | O | S | K | U | D | O | B | O | O | G | W | E | K |

**Anicinabec** (Algonquian): All Aboriginal people

**Chiniskumitin** (Cree): thank you

**Gitwinksihlkw** (Nisga'a): people of the place of the lizard

**Ikajurtaul** (Inuktitut): help me

**Kinauviit** (Inuktitut): What's your name?

**Kishnamawachik** (Michif): youth

**Laxkwalaams** (Tsimshian): place of the wild roses

**Lustagooch** (Mi'qmaq): five-branched river

**Mani-Utenam** (Montagnais): Mary's village

**Matimekush** (Montagnais): little trout

**Mooskudoboogwek** (Mi'qmaq): that which makes foam

**Natashkuan** (Montagnais): where we hunt bear

**Nawsyoon** (Michif): nation

**Onitariio** (Huron): magnificent lake

**Rimouski** (Mi'qmaq or Malecite): land of the moose

**Sandakwa** (Huron): eagle

**Sohkiciwahsipî** (Cree): fast-flowing river

**Sunaunaa** (Inuktitut): What is it?

**Wahdobaung** (Ojibway): where the alders grow

**HIV/AIDS  
AWARENESS  
Lunch & Learn  
WORKSHOP  
FOR ADULTS**

facilitated by: Laura Liberty

Wednesday, June 8, 2011

12 noon at the gazebo

for more information contact Wendy at 705-858-0610 ext 110

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**Cooking Class  
Lets Make Lunch  
&  
Smoothies**

Healthy Lunch provided

Tuesday, June 14, 2011

11:30 am - 1:30 pm

at the gazebo

for more information contact Wendy at 705-858-0610 ext 110

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# Aboriginal Day Fish Fry



fish, chips, baked beans & scone

Tuesday, June 21, 2011  
5 pm

at the gazebo (outside) weather permitting

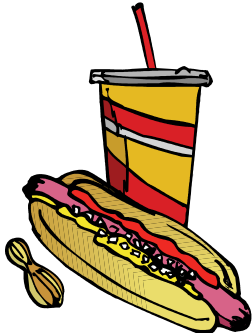
Singing and Drumming  
with Debbie Lemieux  
(don't forget your drums and skirts!)



Celebrate your culture!  
Everyone Welcome

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Fundraising BBQ's  
Every Thursday  
starting June 16, 2011  
at 12 noon  
at the gazebo



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Congregate Dining  
Shrimp Fest  
Summer Salads



Wednesday, June 15, 2011

if you are a senior ages 50 & up and would like to  
join us for a sit down feast and great company  
please contact Wendy @ 705-858-0610 ext 110  
no later than Monday, June 13, 2011



# Lip Sync/Talent Night



## Contest



**Thursday, June 30, 2011**  
**WFN Fire Hall**

**Fundraising BBQ starts at 6 pm**

**Registration for lip sync**  
**from 6:00 pm—7:00 pm**  
**(no late entries)**



**Admission \$1.00**  
**(to help with cash prizes)**

|            | Children<br>5 years<br>&<br>Under | Kids<br>6 years<br>To<br>12 years | Teens<br>13 years<br>To<br>17 years | Adults<br>18 years<br>&<br>Up | Groups/<br>duos<br>All ages<br>Can mix | Free Style<br>Any age |
|------------|-----------------------------------|-----------------------------------|-------------------------------------|-------------------------------|--|-----------------------|
| <b>1st</b> | <b>\$15.</b>                      | <b>#30.</b>                       | <b>\$50.</b>                        | <b>\$50.</b>                  | <b>\$60.</b>                           | <b>\$50.</b>          |
| <b>2nd</b> | <b>\$10.</b>                      | <b>\$20.</b>                      | <b>\$35.</b>                        | <b>\$35.</b>                  | <b>\$40.</b>                           | <b>\$40.</b>          |
| <b>3rd</b> | <b>\$5.</b>                       | <b>\$10</b>                       | <b>\$20.</b>                        | <b>\$20.</b>                  | <b>\$20.</b>                           | <b>\$20.</b>          |

# Door Prize!



# 50/50 draw

# Wahnapiatae First Nation June 2011 Newsletter

Baladi National  
Www.luciedelafontaine.com

Presents

## **BELLY DANCING RECITAL**

*Scent of a Woman*

**Tuesday, June 28, 2011**

**7:30**

*A fundraiser for people in need*

Tickets \$25 cash only

Remember to bring your donations at the door.

The following items are in great need and can be donated at the door. Thank you for your support

- Shampoo (2 in 1)
- Deodorant
- Soap
- Shaving cream (razors not needed)
- Toothbrushes, tooth paste & floss
- Hair brushes and combs
- Sun block
- Tampons (sanitary napkins no needed)
- Cotton swabs (q-tips)
- Adult incontinence products



***Tickets available at:***

Black Cat Studio  
96 Durham St.  
Sudbury

705-675-6060

Baladi National Baladi Dance  
90 King St.  
Sudbury

705-673-0811





## WFN 2011 Pow Wow Coordinator

**INTRODUCTION:** Aanii (hello, bonjour), my name is Crystal Osawamick and I'm very honoured to coordinate this year's 16<sup>th</sup> annual traditional Pow Wow. This is my second year coordinating the annual cultural event and I am very eager to get things organized, planned and underway so I may start advertising; as the Pow Wow is scheduled for August 20 & 21, 2011.

The *Cultural Advisory Committee* and I are currently working on finalizing the details for the cultural event. One item on the priority list is to seek the community's voice (input) for any suggestions for this year's theme. There is no limit to the number of entries; we just ask that all submission be brought forth by June 15<sup>th</sup>, 2011 to the Band Office to the attention of: Crystal Osawamick RE: Pow Wow Theme suggestion, or by any of the following communication methods below:

Band Office: (705) 858.0610 Cell: (705) 923.HABS (4227) or Home: (705) 858.6392

Email: [wfn\\_powwow@hotmail.com](mailto:wfn_powwow@hotmail.com) or  
 Facebook: WFN Pow Wow

The following list are previous themes that the Wahnapiatae First Nation has used, they are:

| ANNUAL           | YEAR | THEME   |
|------------------|------|---|
| 1 <sup>st</sup>  | 1996 | "Honouring Our Ancestors"                           |
| 2 <sup>nd</sup>  | 1997 | "Honouring Our Elders"                              |
| 3 <sup>rd</sup>  | 1998 | "Honouring Our Youth"                               |
| 4 <sup>th</sup>  | 1999 | "Honouring Mother Earth"                            |
| 5 <sup>th</sup>  | 2000 | "Honouring our People - Commitment & Participation" |
| 6 <sup>th</sup>  | 2001 | "Honouring Our Land"                                |
| 7 <sup>th</sup>  | 2002 | "Celebrating the Seven Teachings"                   |
| 8 <sup>th</sup>  | 2003 | "Honouring Our Women"                               |
| 9 <sup>th</sup>  | 2004 | "Honouring Our Treaty"                              |
| 10 <sup>th</sup> | 2005 | "Honouring The Water Spirits"                       |
| 11 <sup>th</sup> | 2006 | "Honouring Our Father Sky"                          |
| 12 <sup>th</sup> | 2007 | "Honouring Our Culture"                             |
| 13 <sup>th</sup> | 2008 | "Honouring Our Men"                                 |
| 14 <sup>th</sup> | 2009 | "Honouring Ourselves"                               |
| 15 <sup>th</sup> | 2010 | "Honouring Our Forest"                              |
| 16 <sup>th</sup> | 2011 | "?"   |

## OPPORTUNITY FOR YOUTH

From the Cultural Advisory Committee meeting on June 1<sup>st</sup>, 2011, it is decided for an opportunity for youth engagement in working with the *Master of Ceremonies* (M.C.) for the duration of the Pow Wow weekend. Not only will this provide experience gained, but, to incorporate a youth's voice in a positive capacity that could further his/her interest of potential fields in mass media and clearly marked: Youth MC expression of interest.

### Criteria:

On-reserve Youth

Age 15-29

Must submit name & reason(s) by June 15<sup>th</sup>, 2011  
to the abovementioned methods of communication

Overall, there is a lot of work that needs to get underway and I'm hoping that the community can come together, collectively, and help-out. Also, any donations for either a fundraising raffle or for the give-away are greatly appreciated.

Ahnow, baamaa pii & miigwetch!  
Crystal Osawamick  
2011 Pow Wow Coordinator



## Volunteers Needed

Any members, who would like to volunteer for this year's Pow Wow, please fill-out & submit this sheet to the Band Office (reception).

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

### Hospitality:

Assisting where needed

Set-up Arbor in Pow Wow Grounds

Security

Sunrise Ceremony (starts at 5am)

Garbage Clean-up

Parking Attendants

Registration

Water (ensure coolers are maintained)

Flag Carrier \_\_\_\_\_

Media

Give-away

Port-a-potty's Clean-up

Fundraising

50/50

Nevadas

Other

Other: \_\_\_\_\_

Availability:

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

NOTE: \_\_\_\_\_

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# **NOTICE**

## **Summer Student Jobs**

**Will be posted at the Band Office board  
by the second week of June**

**The positions available are as follows:**

- (1) Project Coordinator**
- (1) Community Enhancement Team Leader (Trail Development Assistant)**
- (2) Community Enhancement Team Leader (Administrative Support)**
- (1) Community Enhancement Team Leader (Groundskeeper)**
- (2) Green Plan Technician**
- (1) Summer Camp Counsellors**



## “Those Who Are Successful”

### **Programs and Services**

- Employment Counseling
- Training Purchases
- Academic Upgrading
- On the Job Training (Wage Subsidy)
- Mobility Assistance
- Youth Programs
- Alter-Abled Programming

### **Career Planning and Job Search Workshops**

- Resume and Cover Letter
- Job Search
- Trades/Apprenticeship

### **Resource Room now Open**

- Active Job Board updated daily
- Counselor available for assistance
- 6 computers with internet access
- Resource Library
- Printers, fax, and telephone services available

For more information please contact:

**Reg Canard**  
**Employment Services Officer**  
117 Elm Street, Unit 102  
Sudbury, ON P3C 1T3  
Phone (705) 524-6772 ext 206  
TF 1-800-361-9256 Fax (705) 524-5152  
[rcanard@gezhtoojig.ca](mailto:rcanard@gezhtoojig.ca) [www.gezhtoojig.ca](http://www.gezhtoojig.ca)

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## Environmental Technician

name is Heidi Manitowabi and was born and raised in Wikwemikong.

I'm 24 years old, and just graduated from Environmental Technology at Sir Sandford Fleming College, and am on my way to Trent University this September for Indigenous Environmental Science.

I am employed as an Environmental Technician for the Wahnapiatae Band Office in the Sustainable Development department, assisting the Natural Resources Intern with such projects as woodlot management, ecological land classification, and wildlife tracking. I am looking forward to spending the summer working for this community.

My passion lies in the basis of our anishnabek culture, the role that the Creator gave us when he put us into this realm: being caretakers of our Mother Earth, and I believe that it is essential as anishnabek people to honour and respect Shkakamik-kwe. It's awesome to be a part of the sustainable development of Wahnapiatae First Nation, and I am very fortunate to gain this experience.

My first week at the band office has been great. The people that work here, and the members of this community will make this summer a wonderful experience.

I look forward to the rest of the summer!

Heidi Manitowabi



## Sustainable Development Technician

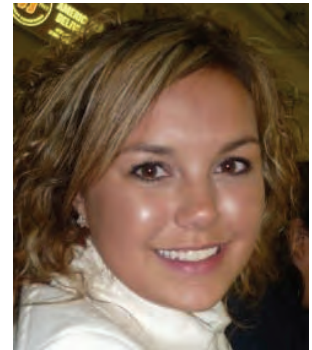
Aanii, Hello!

My name is Erika Gollan. I am a member of Wahnapiatae First Nation, born and raised in Sudbury. I'm 19 years old and a graduate of Law and Justice program at Canadore College. This September I will join Laurentian University to finish obtaining my Criminal Justice degree.

In my spare time, I like to be at camp enjoying the outdoors, playing volleyball and spending time with friends and family.

I am employed as the Sustainable Development Technician for the Wahnapiatae Band Office assisting the Environmental Coordinator with projects such as the campground screening initiative, recycling, waste diversion strategy and environmental communications.

Looking forward to spending my summer out here!



## WFN Legal Support

Aanii, my name is Stefanie Recollet, I will be working as legal support for WFN for the summer.

I am a proud member of WFN, I resided here when I was younger, but I moved to Sudbury to pursue my post-secondary education and raise my two children; Dayen and Miya. My background is in Law and I am currently in my fourth year of the Law and Justice program at Laurentian University. I am looking forward to working in cooperation with the Sustainable Development Department and the rest of the WFN team to review legal considerations impacting our community. Miigwetch!



*From the desk of.....* Christian Lachapelle - Natural Resources Intern

Dear Community Member,

Starting this month, the Sustainable Development department will be dedicating at least one page to the newsletter every month on various species (plants, animals, etc.) that are either endangered, threatened or have special concerns. Working hand in hand with the environment we put a very high priority on ensuring the well being and protection of mother earth and of its species. We ask that you join us in helping protect and spread the word on the importance of keeping these plants and animals safe!



...this month's feature: Red-headed Woodpecker (*Melanerpes erythrocephalus*)

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<sup>1</sup> Note: All information is directly derived from Walpole Island Heritage Centre's Species at Risk book.



*E-mskwaan-dibed*

# baapaase

## E-kawaabjigaadeg: Special Concern

**E**-ntaawgid E-mskwaan-dibed Baapaase zhi-kenjigaazo iw mskwaandibed miinwaa mskwaanig kwegan. (2) Moozhgaanzo mkadewaanzo bikwanaang, waabshki-diye miinwaa mchaani memdige e-naagwag e-waabshkaagin gidagaanzad ningwiiganaang. (3) E-noozhewijig boonmowag ngoji niwin naazh go niizhwaaswi waawanoon maa bgonejiizwaad giw aanind e-bgashknanjig mtigoog, e-wiimbakaagin mijknaatkoon miinwaa waasmowinaatigoog. (4) Pii noondaagozid mbiigwewewdam memdige gizhiwe "kwiiir" maage "kwii'a."

### *Dnizwin*

(5) Dnizi zhiibaakweyaag mshiiwiging mtigwaakiin e-giishewnig mtigoog miinwaa zhiibaakweyaag savannahs. (6) Ge mkigaazo mtigwaakaamgag, gtigaaning tibiying miinwaa tibiying zibiing miinwaa miikanaang maa bgiishenh gizwag gchi-mtigoog.

### *Aabiish Ngoji Mkigaazod*

(7) Maaba dnowa mkigaazo kina ngoji gegaa gwa mooshkanekamigaag waabanong, naanaawikamigaag miinwaa Naanaawibgishmog Gchi-Mookmaankiing. (8) Maampii E-dnakiying dinoozhe zhaawanong nikeyiing ge Saskatchewan, Manitoba, Ontario miinwaa zhaawanong bgishmog Quebec.

### *E-niizaaendaak'kin*

(9) E-mskwaan-dibed Baapaase enchiwaad ningoshkaawag maampii Ontario memdige maanaa dnizwin ni'sing, mii maanaa enjizhiwebag gchi-mtigwaakeng miinwaa e-gtijejig gtigaanan.

**T**he adult Red-headed Woodpecker is noted for its red head and neck. (2) It has a solid black back, a white rump and large distinctive white patches on its wings. (3) Females lay four to seven eggs in cavities of dead or partially dead deciduous trees, hollow posts and utility poles. (4) Its call is a loud, high-pitched "queer" or "queeah."

### *Habitat*

(5) It inhabits open deciduous forests that have sparse trees and open oak savannahs. (6) It is also found in wooded areas, field edges and along rivers and roads with a few large trees.

### *Distribution*

(7) This species is found through much of the eastern, central and Midwest United States. (8) In Canada, it breeds in the southern parts of Saskatchewan, Manitoba, Ontario and in southwestern Quebec.

### *Threats*

(9) The Red-headed Woodpecker's population has declined in Ontario primarily because of habitat loss, which is a result of intensive logging and agricultural practices.



We share the planet with as many as 13 million different living species including plants, animals and bacteria, of which only 1.75 million have been named and recorded. This incredible natural wealth is a priceless treasure that forms the foundation of our human wellbeing. The Ontario Biodiversity Strategy Report 2010, spearheaded by the Ontario Biodiversity Council, assesses 29 indicators providing a snapshot of pressures on Ontario's biodiversity and pinpointing areas where more protection and research is needed. The report highlights how Ontarians are placing large demands on the province's biological resources resulting in biodiversity losses, particularly in southern Ontario. The report lists 37 actions that, taken together, will enable Ontario to achieve its biodiversity conservation goals. Increased efforts and spending to protect and conserve biodiversity are needed by all of us NOW! [www.ontariobiodiversitycouncil.ca](http://www.ontariobiodiversitycouncil.ca)



## WHAT IS BIODIVERSITY?

### THE STATE OF ONTARIO'S BIODIVERSITY



#### Did You Know?

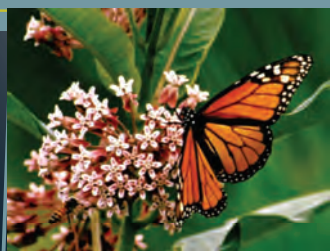
You are biodiversity. Most of the oxygen you breathe comes from plankton in the oceans of the world and lush forests around the globe. The fruit and vegetables you eat were likely pollinated by bees, and the water you drink is part of a global cycle involving you, clouds, rainfall, glaciers, rivers and oceans.



## WHY IS BIODIVERSITY IMPORTANT TO US?

#### Did You Know?

The current loss of biodiversity and the related changes in the environment are now happening faster than ever before in human history and there is no sign of this process slowing down. Scientists estimate that between 150 and 200 species of life become extinct every 24 hours. [www.greenfacts.org/en/biodiversity](http://www.greenfacts.org/en/biodiversity)



Biodiversity needs to be conserved for its own sake and ours. It is our source of clean air and water, productive soils, and healthy food and renewable resources that help to sustain us and our economy.

- We are part of biodiversity. The same things that affect bugs, trees and fish have an impact on us too – the quantity of clean, fresh water or the quality of air we breathe
- Everything is connected. Everything we do either uses natural resources or returns them as waste.
- Natural systems based on healthy biodiversity provide all kinds of services for us. Things like cooling and filtering air, controlling floods, pollinating plants, controlling pests, aerating soil and filtering and storing water.

We have to live with what's left. A wise saying states, "We don't inherit the earth from our parents, we borrow it from our children."





# **FIREWOOD FOR SALE**



**SPECIAL PRICE: 15.00\$ \BUSH CORD  
MAX 10 CORDS PER PERSON  
FOR MORE INFORMATION CALL CHRISTIAN AT  
THE BAND OFFICE 705-858-0610 EXT 107  
FIRST COME FIRST SERVE!!!**

# MEETING NOTICE



## LAND CLAIM COMMITTEE MEETING

Please Be Advised

A Land Claim Committee meeting has been scheduled for

**Wednesday, June 15th, 2011**

**WFN Gazebo**

**10:00 a.m.—12:00 p.m**

To All Land Claim Committee Members:

Bring with you to the meeting any and all documentation you have related to the Land Claim.

Please confirm your attendance with Raven at the band office.

705-858-0610

Post Creek WFN

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# WHAT'S GOING ON IN SUSTAINABLE DEVELOPMENT?

## NEW FIREWORKS LOCATION!

In the last few weeks some of you may have noticed a few spots on the reserve getting

cut and harvested. One spot in particular that may have caught your eye is just passed the Wahnapiatae sign on your way to the Band Office. Ted Roque will be relocating his fireworks station in this general area. After intensive monitoring and field surveys we can ensure to all band members that there no negative environmental impacts to this relocation and the area is situated at a good distance from all water bodies. If you would like more information about this new location please do not hesitate to contact

Christian at the Band Office.

Summer is here! Sustainable Development would like to encourage all residents to purchase garbage bins/cans to hold their garbage while it is waiting to be picked up. We are an animal friendly community and request your participation in keeping it clean and enjoyable for ALL!

We've got an exciting summer ahead of us! There are a lot of things that Christian and I will be up to this summer. We will be conducting a Forest Inventory of the Wahnapiatae First Nation, which is basically going out into the bush, and making note of the trees, plants, wildlife, and soil types, then classifying the areas according to the Ontario Ecological Land Classification. We will also be conducting Wetland evaluations, in which we would go out and determine the type of wetland it is, identify the flora and fauna of the area, and use a scoring sheet to determine whether this wetland is provincially significant.

In collaboration with the Anishnabek Fisheries and the Ministry of Natural Resources, we will also be doing an inventory of Walleye that are present in Lake Wahnapiatae.

These are our main projects for the summer. Be sure to say hello when you see us around!

Thanks,

Heidi Manitowabi

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RECEIVED MAY 30 2011

FOG RESCUE

ON THE NIGHT OF SUNDAY MAY 22, 2011, ALVIN ARMSTRONG AND ALBERT CHENETTE, TWO OF OUR FIRE FIGHTERS WERE INSTRUMENTAL IN THE SAVING OF SIX BOATS LOST IN THE FOG ON LAKE WAHNAPIITAE. THEY THEMSELVES WERE LOST NOT TWO HOURS PREVIOUSLY BUT WERE DIRECTED HOME BY THEIR G.P.S.

AT ABOUT TEN P.M. ALVIN AND ALBERT HEARD VOICES OUT ON THE WATER IN FRONT OF ALVIN'S HOME. THEY WERE ABLE TO DIRECT THE THREE BOATS TO ROCKY'S BY COMMUNICATING WITH THEM BY VOICE AND BY RADIO. WHEN TALKING TO THESE THREE BOATS THEY LEARNED THERE WERE THREE MORE BOATS LOST OUT IN THE FOG. THEY PROCEEDED TO ROCKY'S AND CONTACTED THE SECOND THREE BOATS AND TRIED TO DIRECT THEM TO ROCKY'S WITH THE USE OF HORNS, RADIOS AND FIRE WORKS. THIS LASTED UNTIL 2 A.M. THESE EFFORTS FAILED TO GET THEM TO THE DOCK BUT DID GET THEM TO A SAFE SHORE SO THE BOATERS SPENT THE NIGHT ON THE LAKE.

A COUPLE DAYS LATER ALBERT STOPPED AT THE COUNTRY STYLE DONUT SHOP IN CAPREOL AND THROUGH CONVERSATION THE GIRL LEARNED ALBERT WAS ONE OF THE PEOPLE TRYING TO HELP HER FRIEND. HE WAS GIVEN A FREE COFFEE FOR HIS EFFORTS, A SMALL TOKEN OF HER APPRECIATION. THE GIRL IN THE STORE WAS A FRIEND OF ONE OF THE STRANDED GIRLS WHO WAS SEVEN MONTHS PREGNANT.

I WANT TO COMMEND THESE TWO FIRE FIGHTERS FOR MAKING THE EFFORT TO SAVE THESE SIX BOATERS WHO THEY DID NOT KNOW OR SEE BEFORE.

GOOD JOB BOYS

THE FIRE CHIEF  
NOLAN ROQUE

The Prospector. The Innovator. The Entrepreneur.

With largely self taught knowledge, creativity and a relentless sense of optimism, prospectors work to transform the earth into great wealth for themselves and their communities.

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## Introductory Course for Beginners

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# PROSPECTING IN THE 21ST CENTURY

Sudbury, Ontario

Evenings Week of June 20 - June 24,

Field Trip Saturday, June 25

To Register or For More Information, Email [sudburyprospectorcourse@gmail.com](mailto:sudburyprospectorcourse@gmail.com) or Call 705-662-0112

\$50 Fee for Members of the Sudbury Prospectors and Developers Association, Includes Course Material

\$70 Fee Includes Membership and Course Material

### ***Learn the basics:***

- What a Prospector Does
- Staking and Holding a Claim
- Exploring for Minerals
- The Mining Cycle
- Deal Making, Business Models
- Mineral & Rock Identification
- How to Get Started



"The prospector is the most useful man to commerce and the most valuable man of civilization.

All honor to the miner. All hail the prospector."

-William Sulzer, speech from 1938



## May UPDATES—Child & Youth Programming

Youth Programming re: commenced in WFN!

### Youth Craft Nights - Wednesdays. May 18 & 23, 2011

May 18— Suncatchers were made. Dinner provided: Chicken Nuggets, Smile Fries, Fruit Tray, juice boxes. Beautiful artwork now hangs in Gazebo. Good Job!!

May 23—Personalized Photo Mugs were made. Dinner provided: sconedogs, veggies & dip, juice boxes. Discussion of Rules: each child was asked to provide one rule for group, written on chart for all. Noted that we had to add a rule that all youth must stay inside if all are inside, everyone will go outside together so that there is supervision. Also, no one to leave gazebo area. If one is leaving early, parent must be called so that parent know that they aren't there at program time ie. 4-6 pm. Further discussion of RESPECT—grandfather teaching and to respect all living things ie. Not purposely harming animals.

### Homework Club—Tuesdays, May 24 & 31, 2011

May 24—discussion of Grandfather teaching RESPECT, homework, dinner: pizza and veggie tray and juice box, outside time

May 31—spaghetti dinner; homework, quiet puzzle time, outdoor play

### Outing—Elton John/Billy Joel Tribute—May 7, 2011

- zero in attendance, no one pre-registered

### Youth Conference—Buzz on Drugs—May 27-29, 2011

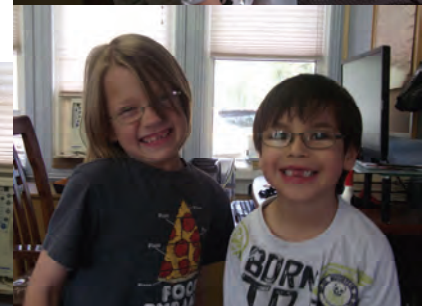
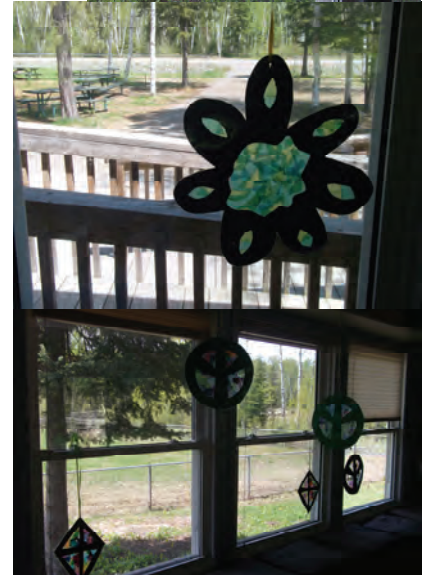
- zero in attendance, no one registered

### Family Outing / Bowling & Pizza Party —May 20, 2011

- zero in attendance, no one registered

### Community Clean Up & BBQ—May 28, 2011

- GREAT turnout!! 33 in attendance (see article WFN Community Cares)
- BBQ lunch, Hamburgers, Hotdogs, Soup, Cupcakes, Pizza, water, tea, coffee





## From the desk of the Child & Youth Worker

### The Power of Positive Parenting

I am pleased to report to the community that programming took place in May 19th for the families with children aged 0-6.

For these families an outing to a **Parenting Seminar** was scheduled. It was hosted by Our Children, Our Future and held at CR Judd Public School. The seminar was called "The Power of Positive Parenting".

There were 4 parents that attended and 4 children. Childcare was offered for the tots at the daycare and the infants stayed with moms.

Congratulations are in order as Certificates of Attendance were issued to those in attendance. Lots of discussion followed as the presenters shared positive information about parenting. Tip Sheets were provided to have reminders of the key issues discussed.

It was great to see the parents come out, support each other and the other parents in the seminar. Its always good to learn new strategies about parenting and hear

that others may be going through similar issues as yourselves.

It was a long two hour workshop with no breaks. The parents were treated to a lunch outing following the workshop. It was also a great chance for sharing and discussion.

This was one workshop of a three part series that focuses on the principles of Positive Parenting. We hope to schedule the remainder as they come up.

WFN provided \$25 Gift Certificates for groceries to help out these families.

**Home Visits & Support** were scheduled with any parent that booked an appointment. These sessions are at the family home or assistance with an appointment. Support, information, referrals and well baby checks will be provided.

#### Parenting Tips:

- Create a warm, loving, safe environment for your child
- Use positive strategies to encourage your child's learning
- Use assertive discipline to help your child take responsibility for their actions
- Have reasonable expectations of both your child and yourself
- Take care of yourself by looking after your own needs, balancing work and family responsibilities, challenging negative thinking, and working as a team.



# Wahnapiatae First Nation June 2011 Newsletter



Tammy Guimond tilled and planted our community garden with the help of Ben and Zoey. Thank you Tammy so much for all your help.



Councilor Larry pitching in to do his part.



Raven and Lily were eager to help clean up Mother Earth.



Tyson, Dakota, Avery, baby Adrien, Cheri and Angie ... taking pride in their community



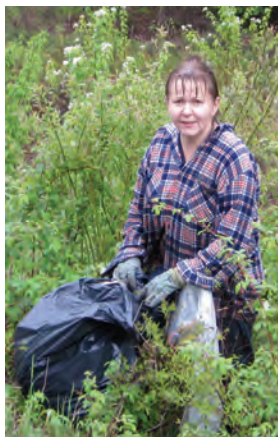
Miigwetch! Vince



Good job! Zoey, Lily and Raven still going.....



Way to go Sason, Jason and Kya you are awesome!



Helping out Mother Earth—Miigwetch!



Raydon, Tyson, Damien, Jason and a smiling Angie.





DJ and Alex pitching in - way to go boys!



Debbie - multi tasking - picture taken by Jason



Dave Nicholls helping with the clean up



Chief Tyson gives a helping hand



Jason is so proud to be helping out...good job

**Helping  
to  
keep  
our  
community  
clean  
and  
respecting  
Mother  
Earth**



**TEEN / Adult  
Pickup Basketball & BBQ**

Monday, June 13, 2011  
6:30—8 pm




Gazebo/Basketball Court

- Pickup basketball, no referees.
- Fun play for teens and adults
- if anyone younger than 12 please come with a parent or guardian

Get out and Get active!!  
The youth can show off their skills



**ZUMBA CLASS**  
Instructor: Renee Rainville of Zumbavibe



Join the Zumba craze!! Have some fun and get fit!!

One (1) hour classes:

- **Thursday, June 2** - 6:30 pm (Rocky's downstairs)
- **Thursday, June 16** - 6:30 pm (firehall)
- **Thursday, June 23** - 6:30 pm (Rocky's downstairs)



\*\* if nice out we may have outside classes \*\*

**CELEBRATING SCHOOL YEAR END**

**FAMILY / YOUTH OUTING**

**Friday, June 24, 2011**


**PIZZA & GO KARTS**



☺ **Pizza Party at Pizza Hut at 5 to 6 pm**

☺ **Sudbury Kartways—Go Karting to follow approx 6:30—6:45pm**

- **Please register with Debbie 858-0610 ext. 117 so I can order pizza ahead of time**
- **Limited seating in van is available, first come to register for the van**
- **Parents are asked to attend and join their child for some fun & provide transportation for those who cannot fit in the van**
- **Van will leave WFN to Pizza Hut at 4:15 pm**



### Upcoming Child & Youth Events (also see calendar)

- **Movie & Popcorn (for Jr. Youth 3 to 6 year olds) Friday, June 3, 2011** at 6-8 pm. At Gazebo
- **Movie & Popcorn (for Sr. Youth 7 to 13 year olds) Friday, June 3, 2011** at 6-8 pm. At firehall
- **Youth Cooking Class & Wii Dance—Jr youth please bring parent.** Come out and make chocolate chip cookies THEN icecream cookie sandwiches. Wii Dance to follow to burn off some energy.
- **Wednesday, June 15** 4-6 pm. At Gazebo
- **Family / Youth Outing—Pizza and Go Karts Friday, June 24, 2011** leave 4:15 for Pizza Party at Pizza Hut at 5 pm—6:00 Sudbury Kartways to follow approx. 6:30-6:45 pm
- **National Aboriginal Day Tuesday, June 21** at 5 –7. come out to Fish Fry, Handdrumming and games
- **Zumba Class—adults or all ages if with parent (just to help follow along) Thursday, June 2, 16, 23** at 6:30-7:30 pm. (June 16 at firehall, otherwise downstairs at Rocky’s)
- **Youth Outdoor Games Tuesday, June 28** at 4 to 6 pm. (indoor Wii games if raining)
- **Teen/Adult Basket Ball—pick up game and BBQ—Monday, June 13** at 6:30 to 8 pm at b-ball court & gazebo
- **Nutrition Workshop with Dietition, Doreen Pippy, Shkagamik Kwe Thursday, June 2** at 11-1 “Making Summer Snacks” at Gazabo
- **Nutrition workshop with Wendy Tyson CWW Certified Food Educator, Tuesday, June 14** at 11-1 at Gazebo



**YOUTH MOVIES**

- at Gazebo
- 6-8 pm
- =Jr Youth 3-6
- =Sr Youth 7-13

**Homework Club**

- Youth Cooking
- Youth outdoor games
- at Gazebo
- 4-6 pm

**Home Visits & Support \***  
for families with 0-6 aged children. Appts must be booked with Debbie

**TEEN/ADULT**

- Pickup BBall & BBQ

**Teen 12 & up &**

- **ADULTS** (younger if with parent)

**YOUTH OUTING**

- pizza/gokarts
- Parents or guardian asked to come \* limited seats in van
- \*\*sign up

WFN

**Child & Youth Programs**  
Families with 0-6 Programs  
Teen /Adult programs  
All Ages / Family programs

36 Loon Way Road WFN  
Capreol, ON  
P0M 1H0

Child & Youth Worker: Debbie Plain-McGregor  
Phone: 555-555-5555  
Fax: 555-555-5555

**June 2011**

| Sun | Mon                          | Tue  | Wed                          | Thu   | Fri   | Sat |
|-----|------------------------------|--|------------------------------|---|---|-----|
|     |                              |  | 1                            | 2 Nutrition Workshop 11-1 Zumba @           | 3 YOUTH Movies Popcorn @ Gazebo                     | 4   |
| 5   | 6                            | 7 Debbie in training                             | 8 Debbie In training         | 9 Debbie in Training                        | 10 YOUTH Movies Popcorn @ Firehall <u>Sr. Youth</u> | 11  |
| 12  | 13 TEEN/ADULT Pickup BBall & | 14 Nutrition Workshop 11-1 Homework              | 15 Youth Cooking & Wii dance | 16 Home Visits & Support * Zumba            | 17  | 18  |
| 19  | 20                           | 21 National Aboriginal Day Fish Fry & hand drum- | 22                           | 23 Home Visits & Support * Zumba            | 24 YOUTH OUTING 4:15 van                            | 25  |
| 26  | 27                           | 28 Home Visits & Support * Youth Outdoor         | 29 LAST DAY OF SCHOOL ☺☺☺    | 30 LIP SYNC Talent Night pm at firehall ☺☺☺ |   |     |