



Wahnapiatae First Nation February 2012 Newsletter

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Indian Policy 1969

The following was taken from a statement of the Government of Canada on Indian Policy 1969. (The Government believes that policies must lead to the full, free and non—discriminatory participation of the Indian people in Canadian society. Such a goal requires a break with the past. It requires that the Indian people's roll of dependence be replaced by a role of equal status, opportunity and

responsibility, a role they can share with all other Canadians.

To be an Indian is to be a man, with all a mans needs and abilities. To be an Indian is also to be different. It is to speak different languages, draw different pictures, tell different tales and to rely on a set of values developed in a different world.

To be an Indian must be to be free - free to develop Indian cultures in an envi-

ronment of legal, social and equality with other (Canadians).

FYI
Chief Tyson

Notice of Membership Meeting

A membership meeting of the Wahnapiatae First Nation will be held at the

Wahnapiatae F.N Fire Hall

on

Saturday, March 17th, 2012

beginning at

10:00 a.m.

Official Notices will be going out by mail.

February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Rocky's <small>LAKE WAHNAPIATAE</small> reopens doors to the public 4 - 9 pm	4
5	6 <i>Wendy off vacation</i>	7	8	9	10	11
12	13 <i>Wendy off vacation</i>	14  Valentines Day	15	16 Diabetes Awareness Lunch & Learn Workshop 12 noon at the gazebo	17	18
19	20 <i>Wendy back from vacation</i>	21 Chief & Council Meeting 5 pm Fire Hall	22	23	24	25 Community Sliding Party 1-4 pm
26	27	28 Nutrition Bingo 5:30 pm Fire Hall	29			

Schedule of Events

- > February 3, 2012 - Rockys reopens doors to the public—4 pm—9 pm
- > February 6 - 10th & February 13—17, 2012 - Wendy off—vacation time!
- > February 14, 2012 - Valentine's Day - Tell your sweetheart you love them!
- > February 16, 2012 - Diabetes Awareness workshop - 12 noon at the gazebo
- > February 21, 2012 - Chief & Council Meeting - 5 pm in the fire hall
- > February 25, 2012 - Community Sliding Party
- > February 28, 2012 - Nutrition bingo - 5:30 pm at the fire hall





Valentine Word Search

V	A	T	C	Y	D	N	A	C	G	D	S	U	M
A	A	H	E	O	R	P	N	A	P	K	S	L	O
L	I	G	P	S	W	E	E	T	H	E	A	R	T
E	W	I	H	R	O	V	M	G	T	N	C	E	O
N	I	L	P	Y	O	C	M	A	F	G	E	N	P
P	O	E	M	L	Y	V	L	B	L	A	N	N	E
L	Q	L	I	P	T	O	K	E	O	G	I	I	M
W	B	D	O	N	C	B	U	C	W	E	T	D	I
E	E	N	R	O	M	A	N	C	E	M	N	O	D
D	I	A	H	P	C	N	K	I	R	E	E	P	I
D	C	C	R	E	P	E	V	P	S	N	L	L	P
I	A	P	T	J	M	O	O	D	D	T	A	J	U
N	R	O	S	E	S	Y	W	R	P	S	V	H	C
G	D	D	A	K	Y	D	A	T	E	D	B	Y	S

- Candlelight
- Candy
- Card
- Chocolates
- Cupid
- Date
- Dinner
- Engagement
- Flowers
- Love
- Mood
- Poem
- Romance
- Roses
- Sweetheart
- Valentine
- Wedding



Our Grand Reopening is going to be on February 17th
KICK 91.7 Live on Location
Hours: (Starting next week)
Mon-Thurs 10am - 6pm
Fri - Sun 9am - 8pm
Gas Bar Open daily from 9am - 8pm

Bring in this coupon on February 17th and recieve 10% off (excluding alcohol, cigarettes, and fuel)

Nutrition Bingo Update



A winter storm doesn't deter a dedicated bingo player from coming out for a night of bingo. Fourteen people were in attendance.

Congratulations to Brenda who was the lucky jackpot winner of a \$100. gift card. Tyson Kratky, Tom Recollet and LeAnn Williams each won a \$25. gift card special.



The canteen opened at 5 pm for soup/scone, scone dogs, pop, chips, chocolate bars, coffee, tea

and hot chocolate.

The bingo games started at 5:30 pm and ended at 7:30 pm.

Balance forward from previous bingo \$246.12

Canteen expenses - \$ 77.30

Prize purchases - \$231.41

Negative balance - \$62.59

Cash brought in from bingo and canteen sales \$206.60

Cash on hand towards February

2012 bingo is \$144.01

Chi Miigwetch! To Joan and Debbie who sell cards, help with canteen along with the set up and clean up.

Don't feel like cooking, come and purchase something from the canteen...you don't even have to play bingo.

Next nutrition bingo will be on Tuesday, February 28, 2012 at 5:30 pm

Remember...canteen opens at 5!

Wendy Tyson - CWW



Community Support Services Congregate Dining Lunch Update



Congregate Dining is provided once a month for anyone 50 years old and wiser. This program is provided for seniors so that they can come out and enjoy the company of fellow community members and get to know each other in a relaxed atmosphere.

On January 31st, 2012, a congregare dining lunch was held at the WFN gazebo. Six seniors came out to enjoy salsa soup & quesadias. Five meals were delivered to elderly seniors.

Our next congregare dining dinner will be held on Friday, February 24, 2012 at the gazebo. We

will be having a fish & chip dinner. Please let Wendy know if you will be attending. 705-858-0610 ext 110



Congregate Dining Fish & Chip Dinner

Friday, February 24, 2012
5:00 pm at the gazebo

Please let Wendy know if you will be attending. 705-858-0610 ext 110



Diabetes Education Lunch & Learn Update

Sharlene Pitts - Diabetes Nurse Educator along with Simon Yelle (nursing student) from Shkagamik-kwe Health Centre came out to facilitate a Diabetes Awareness Lunch & Learn Workshop.



Sharlene and the group had a discussion on the affects diabetes has our systems. The importance of foot care and diet in keeping our blood sugars at a level

Did you Know?

Diabetes and your feet:

For most people feet are not a priority for care than other parts of their body. For people with diabetes, this care is a must. According to the Canadian Diabetes Association, “Diabetes affects the circulation and immune system, which in turn impairs the body’s ability to heal itself. Over time, diabetes can damage sensory nerves, (which is known as neuropathy)”. In other words, this means that people with diabetes will lose sensory feeling in their feet. Because of this, people with diabetes are less likely to feel injuries to their feet like a cut or blister. If these injuries are left untreated, this can lead to infections and possibly serious complications.

“As always, prevention is the best medicine, a good daily foot care regimen will help keep your feet healthy”. For proper daily foot care the Canadian Diabetes Association created 8 steps to proper care.

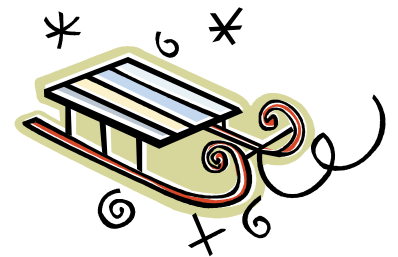
1. Wash your feet in warm but not hot water, using a mild soap. Don’t soak feet because this could dry your skin.
2. While your feet are wet (after shower), use a pumice stone to keep calluses in control.
3. Dry your feet carefully, especially between your toes.
4.  Make sure to evaluate feet and between your toes to make sure there’s no injuries, (cuts, cracks, ingrown toenails etc.). To help you see under your feet use a mirror or, you can ask someone else to check for you.
5. If there are cuts and scratches, clean with mild soap and water, and cover with a dry dressing that is compatible for sensitive skin.
6.  When cutting toenails, trim straight across and file any sharp edges while making sure not to cut too short.
7. Apply nonperfumed lotion to feet, heels and soles. Wipe off excess lotion that was not absorbed. Putting lotion between toes is not recommended because it holds moisture which can promote infections.
8. Wear clean socks and well-fitting shoes every day. White socks are recommended because if you have an injury and there is drainage, you most likely will not feel it but you will see it.

Doing these little changes in you daily life will ensure your feet are in proper health, this will prevent future serious problems. You can contact the Canadian Diabetes Association at www.diabetes.ca or call them at 1-800-banting (226-8464).

Simon Yelle

WAHNAPIITAE FIRST NATION FAMILY TIME

SLIDING PARTY & BON FIRE



**Saturday, February 25, 2012
1 - 4 pm
at the bottom of the big hill**

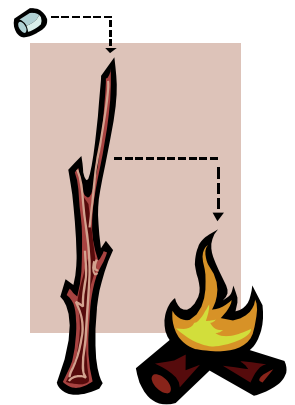


**We may have a snow sculpture contest
depending on weather conditions.....**

**Hot dogs, marshmallows & hot chocolate
will be supplied.**



Don't forget to bring your marshmallow stick!



for more information contact Wendy at 705-858-0610 ext 110



WANT A SCIENTIFIC DAY?



HOW ABOUT A DAY OUT AT SCIENCE NORTH!



IF YOU ARE 18 YEARS AND OLDER
YOU CAN PICK UP THE CORPORATE CARD
AT THE HEALTH DEPARTMENT - TO SIGN OUT FOR A DAY OR TWO WITH THE CARD - YOU
GET THE FOLLOWING:

YOU GET FREE:

- Free Parking at Science North and/or Dynamic Earth
 - Free Admission to Science North and/or Dynamic Earth for 6 people (including the card holder)
- And more...

YOU GET 10% OFF the following:

- IMAX 3D and Classic IMAX tickets
 - Planetarium tickets
 - The LakeHouse Restaurant (excluding alcoholic beverages)
 - Mega Bites Food Court
 - Café Boréal
 - Copper Cafe
 - Whizards
 - Big Nickel Boutique
- And more...



*Why not treat your family to some
good times while enjoying the amazing Science North.
Call ahead and book your card now to reserve your date.*



ROCKY'S MANAGEMENT AND STAFF
WOULD LIKE THE
WAHNAPITAE FIRST NATION
COMMUNITY
TO BE THE FIRST
TO WITNESS US REOPEN OUR DOORS
TO THE PUBLIC.

DATE: FRIDAY FEBRUARY 3RD, 2012

TIME: 4PM – 9PM

BRING YOUR FAMILY AND FRIENDS
**25% OFF OF ANYTHING ON OUR MENU
(EXCLUDING ALCOHOL).**

COME ON OUT AND MEET THE NEW
MANAGEMENT AND STAFF.

WE LOOK FORWARD TO SEEING
EVERYBODY.

CHI - MIIGWETCH



ATTENTION MEMBERS AND COMMUNITY MEMBERS

YOU ARE INVITED TO ATTEND A WORKSHOP THAT WILL BE HOSTED BY REG FROM GEZHTOOJIG EMPLOYMENT AND TRAINING. THIS SESSION IS TO INFORM YOU OF ALL THE PROGRAMS AND SERVICES THAT GEZHTOOJIG EMPLOYMENT AND TRAINING HAS TO OFFER.

DATE: FEBRUARY 27, 2012

PLACE: LOWER LEVEL AT ROCKY'S

TIME: 2:00 PM

REFRESHMENTS WILL BE PROVIDED.

EVERYONE IS WELCOME TO ATTEND, IF YOU HAVE ANY QUESTIONS PLEASE CONTACT MARILYN AT THE BAND OFFICE AT (705)858-0610 EXT 109.

LOOK FORWARD TO SEEING YOU THERE.

MIIGWITCH

Marilyn Nicholls
ECONOMIC DEVELOPMENT OFFICER



WAUBETEK
Business Development Corporation
A Community Futures Development Corporation



EMPLOYMENT OPPORTUNITY

- Business Development Officer -

Full Time Position

The Waubetek Business Development Corporation is currently seeking a highly motivated individual with a solid background in business development and experience in working with Aboriginal entrepreneurs. The individual selected for this position will be providing business development services to Aboriginal entrepreneurs and First Nation's within the Waubetek service area of North East Ontario.

Qualifications:

- a) A post-secondary graduate in business administration, commerce, economics and/or accounting (a copy of diploma is required);
- b) Direct experience in assisting clients through the business development process in a variety of businesses, types and sectors;
- c) Proven ability to prepare and analyze financial statements, projections, and cash-flows using relevant computer software;
- d) Excellent written and verbal communication skills;
- e) Proven experience in delivering workshops and public presentations related to business programs, entrepreneurship, marketing, etc.
- f) Working knowledge of sources of capital and business programs that are available to Aboriginal entrepreneurs;
- g) Strong organizational skills and solution oriented;
- h) Must have a valid Driver's licence and own a reliable vehicle as extensive travel is required; and
- i) Naishnaabemaang shwii go washme ndawendaagod

Salary:

Negotiable upon experience and education. A competitive salary based on commensurate experience and education will be provided along with regular mandatory benefits and employer-shared life and disability benefits.

Start Date: March 1, 2012

Posting Closed: February 15, 2012 at 12:00 p.m.

Location: Birch Island, Ontario

Contact Information:

Please submit a letter of application identifying how you meet the qualifications along with resume and copies of relevant graduate diploma(s) and list of three work references marked confidential, to the attention of:

Business Services Manager
Waubetek Business Development Corporation
Box 209, 6 Rainbow Valley Road
Birch Island, Ontario POP 1A0
or Fax to: (705-285-4584)
or Email: egaunia@waubetek.com

We thank all applicants for their interest in this position, however, only those applicants under consideration will be contacted for



JOB OPPORTUNITY

Union of Ontario Indians Anishinabek Educational Institute (Nipissing Site) Clerk/Receptionist

The Anishinabek Educational Institute is seeking an organized, team-oriented and professional individual with a strong background in office administration; responding to public inquiries, computer experience and familiarity with an educational setting.

The Anishinabek Education Institute (AEI) is an Aboriginal controlled education institute designed to meet the unique educational and training needs of First Nation communities.

The Nipissing Site is located at the Union of Ontario Indians' Head Office, Hwy. 17 West, North Bay, ON

DUTIES/RESPONSIBILITIES:

- Provide clerical and administrative support to the AEI Nipissing program staff
- Greet clients and visitors to the organization
- Forward incoming email and telephone messages to appropriate staff
- Prepare and log outgoing faxes and courier parcels
- Reply to general information requests
- Update AEI inventory on a semester basis
- Maintain student assignment submission process
- Finalize staff travel, meetings and other arrangements as requested
- Special projects as directed by the Site Coordinator

QUALIFICATIONS:

- Must have a college diploma / certificate related to Office Administration
- Strong working knowledge of Microsoft computer software programs
- Excellent verbal and written communication skills
- Excellent interpersonal skills
- Demonstrated and working knowledge of UOI First Nation membership
- Ability to work independently, handle peak workloads and meet deadlines
- Good planning and organizational skills are a must
- Ability to speak a First Nation language is an asset
- Must possess a valid Ontario Drivers license and be insurable

ABILITIES:

To be a courteous, trusting and cooperative team player
To maintain a professional public image representing UOI and AEI
To set priorities and schedule work plan to meet priorities

TERM: *Full Time Position*

SALARY: Based on education and work experience.

DEADLINE FOR APPLICATIONS: Tuesday, February 7, 2012 @ 4:30 p.m.
(Late applicants will not be considered.)

Interested candidates should forward a resume with a cover letter and include three employment references to the attention of:

Glenda St. Amour, Executive Director of Administration
Union of Ontario Indians
P.O. Box 711, North Bay, ON P1B 8J8
Phone: 705-497-9127 / 1-877-702-5200 Fax: 705-497-9135 Email: stagle@anishinabek.ca
Visit our web site at: www.anishinabek.ca

Individuals of First Nation ancestry are encouraged to apply. Preference will be given to UOI member First Nation applicants.

Miigwetch to all applicants; however only those selected for an interview will be contacted.

RBC has an **Aboriginal Students Award Program** for post secondary students.

The **deadline to apply is February 28, 2012.**

Feel free to share this information and pass along to students that may be interested. Selected students are awarded up to \$4,000 each academic year for 2 to 4 years to use towards tuition, textbooks, supplies and living expenses.

RBC awards 10 scholarships in two categories:

- For students majoring in disciplines related to the financial services industry
- For student majoring in disciplines unrelated to the financial services industry

We also consider scholarship recipients who are interested in careers in financial services for summer and post-graduate employment! Here is the web link:

http://rbc.com/careers/aboriginal_student_awards.html



A note from the Sustainable Development Department Christian Lachapelle – Natural Resource Specialist

Aanii,

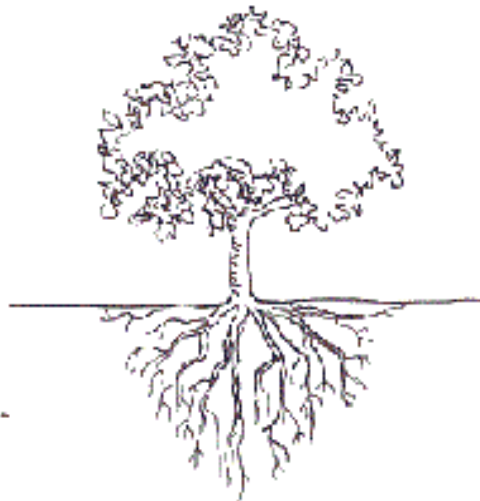
First and foremost I would like to say a very big thank you to Wahnapiatae's Chief and Council, the Sustainable Development Department, as well as all of the staff at the Band Office. My internship during the last year has been an unbelievable experience and all of you have made me feel very welcome. For community members that I have not yet had a chance to meet, please feel free to drop by any time so say hello.

Some of you may be wondering what kind of work I have been doing for the last year. To summarise as shortly as possible, I have walked from one side of the reserve to the other compiling data for the development of a ten year Woodlot Management Plan. The overall goal of this plan is to SUSTAINABLY harvest our forest and to restore it to Red and White Pine. During the field work we also had the opportunity to develop 17 different environmental photo-monitoring areas! I am very happy to announce that this plan was approved and I will be working on the Annual Work Schedule for planned areas of harvest for the 2012-2013 year. Community members will have a chance to comment on the proposed Work Schedule during Wahnapiatae's Open House on May 5th.

Other projects that I have planned for the upcoming field season include Wetland Evaluations for the whole reserve to determine if they are provincially significant, as well as a Lake Survey at the Bass Lake Sanctuary. I strongly believe the information that we will gather will be crucial baseline data and will aid us in several community, cultural and environmental projects.

If community members have any questions/concerns about any of my projects, please feel free to call me at the Band Office (ext. 107). I look forward to hearing from you!

Chi-Miigwetch!



"He who plants a tree plants a hope"

Eastern White Cedar:

The Tree of Life

By **Melanie Hamilton,**

NUCLEAR WASTE MANAGEMENT ONTARIO (NWMO) LIAISON COORDINATOR



Did you know that there are Eastern White Cedars found in Ontario that are over 700 years old?

For many years the cedar has played a key role in our existence: benefiting the environment, for its commercial uses, and its ancestral importance. Its monetary value is far exceeded by its cultural significance. Long used to purify, cleanse, and heal by our ancestors, it is believed that cedar branches can either be hung above a door or brushed in the air of your home to drive away negative energies/influences.

Each part of the tree serves a purpose, from the root to its highest

limbs. Medicinally, cedar is one of the four sacred herbs and is used in many remedies. Cedar is used to treat skin problems (such as eczema and acne), and to eliminate warts and paralysis of the face/tongue. It also has been used to treat scurvy because of its high levels of Vitamin C. It is also vital to the environment because it provides food and shelter during our harsh winters to a wide variety of animals such as white tailed deer, pheasants, rabbits, etc. Cedars generally grow in areas where other trees cannot flourish. The cedar is frequently sourced for its rot/mould resistance, anti-fungal and insecticidal properties, and is often used as a scent base in perfumes and in hygienic products.

In recent years, both the Niagara Escarpment Commission (NEC) and the Ministry of Natural Resources (MNR) have been conducting research regarding the Eastern White Cedar. NEC's "Ancient Tree Atlas Project" took place between 1998 to 2001, encompassing both Grey and Bruce Counties. This project found that Eastern White Cedars along the Niagara Escarpment ranged in age from 400 to over 700 years old! This same project inventoried 73 trees over the age of 500; and 22 trees over the age of 700. The Centre for Northern Forest Ecosystem Research reports that "Cedar trees growing on cliff faces of the Niagara Escarpment in southern Ontario have been found to be the oldest living trees in Ontario and in Canada east of British Columbia".

Although cedar is a hardy, drought and shade tolerant tree, there exist two common pests: the cedar leafminer and the carpenter ant (both black and red). The leafminer eggs are laid and hatch in the leaves of the tree. The leafminer offspring burrow continuously until reaching maturity (moth) – causing the rust coloured leaves that are commonly seen. Most trees are resistant the first year of infection and can lose up to 80% of their foliage and thrive. If infection recurs the tree could be destroyed. Preventative maintenance includes pruning your trees and making sure there are adequate amounts of nutrient rich soil and water.

The cedar has stood tall throughout history, and with further understanding and continued appreciation, will for many years to come. If you're ever looking for more information on Ontario's Ancient Trees, visit <http://www.ancientforest.org/oldtrees.htm> or for an interesting recipe for Cedar Jelly at <http://www.therecipebox.com/box/preserve/pre0012.htm>.



Golden Thread

By **Kate Stewart,**
TRADITIONAL KNOWLEDGE AND LAND USE COORDINATOR

Golden Thread (*Coptis trifolia*) is a herb that is known primarily for its medicinal qualities — specifically its ability to heal mouth sores. It is a three-leaved perennial herb that is very bitter to taste. While all parts of the plant are edible, the rhizomes (underground stems that grow horizontally) are most frequently used alone in healing. They are typically golden in colour, which is where the herb gets its common name.

Golden Thread grows in coniferous and mixed forests, bogs, willow scrub, and tundra. It can be found in lowland and montane zones across Canada, though not typically in the Yukon. It blooms from May to August. Standing 5 to 15 cm tall, it flowers erect, solitary, white blossoms of 5 to 7 club-shaped petals. Its toothed leaves are divided into 3 leaflets, oval with a pointed base, and typically 1 to 2 cm long. Its rhizomes can be found just below the ground where the flower grows.

It was commonly administered to treat ailments of the eyes, ears, throat, and mouth, as well as cravings for alcohol. It contains the alkaloid berberine, which is an anti-inflammatory, antibacterial, astringent, anticonvulsant, immunostimulant, and mildly sedative. When prepared as an eyewash, it soothes sore eyes; when chewed, the rhizomes quickly heal oral canker sores. An infusion

of the rhizomes also helps with stomach cramps, worms, vomiting, jaundice, and diarrhea. Extracts from the rhizomes are also known to alleviate earaches, toothaches, dizziness, trench mouth, raw throat, colds, coughs, and ease respiratory troubles. A compound decoction of the whole plant was taken as blood purifier and blood remedy, as well as for venereal disease.



It was commonly administered to treat ailments of the eyes, ears, throat, and mouth, as well as cravings for alcohol.



Notably, it is also suitable for infants and children, and can also be used to calm the pain of teething for babies as well as ease their digestion.



Wahnapiatae First Nation

36 LOON WAY WFN
CAPREOL ONTARIO P0M 1H0

Phone: (705) 858-0610 Fax: (705) 858-5570
www.wahnapiataefirstnation.com

Aanii everyone;

I would like to take this opportunity to invite everyone to an Open

House at the new Triplex on February 23, 2012 between 2pm and 4pm.

Come out and view our new rental units. They were constructed to exceed

Building code minimum requirements. All appliances are Energy Guide

Rated. Once completed there will be an Energy Star audit done on the

Unit to achieve a rating that will exceed the new 2012 building code

Minimum expectations. Hope to see you there.

**Al Armstrong
Community Development Officer**

From the desk of the Education Support Worker.....

Aanii, I leave you this message that is from a report that was done in 2008 by Dr. Pamela Toulouse on the education system and she incorporated the Seven Grandfather Teachings (Niizhwaaswi Kchitwaa Kinomaadiwinan) I will be putting one per month from this report. The first one is dealing with

Respect (Mnaadendimowin, Mnaa dendi mowin)

This principle is central to the success of the Aboriginal student; it is crucial that Aboriginal students feel they have a place in our schools and that teachers have high expectations of their potential. This can be achieved by ensuring that our own belief in the Aboriginal student is one of utmost respect. Educators can promote a positive learning experience for Aboriginal students by ensuring that their culture is represented in the classroom. It also is a key that these students know that their teachers care about them and have the highest regard for their learning. Respect (in Ojibway terms) means knowing that we are sacred and that we have a place in this world.

This is how we need to foster and support our Aboriginal students.

The implications for practice, and what this means for the classroom, can be found in the following applications:• Aboriginal cultures are celebrated throughout the school program.

- The library has a broad range of Aboriginal books and resources.
- Teachers are encouraged to incorporate the diversity of Aboriginal peoples throughout the curriculum and acknowledge the uniqueness of Aboriginal cultures.
- The Aboriginal territory, on which the school is located, is acknowledged at the door (a welcoming in an Aboriginal language).

“FN Style” Clothing Art Design Contest

“FN Style” is a new and premier clothing line centered on your lifestyle that is inclusive of the First Nations culture, customs and traditions, by showing respect to the valuable lands and resources around us.

“FN Style” is looking for art designs to be included on all clothing apparel. It is important to the “FN Style” clothing line to have Aboriginal Artists design the artwork for the clothing apparel; making it unique and a way of life and style. If your style is:

- *Fishing*, then your “FN Style” is a clothing art design around fishing and the water.
- *Hunting*, then your “FN Style” is a clothing art design around hunting and the natural resources.
 - *Skiing*, then your “FN Style” is a clothing art design around skiing and mountains.
 - *Camping*, then your “FN Style” is a clothing art design around camping and the wilderness.
 - *Skateboarding*, then your “FN Style” is a clothing art design around skateboarding.
- *Snowmobiling*, then your “FN Style” is a clothing art design around snowmobiling and utilizing the land.
 - *Any Sport*, then your “FN Style” is a clothing art design around the sport of your choice.
- Or if you are telling a story through Art work, then your “FN Style” should be reflective of First Nations culture, customs and traditions.
 - And so on and so forth!!

Remember, it’s all about your style and your style only! As individuals, we are all unique!

When you send your art designs, please keep in mind to mail your originals and a scanned copy (as a high resolution document). It is not limited to one design per person. It can be as many as you want.

*Please include your **Name, Phone #, Email, Mailing Address and story behind the Art Design.***



- ✓ Winners will have their art work designs on the “FN Style” clothing line!

It can be emailed and forwarded by mail to:

fnstyle@hotmail.ca
and
Attn: FN Style
Clothing Art Design Contest
1359 Anderson Road
Kenora, ON
P9N 4J8

All contest winners will be notified by email or phone.

We would like to say MIIGWECH to those who do submit their art work design!!

Please note that all art work submitted to “FN Style” will be a trade mark of “FN Style”



Fire that killed 2 boys was an accident: RCMP

Investigators say that the fire that killed two young boys at a Vancouver Island First Nations reserve was likely an accident.



The blaze broke out just before 5 a.m. Wednesday at a home on Snaw'Naw'As First Nation land near Lantzville, a small coastal community located just north of Nanaimo.

Two brothers -- identified by family members as seven-year old Devon and nine-year-old Jordan Drake -- perished in the blaze.

In a tragic twist, police say that the two victims were brought to the house Tuesday night because high winds and falling trees had led to concerns about their safety in their family home.

Family friend Willie Hawkins described the two dead boys as "great kids."

"The youngest one, he was always kind of a tough little guy," he told CTV News.

"The other, he was kind of the soft-hearted guy-- always there to help you."

Two other children and two adults were in the home at the time of the blaze and managed to escape. Mounties say the adults were awoken by the sound of their fire alarm and the smell of smoke. They tried to put out the fire but failed, and were unable to save the brothers.

"Multiple crews from the Lantzville Fire Department attended, and managed to suppress the fire by 8 a.m. The home was obliterated in the blaze, and the residents lost everything they owned, including two cars.

The two rescued children were not affected by the fire, while one adult was treated for burns and smoke inhalation and the other for minor smoke inhalation. All four survivors have been released from hospital.

Nanaimo Mounties, First Nations police officers and RCMP Victim Services are assisting with the family and local band members.

The cause of the fire has not been determined, but a local First Nations chief told CTV News that a tree fell on a hydro line Tuesday night, cutting power to the area, and those connected to the family say there may have been lit candles inside the home.

The residents of the ruined home did not have insurance. Anyone interested in donating clothing or other goods can contact the Tsow-Tun treatment centre in Lantzville at 250-390-3123.

With files from CTV British Columbia's St. John Alexander

The serious crimes unit of the Nanaimo RCMP examined the scene and say that foul play is not suspected.

Two dead in fire south of Brantford

Provincial police say two bodies were found after a house fire on a First Nation reserve south of Brantford.

The fire was spotted by police on patrol Sunday evening on the Mississaugas of the New Credit First Nation.

Firefighters extinguished the fire but police say two bodies were then found inside the home.

Police say no positive identification has been made.

The Criminal Investigation Branch of provincial police are investigating, along with the Ontario Fire Marshal's office and the coroner's office.

Police say the fire is being treated as suspicious.

Inserts at the request of Nolan Roque - Fire Chief

Northern Credit Union Apparel Tree donates to Wahnapitae



A big Thank You / Chi-Miigwech goes out to the Northern Credit Union. They had an Apparel Tree set up during the Christmas season and their patrons made donations of socks, mittens, hat & slippers. They made a donation to Wahnapitae First Nation children and youth by supplying us with a bag full of goodies (mostly hand knitted items) from the tree. There were not enough for all the children/youth. However the items were sorted and distributed based on their size/age and gender. We will keep the list and keep in mind who received this year and give all the names and ages / gender of all groups.

I hope you enjoy your nice hand knitted woolies!!

Debbie, CYW



Teen Outing

HOCKEY NIGHT in Sudbury:
Sudbury Wolves vs. Sarnia Sting
Saturday, February 11, 2012
Puck drops at 7:05 pm



Van Leaves at 5:45 pm

**MUST CALL DEBBIE TO BOOK YOUR
TICKET / SPACE IN VAN
By Thursday, February 8 at 4:30 pm**



Update: Child & Youth, Family with children aged 0-6 Programs

Movie Night—Thursday, January, 2012

5 children attended from 5:30-7:30 pm. The children voted on the movie: either the Smurfs or Kung Foo Panda 2.

We watched Kung Foo Panda 2 while enjoying popcorn and juice.



Homework Club—Tuesday, January 24 & 31, 2012

Due to the ice and office closing, Homework Club was cancelled

On Tuesday, January 24. On Tuesday, January 31—Homework Club. Served Pancakes, homework and read books to group.

Baby Shower

11 people in attendance for Baby Shower for community member Samantha Corbiere & Tom Recollet's upcoming arrival. Lots of laughter, fun, games, food and gifts.



Zumba

Classes attended with ZumbaVibe at CR Judd School in Capreol.

Van offered and a group key punch pass purchased. 4 people attended

Classes held on Monday, January 16 and Monday, January 30.

Outings booked for February. Confirm space in van by called Debbie. Classes are held at CR Judd on Mondays & Wednesdays from 7-8 pm.

Home visits & support

Appointments booked for in-home visits or attendance at various appointments in January. For families with children aged 0-6 book your appointment with Debbie by calling 705- 858-0610 ext. 117.

Nutrition Bingo

See update on separate page





A Baby Shower For Samantha Corbiere & her bundle of joy



Thanks goes out to all who attended the baby shower took place on Saturday, January 28, 2012 in the Gazebo for community member Samantha Corbiere. It was a fun time for Samantha and her soon to be bundle of joy, her family and friends/community members. She received many beautiful gifts to prepare for baby. We had fun playing: Bingo, Samantha Trivia; Insert the Plunger; Pass the Wobbly Toy; Guess the Diaper Mess; Lucky Diaper and Memory Game; Thanks to Wendy those who brought yummy dish & Joan for making special fruit ice. They were like the icing on the cake! Now Samantha and Tom await the arrival of their bundle of joy. Chi-Miigwech to Joan Recollet for assisting in hosting the shower with shopping, preparing food, decorating, games etc.

Debbie, CYW



Christmas Spirit: WFN represented at Capreol Christmas Parade

On Saturday, December 17, 2011 Wahnapiatae First Nation was represented at the Annual Christmas Parade in Capreol. We had 15 children, youth and parents join which made it all the more merrier (including our own Santa: aka Tyson Kratky). In the crowds, there were at least 10 smiling faces of WFN members.

Heartfelt thanks goes out to Frank Recollet and his family. Without the donation WFN youth wouldn't have been represented in the parade. Frank offered & donated his truck and trailer for the float. Also the driver and copilot were provided which were Jericho & Frank himself. Chi-Miigwech for your Christmas / Community spirit and your generosity. We wouldn't have enjoyed our day if it wasn't for the donation.

We smiled & waved, wished Merry Christmas & threw candy to awaiting children which from the Capreol Lion's Club to the Capreol Arena.

Thanks goes out to Tyler Recollet, Jericho Pettifer and Paul MacDonald for putting the floor and rails on the trailer to make the float. Of course, thanks to the driver and co-pilot, Jericho Pettifer and Frank. Thanks goes out to WFN Sustainable Development Dept. for providing the WFN and Christmas signs on the float. Also thanks to the Health Dept. and the Recollets' for providing the decorations for the float. Miigwech to all the hands that helped decorate. Everything came together in the spirit of Christmas and we all had a good time.

Debbie, CYW

(this article is a reprint from last newsletter, due to a technical glitch, not all households received the article)



Above: Frank & Jericho pull float.
Right: Paul Recollet, Stephanie Beauchesne; Dakota Kratky; Zoey Duhame; Joan Recollet; Tyson Kratky; Blueberry Osawamick; Sam Recollet



Christmas Spirit: Parade Photos



Above: float photos during parade: above right rear view.. Mason Recollet facing camera
Below Left: Tyler Recollet, Paul MacDonald on float: Below right: Nicholas Recollet; Angie Kratky; Mason Recollet; Dayan Recollet



Below: Tyson Kratky, taking of Santa suit; Blueberry Osawamick & Uncle Sam Recollet; Dakota Kratky; Zoey Duhaime & Debbie Plain-McGregor; Hiawatha Osawamick & daughter Raspberry



Harlem Globetrotters Will Be At The Sudbury Arena April 10, 2012

WFN PARENTS, Youth and Children who are interested in attending are invited to cost share.

If there is enough interest, the WFN can arrange for transportation for the group.

Deadline: confirm your attendance by SUBMITTING YOUR MONEY \$10 per person (no calls) by Thursday, February 23, 2012 at 4 pm.

Call Debbie at 705-858-0610 ext. 117 for more information



WFN Child, Youth & Family (0-6 yrs) Programs

FEBRUARY 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 Zumba Outing 7-8 pm Capreol (leave 6:30 & back at 8:30)	7	8	9 Home visit & support	10 Movie Night 5:30 -7:30 pm	11 Teen Outing (Sudbury Wolves vs Samia Sting) 7:05 pm
12	13 Zumba Outing 7-8 pm Capreol (leave 6:30 & back at 8:30)	14	15 Home visit & support	16	17	18
19	20 Zumba Outing 7-8 pm Capreol (leave 6:30 & back at 8:30)	21 Homework club 4-6 pm	22 Home visit & support	23	24	25 Family Sliding Party 1-4 pm
26	27 Zumba Outing 7-8 pm Capreol (leave 6:30 & back at 8:30)	28 Nutrition Bingo 5:30 - 8:00 pm	29			

