

WAHNAPITAE FIRST NATION NEWSLETTER

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On the road to a self-sustaining community



Chief of Wahnapiitae First Nation, Myles Tyson and MPP Rick Bartolucci, stand outside of a multi-purpose centre being built on the reserve. The province announced May 18, 2012 it is investing \$1 million in the project through the Northern Ontario Heritage Fund Corporation.

Photo by Marg Serege

Construction on the centre began last August with a completion date planned for this coming August. The opening is slated for Sept. 9, which is the anniversary of the signing of the Robinson Treaty of 1850. The First Nation, located east of Capreol, has 101 permanent residents and 450 members.

The \$4-million single-storey building will not only serve as the hub for the community, it will also help create four new jobs. It will house a meeting hall, medical clinic, the community's Sustainable Development Department and a business incubator service. The province has announced it will invest \$1 million for the pro-

ject through the Northern Ontario Heritage Fund Corporation.

"This is a very exciting time for the people of Wahnapiitae First Nation," Tyson said. "The Centre of Excellence will not only provide the staff of the band with a clean, warm place to work, but also give our residents a community centre we can all use and be proud of."

The centre will accommodate current and future needs of the First Nation and will be the gateway to the community, he said.

Article from Northern Life.

ATTENTION WAHNAPITAE FIRST NATION STUDENTS SUMMER JOB POSTINGS WILL BE ADVERTISED AT THE BAND OFFICE BY THURSDAY, MAY 31ST, 2012

Advertisements for Summer Student Jobs will be posted at the Band Office for the following positions:

- Project Coordinator-Grounds Keepers (1 position)
- Community Enhancement-Groundskeepers (4 positions)
- WFN Summer Camp Leaders (2 positions)
- Geospatial Assistant (1 position)

See the details or pick up a copy of the job posting at the Band Office.

May 2012 Nutrition Bingo Update

There were 22 people in attendance at the monthly nutrition bingo on May 8, 2012.

Congratulations to Lyndsey Beaudreault, Leanne Williams and Tracey Hihnala who each won a \$25. gift certificate special. And to Tammy Giumond and Stephanie Beachamp who split the \$100. gift certificate Jackpot.

We made enough money from the canteen sales and bingo sales to cover the expenses for the **June 13, 2012** nutrition bingo.

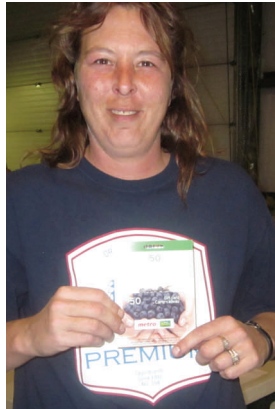
Come out and enjoy each other's company and win some healthy food for you and your family.

On **June 13, 2012** the Pow Wow Coordinator, Crystal Osawamick will be in charge of the canteen. Come out and support this years Pow Wow fundraising initiative. 50/50 tickets and raffle tickets will also be available.

Canteen will open at 5 pm and the nutrition bingo will start at 5:30 pm.

Hope to see you there.

Wendy Tyson -Community Wellness Worker



Next Nutrition Bingo

June 13, 2012

Canteen proceeds to this years Pow Wow

Bingo starts at 5:30 pm

at the fire hall



A Community That Cares



On Wednesday, May the 9th 2012, the Wahnapiatae First Nation Health Department hosted a barbeque for participants of the Earth Day Clean up. Cheryl Recollet, the Environmental Coordinator supplied us with garbage bags, prizes. Ed & Paul picked up the garbage and brought to the dump.

We started at the end of Tahgwenini Trail Road and Portelance Road and made our way near the big culvert. Tyson Kratky said it was so sad to see all the garbage that people throw out and pollute Mother Earth. Evelyn picked up garbage on parts of Loon Way Road, as well as others who couldn't join us that evening.

Chi Miigwetch to Angie, Tyson, Dakota, Paul, Eddy, Evelyn and Seth for all your hard work.

A draw was made for the participants. Congratulations Joan Recollet who won the large garbage composter. To Dakota Recollet who won the counter top composter and to Paul Sr. who won a Wahnapiatae First Nation duffle bag.

As Paul will honk and say, "GIVE A HOOT! DON'T POLLUTE!"

Wendy Tyson - Community Wellness Worker



JUNE 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6 deadline for Chief & Council Requests	7	8	9
10	11	12	13 Nutrition Bingo 5 pm - 8 pm fire hall	14	15	16 ELECTIONS at the firehall
17 Father's Day	18	19 Chief & Council Mtg. 5 pm fire hall	20 Kids Outing Memorial Park	21 Aboriginal Day family outing	22	23
24	25	26	27 Biggest Loser Challenge Kick Off	28 Last day of school	29	30

Schedule of Events

- June 6, 2012 - deadline for Chief & Council Requests
- June 13, 2012 - Nutrition Bingo
- June 16, 2012 - Elections
- June 17, 2012 - Father's Day
- June 19, 2012 - Chief & Council Meeting - 5 pm in the fire hall
- June 20, 2012— Kids Outing to Memorial Park
- June 21, 2012 - Aboriginal Day family outing at Bell Park
- June 27, 2012—Wahnapitae First Nations Biggest Loser Challenge Kick Off
- June 28, 2012 - Last Day of School

Election Day Word Search

P	A	V	U	S	V	W	C	G	G	J	D	V	J	W
Z	N	G	I	A	P	M	A	C	P	F	M	S	F	W
C	R	F	F	G	V	D	N	L	Q	A	M	B	F	K
L	M	E	Z	K	R	I	D	M	O	M	R	I	M	T
R	U	D	A	J	H	U	I	X	R	Y	N	T	C	D
K	A	O	R	G	R	G	D	S	K	W	Z	N	Y	A
Y	X	I	I	G	W	A	A	V	I	B	F	I	X	C
B	T	C	Y	I	R	Q	T	I	K	E	C	R	N	F
R	B	N	N	D	N	A	E	B	L	T	P	D	O	V
D	U	K	E	J	O	S	S	E	U	O	O	V	F	B
J	E	A	I	N	R	P	C	J	X	L	L	S	A	X
D	P	N	D	E	O	T	X	O	B	L	L	M	R	M
Z	A	Y	T	E	I	P	Q	B	F	A	M	Q	Q	W
P	I	O	R	O	S	J	P	H	F	B	G	P	F	V
E	V	Q	N	C	Q	X	I	O	R	E	S	U	L	T

BALLOT
BOX
CAMPAIGN
CANDIDATES
DAY
ELECTION
LAW
OPPONENT
PARTY
POLL
RESULT
VOTERS

NOTICE

Please be advised that Wahnapiatae First Nation
 abides by the Ministry of Natural Resources Fire Bans
 Anyone not complying with these guidelines are subject to fines
 and may be liable for all costs associated
 with the fighting of a fire they have caused

If there is a fire ban in place please do not light a fire
 Respect Mother Earth and your loved ones.

Chief Myles Tyson

BARBEQUE FOOD SAFETY TIPS

Barbeque season has begun and Health Canada would like to remind Canadians of steps they can take to avoid foodborne illness caused by bacteria such as E.coli, Salmonella and Campylobacter.

Eating undercooked meat and other foods that have come into contact with raw meat can cause foodborne illness. Symptoms can include severe stomach cramps, vomiting, fever and diarrhea.

You can help lower your risk of foodborne illness by handling and cooking raw meat carefully.



STORING:

Raw meat should always be stored in a refrigerator or cooler at 4°C (40°F) or below.

If you are storing raw meat in a cooler, make sure that it is packed with ice and that it stays out of direct sunlight. Avoid opening too often.

Ensure meat products are well sealed so their juices don't come into contact with other food products, thus avoiding cross-contamination.



CLEAN:

Remember to wash your hands and other utensils, like cutting boards, countertops and knives, carefully with soap and warm water before and after handling raw meat. This helps avoid cross-contamination and prevent the spread of foodborne illness.

WHEN YOU GRILL:

FOOD	TEMPERATURE
Beef, veal and lamb (pieces and whole cuts) Medium-rare Medium Well done	63°C (145°F) 71°C (160°F) 77°C (170°F)
Pork (pieces and whole cuts)	71°C (160°F)
Poultry (eg, chicken, turkey, duck) Pieces Whole	74°C (165°F) 85°C (185°F)
Ground meat and meat mixtures (eg, burgers, sausages, meatballs, meatloaf, casseroles) Beef, veal, lamb and pork Poultry	71°C (160°F) 74°C (165°F)
Egg dishes	74°C (165°F)
Others (eg, hot dogs, stuffing, leftovers)	74°C (165°F)

Colour alone is not a reliable indicator that meat is safe to eat. Meat can turn brown before all bacteria are killed. Use a digital food thermometer to be sure.

To check the temperature of meat that you are cooking on the barbeque, take it off the grill and insert a digital food thermometer through the thickest part of the meat.

If you are cooking a beef hamburger, take the patty from the grill and insert a digital food thermometer through its side, all the way to the middle.

If you are cooking more than one patty, or several pieces of meat, be sure to check the temperature of each piece.

Use clean utensils and plates when removing cooked meats from the grill.

Remember to wash the thermometer in hot, soapy water between temperature readings.

Always remember to keep hot food hot until it is ready to serve.

It is estimated that there are approximately 11 million cases of food-related illnesses in Canada every year. Many of these cases could be prevented by following proper food handling and preparation techniques. Public Inquiries: (613) 957-2991 or 1-866-225-0709

WAHNAPITAE FIRST NATION BIGGEST LOSER WEIGHT LOSS CHALLENGE

**Challenge starts on June 27, 2012
and ends on November 28, 2012.**

**Be Wahnapiatae First Nations Biggest Loser
and win a \$300. make over/spa gift certificate
and a \$200. gift certificate for a new outfit.**

\$20. registration fee (for awards and prizes and banquet)

**Come into the Health Trailer and register
between June 13th and the 27th, 2012.**

REGISTRATION LIMITED

Registration rules apply:

Must be present on June 27, 2012 for weigh in with nurse and dietician at the gazebo.

Must attend monthly weigh in with nurse and dietician at the gazebo.

Must be present for the award banquet on November 28, 2012

**Monthly weigh in's will be done by Shkagamik kwe Health Centre's
Diabetes Nurse Sharlene Pitts and Dietician Doreen Pippy**

Sharlene and Doreen will be available for monthly support during and after the weight loss challenge ends



30th Annual Native Art Contest Information

Peace Hills Trust takes pride encouraging Native artists to develop, preserve and express their culture through our 29th Annual Native Art Contest.

Prizes

*Entry forms available
at Band Office*

(have some here in health trailer on wall)

**Adult
Categories**

**Youth
Categories**

1st \$2500

1st \$150

2nd \$1500

2nd \$100

3rd \$1000

3rd \$75

Debbie Plain-McGregor

Child & Youth Worker
Wahnapitae First Nation
36 Loonway Rd, WFN
Capreol, ON P0M 1H0

Telephone: (705) 858-0610 ext. 110

**Attention Community Members
who attended the 2011 Art Workshops
with Will Morin.**

**There is still unclaimed art done by community members
in the Health Trailer. Please come by and pick up your art.**

Debbie



The Faculty of Law's Aboriginal Youth Summer Program

The Aboriginal Youth Summer Program (AYSP) is a new program offered by the U of T Faculty of Law for Aboriginal high school students who are interested in the study of law. Participating students will spend a week living on-campus at U of T and will explore a wide range of aspects of law and justice, and how they intertwine with the lives of Aboriginal Peoples. The Faculty is pleased to offer fully-subsidized spots to twenty Aboriginal youth in the summer of 2012.

The Aboriginal Youth Summer Program (AYSP) invites Aboriginal students currently enrolled in grades 10, 11 and 12 to spend one week at the Faculty of Law discussing legal concepts, learning about the reality of the Canadian legal system, and applying their knowledge to a variety of stimulating environments. There will be a strong focus on the intersection of law and the lives and circumstances of Aboriginal Peoples.

For Aboriginal high school students interested in the law and legal issues that affect their communities, the AYSF offers an unprecedented opportunity to spend time in the fascinating world of Canadian and international law, legal thinking and advocacy. Taught by law students, professors, judges and lawyers, session topics may feature criminal justice, including sentencing and bail under Gladue court principles; property and Aboriginal title; constitutional law and the rights of Indigenous Peoples; international Aboriginal law, and intersections between Wampum and the common law. Students will observe these principles in action with field trips to such places as Toronto's Old City Hall Courthouse, Gladue Court, Aboriginal Legal Services Toronto, and Canada's premiere Aboriginal law firms.

In addition to the enriching academic content, students get a taste of university life, with classes held in law classrooms at the Faculty of Law, accommodation and meals at the University of Toronto's New College student dorms and participating in events

- deadline is May 31, 2012.

During the AYSF you will:

- Gain exposure to post-secondary education and law school
- Learn from Aboriginal law students, professors, judges and lawyers
- Step into the shoes of a lawyer and immerse yourself in the practice of law
- Hone your debating and analytic skills, and start "thinking like a lawyer"
- Go behind the scenes at some of Canada's largest courts and most prestigious Aboriginal law firms
- Share ideas with other high school students from across Ontario
- Apply what you learn through immersive, realistic, and complex legal simulations
- Receive valuable academic enrichment and career guidance



PLEASE SHARE WITH GR 10 & 11 STUDENTS YOU KNOW

The northern Ontario School of Medicine announces its 2012 Summer Health Sciences Camp (July 9-13 in Thunder Bay or July 16-20 in Sudbury). The camp provides an opportunity to explore Francophone and Aboriginal culture awareness, health-care careers, obtain hands-on experience, and find a mentor. I have applications or call Anne Bissonnette at 1-800-461-8777 ext, 7260. Reach for the Stars.. Start Now!! What a great opportunity!!!
Debbie

Looking for an exciting week-long program this Summer?

Consider attending the Northern Ontario School of Medicine's Summer Health Sciences Camp.

Our Summer Health Sciences Camp offers a variety of hands-on activities for high school students who are interested in pursuing health careers.

Possible Health Careers:

- Family Physicians
- Specialty Physicians
- Physiotherapy
- Nursing
- Occupational Therapy
- Medical Laboratory Technicians
- Biomedical Research



East Campus



West Campus



Our activities are designed to ensure there is a correlation between health care, interventions, and basic sciences.

Featured Areas:

X-Ray Rounds
Includes how to put on and remove a cast.

DNA Analysis
A peek into the techniques of CSI.

Herbal Remedies
An understanding of historic and modern medicines.

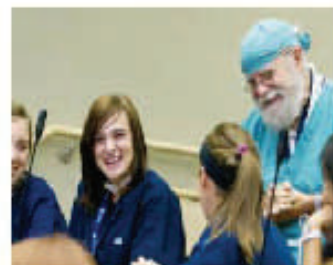
Healing Ceremonies
A look at Aboriginal traditional healings.

Physiology
Examine a preserved heart and understanding the heart's electrical conduction system.

Health Careers
How to prepare now for careers in medicine, nursing and emergency care.

Our Commitment

- To provide an opportunity for young people to explore medicine.
- To provide hands-on experience in health-related fields.
- To provide awareness of community engagement.
- To provide guidance about potential health careers.



Registration Form

YES, I would like more information about the Summer Health Sciences Camp.

Name _____

Address _____

Postal Code _____

Email _____

Phone _____

Parent's Name _____

Parents Daytime Phone Number _____

Age _____

Grade _____

Return Application to:

Anne Bissonnette
Administrative Assistant
Northern Ontario School of Medicine
935 Ramsey Lake Rd.
Sudbury, ON P3E 2C6

Discover Your Opportunities

The Northern Ontario School of Medicine (NOSM) maintains a commitment to providing information to rural, remote, Francophone and Aboriginal youth about health careers. Our School of Medicine strives to help youth reach their potential.

Contact Us

For more information about the **Summer Health Sciences Camp**, please contact Anne Bissonnette:
abissonnette@nosm.ca
705-662-7260



Northern Ontario
School of Medicine
École de médecine
du Nord de l'Ontario
L'Ép. A. A. A. A.

West Campus
Lakehead University
955 Oliver Rd.
Thunder Bay, ON
P7B 5E1

East Campus
Laurentian University
935 Ramsey Lake Rd.
Sudbury, ON
P3E 2C6



Northern Ontario
School of Medicine
École de médecine
du Nord de l'Ontario
L'Ép. A. A. A. A.

*Focusing on Rural, Remote,
Francophone and Aboriginal
Youth in Northern Ontario*



N'Swakamok Native Friendship Centre Presents:

National Aboriginal Day 2012 "Aboriginals Got Talent"

Featuring:



Aboriginal Comedian, Howie Miller



Aboriginal Country Music Star, Crystal Shawanda



Aboriginal Singer, Jace Martin

Sudbury, ON

June 20-21st, 2012

June 20th - Memorial Park (downtown)

6:00pm Kick-off Concert (Bring your own lawn chairs)

Opening Performance by: Cheyenne Saucier & Friends

Featured Performance by: Crystal Shawanda

Meet & Greet to follow

June 21st - Bell Park Amphitheatre (Paris Street)

11:00am - Opening Remarks

12:00pm - Howie Miller, Aboriginal Comedian

1:00pm - Talent Showcase

2:00pm - Aboriginal Idol Contest

4:00pm - Talent Showcase

6:00pm - Evening Performance by: Jace Martin

Free Admission

Food & Craft Booths must register.

For More information contact

N'Swakamok Native Friendship Centre 705-674-2128



The professional provider of your news and information needs.
Dial Robinson at 705.677.7003 or brad@bradsign.com

NATIONAL ABORIGINAL DAY CELEBRATIONS JUNE 20 & 21ST 2012

Wahnapiatae First Nation is sponsoring two (2) outings to attend the Sudbury National Aboriginal Day 2012 “Aborginals Got Talent” events.

If you are interested in attending the **Kick Off Concert on June 20, 2012** at Memorial Park or the **Aboriginal Day Events on June 21, 2012** at Bell Park Amphitheatre (Paris Street) and wish to **book a spot on the van please contact Wendy or Debbie at the Band Office.**

If you are interested and will be attending on your own please contact Wendy or Debbie also. You may be eligible for a participation incentive.

Admission to both events is *free*. Food and craft booths will be available.

Norman Taylor Memorial Bursaries and Scholarships

Norman Taylor was a member of the Ucluelet First Nation on the West Coast of Vancouver Island. He was one of the founding members of the AFOA Canada serving as the founding President and later the Chief Advocacy Officer.

Bursaries

There are four \$1,000 bursaries to be awarded in August 2012. Bursaries are open to AFOA members and non-members.

Bursaries are available to First Nation, Inuit and Métis students attending university or college as a full-time student in an academic program such as Business Administration, Business Management, Accounting, Commerce and/or other finance related programs.

The deadline for the submission of applications is **July 27, 2012**.

Scholarships

Scholarships are available for two applicants who wish to enroll in one on-line AFOA course - scholarship value of up to \$800 each. Two applicants who wish to attend the AFOA National Conference (**February 2013 in Toronto, ON**) - each scholarship includes conference registration (value up to \$800) and travel related costs (up to \$2,000). You must be a member of AFOA to be eligible to apply for a scholarship.

The deadline for the submission of applications is **July 27, 2012**.

AFOA Canada

1066 Somerset Street West, Suite 301
Ottawa, ON K1Y 4T3
Tel: (613) 722-5543
Fax: (613) 722-3467
website: www.afoa.ca
e-mail: info@afoa.ca



Annual Student Achievement Awards

OFNTSC recognizes the time, dedication and sacrifice students have to make in order to achieve their goal of graduation from College or University in the fields of Science and Technology. We also recognize the importance of having First Nations' people achieving successful careers in Science and Technology and applying their expertise to working with our communities. Thus, each year we take the opportunity to honour the accomplishments of First Nations students who have persevered in attaining a high level of education in the field of Science and Technology.

This summer, for the seventh year in a row, OFNTSC will be joined by Canada Mortgage and Housing Corporation (CMHC) in offering four Student Achievement Awards, a \$1000 bursary each.

The recipients will be invited to the OFNTSC Annual Conference to take part in capacity building and training. The awards presentation will take place on the second day of the Annual Conference at the lunch gala.

We invite you to nominate a student from your community who is currently enrolled in the field of Science and Technology by mailing or faxing this form to the address below. From the nominations received, two students from Northern Ontario and two from Southern Ontario meeting the criteria will be selected. Only those persons selected will be contacted.

DEADLINE FOR SUBMISSION IS: July 6, 2012

Name of Student: _____

Field of Study: _____

(Engineering, Science, Environmental Science, Civil Technology, Architectural Technology,
etc.)

Educational Institution: _____

Sponsoring Organization: _____

(Tribal Council, First Nation, Education Department, etc.)

Submitted by: _____

Mail/Fax to:

"Student Achievement Awards"

Ontario First Nations Technical Services Corporation

From the desk of the Education Support Worker

.....*Greg Brown*

Aannii, here is another installment of the seven teachings that I have been posting over the year. I am also including my duties again as still some parents are asking what the Education Support Worker does within the community.

Humility (Dbaadendiziwin, Dbaa-dendi-ziwin)

The Ojibwe teaching of humility reminds us to reach out to others for assistance. This is a key tenet in our goal of ensuring that the Aboriginal learner has success. As educators, we need to go beyond ourselves and ask the "Aboriginal experts" key questions. It is crucial that we also go to Aboriginal organizations and communities for direction. This can be achieved by following these suggested strategies:

- Work with Aboriginal organizations to collect or purchase curriculum resources
- Conduct an inventory of Aboriginal curriculum resources
- Organize these curriculum resources into grade-specific categories
- Disseminate this information to all school boards in various formats

Humility is to know yourself as a sacred part of Creation. In the Anishinabek language, this word can also mean "compassion." You are equal to others, but you are not better. Some communities instead express this with *Bekaadiziwin*, which in addition to "humility" can also be translated as "calmness," "meekness," "gentility" or "patience."

Dibaadendaman mnik ge-waabandaweyin kiin ezhi-nishiyin, gegwa zaami-shpendizike, pane dibaadendizon

What does the Education Support Worker do in regards to Specific Responsibilities?

1. Support the work of the school's student success
2. Works directly with administration and staff in relations to the needs of the individual students
3. Serve a role model for the WFN youth
4. Works within the framework of the Niizhwaaswi G'mishomisinaanig our 7 Grandfather Teachings
5. Develop and maintain student list of all WFN students in the school and works toward developing rapport with the students
6. Promotes regular attendance and participation in school life.
7. Promotes credit accumulation, and preparation for the literacy test/course and graduation

8. Accept and investigate referrals of all students who have two or more non- excused absences and/or are at risk of losing a credit
9. Prepares for meetings between school personnel and parents/guardians to address school issues
10. Gage students success by tracking the progress of the individual students through the use of such measures as anecdotal reports, behaviour and academic tracking sheets, parent reports, lateness, suspensions, academic results, incident reports, parental involvement, ect
11. Facilitate contact with appropriate support services for youth and their families
12. Facilitate and follow students during transition from one grade school to another and from grade 8 to grade 9, and lastly if transferring between high schools.
13. Promote and facilitate improved understanding of FNMI (First Nation, Métis and Inuit) values, perspective, history and culture.

Besides these duties, the Education Support Worker has home visits, works with the students, families and teachers in order to help develop a plan of action that will help in achieving regular school attendance and credit accumulation and share with all relevant partners involved in the students' progress. As before, if you wish to talk with me in regards to your child and schooling please get in touch with me these ways:

Drop a letter off in my mail box at the Band Office,
greg.brown@wahnapietfn.com
705-858-0610



Wahnapiatae First Nation

36 LOON WAY WFN
CAPREOL ONTARIO P0M 1H0

Phone: (705) 858-0610 Fax: (705) 858-5570
www.wahnapiataefirstnation.com

JOB POSTING

Reporting to Wahnapiatae First Nation Band Manager, the School Transportation Driver will be responsible for the safety and transportation of the community students to and from their respective schools. WFN is seeking a qualified individual for the position of School Transportation Driver.

Position: School Transportation Driver
Term: Service Contract 10 months (August 31, 2012 – June 28, 2013)
Full Time subject to WFN Human Resource Policy
Location: Wahnapiatae First Nation
Salary: Commensurate with experience, knowledge and skills

Key Activities:

- Coordinate school transportation for students living on the Wahnapiatae First Nation reserve;
- Drive students to primary and secondary schools, within the Greater City of Sudbury;
- Coordinate school bus maintenance;
- Maintain Appropriate certification for Position (B licence);
- May be required to pick up and drop off mail at local post office;
- Pick up local newspapers;
- Pick up and drop off prescriptions for Seniors;
- May be required to pick up and drop off Courier packages.

Minimum Qualifications:

- Must possess a valid Ontario Driver's License
- One (1) year of experience in the transportation field;
- Possess strong interpersonal skills;
- Excellent communication skills both verbal and written;
- Proficient in Microsoft office software;
- Have a valid driver's license;
- B Designation to operate a school bus;
- Criminal Record Check based on Canadian Police Information Centre (CPIC).

.../2

Page two (2)

School Bus Driver Job Posting

Posting Date: Thursday, May 28, 2012

Closing Date: Thursday, June 11, 2012

Faxes and emails will be accepted (call to verify receipt)

Please send a cover letter and resume along with three (3) work and education related references to:

Irvin George, Band Manager

Wahnapiatae First Nation

36 Loon Way WFN

Capreol, Ontario

P0M 1H0

irvin.george@wahnapiataefn.com

Anishnawbek and First Nation members are encouraged to apply

NOTICE

**Please be advised that Wahnapiatae First Nation abides by the
Ministry of Natural Resources Fire Bans**

**Anyone not complying with these guidelines are subject to fines
and may be liable for all costs**

associated with the fighting of a fire that they have caused

If there is a fire ban in place please do not light a fire

**Respect Mother Earth and Your Loved Ones
Chief Myles Tyson**

It's time to COMPOST!!!



Wahnapitae First Nation is proud to announce that we will begin the distribution of green carts and kitchen containers for composting. Community members will be asked to come to the band office and pick up their carts. Please come and see Cheryl or Christian anytime during office hours! We look forward to seeing all of you!!



Wahnapiatae First Nation's Composting Guide



Composting doesn't just end at the curb...that's just the beginning.

Organics, food scraps and food soiled paper products are a RESOURCE...NOT A WASTE!

At one time, WFN did not have any composting initiatives, now that we do, we need to ensure we do it RIGHT. Thanks to the large interest of many community members during the 2012 Open House, all residents of Wahnapiatae First Nation will be provided a green cart and kitchen collector in order to promote composting! However, it is up to us to follow some simple rules. One of the most important rules is to ensure that bio degradable bags are used. This allows our Waste Diversion Technicians (Paul and Ed) to simply add the compostable material to the organic composting pad situated at the landfill and not have to sort out the non degradable plastic bags.

Every time you place organic material in your green cart you accomplish at least three good deeds for the community:

1. You are diverting waste from our landfill and extending its life.
2. You are ensuring that biodegradable materials can be used and reused to their fullest.
3. You are helping to save energy!

Lots of people wonder about the benefits of composting. Here are a few examples:

1. It's free and renewable!
2. Improves and replenishes soils.
3. Protects ecosystems, enhances germination of trees and fuels plant growth.
4. It's environmentally friendly!

We have included a sticker that you can place on your garbage can to help you remember what goes in the green cart. In order to ensure that there are no contaminating materials in our composting pad, we will also be placing small stickers on your green cart when non compostable items are found during curbside collection. Households that exceed 3 stickers on their green cart will be provided a written notice and will be asked to meet with our Waste Diversion Technicians to clarify what can be composted.

WFN has hired two Waste Diversion Technicians to complete the curbside composting pickup on Tuesday and Thursday of every week. Community Members will also have the opportunity to personally drop off their composting during the landfills operating hours. The WFN Waste Diversion Technicians have developed a composting pad at the landfill to promote personal gardens, flower beds, etc. Community members will have the opportunity to use the composting material at the landfill site for personal use. We ask that you please contact our Waste Diversion Technicians for assistance. If you have any questions or concerns, please talk to Ed or Paul.

Chi Miiqwetch Paul MacDonald & Ed Roque.

WFN Land Use Plan – Community Feedback Form 2012

Resource Management Objective	WHAT IS IMPORTANT TO YOU?
<p>1. Cultural Heritage</p>	<ul style="list-style-type: none"> - Identify “internally” and protect WFN sacred traditional sites - Cultural sensitivity workshops/training mandatory for staff and council - Live our daily lives according to traditional practices as much as possible - More research on WFN on all aspects - Seven teachings should be taught or incorporated with employees - Cultural teachings, language immersion, camp/day - Elders council - Traditional knowledge practices workshops - More teachings on WFN history - Cultural language and teaching incorporated in signs - Medicinal plant teachings - Use of Anishinaabemowin as much as possible - Language—signs in offices - During Youth Group sessions in summer teach kids about their culture and heritage - Have Ojibwe classes and teach the language to our youth - Areas for traditional living practices
<p>2. Aquatic Ecosystems & Fish Habitat</p>	<ul style="list-style-type: none"> - Field work on the lake about our fish and plants to find out about what’s living there. - Development of a fish hatchery (2) - Fish live (or liver???) study - Ban netting for a period - Community water supply - Protect our fish for our future - Traditional knowledge practices and monitoring of fish netting - Invasive species advanced knowledge
<p>3. Biodiversity</p>	<ul style="list-style-type: none"> - Preserve WFN ecosystems as they are - SARA assessment on Lichens/Mosses/Plants - Protect plants and plant signage and plaques - Traditional knowledge/practices on plants/medicines - “farm” sweetgrass and cedar as medicines
<p>4. Wildlife</p>	<ul style="list-style-type: none"> - Keep our wildlife habitat as natural as possible....we do not need more extinct species - Keeping our wildlife safe and happy...and their families - Importance of wildlife!! Keep safe - SARA-wolverine-list - Tie dogs! - Teachings on wildlife - Do not feed the wildlife, support their natural instincts - Protect the moose - Traditional knowledge practices - Hunting practices/preservation - Keeping the forest for wildlife
<p>5. Forest and Resources</p>	<ul style="list-style-type: none"> - Keep our forests safe for animals homes and our food - Incorporate policy for signage within WFN—not nail posting in trees - Preserve natural habitat as much as possible for animals and people - Cutting birch, replanting pines - Cutting out deceased to make new growth - Traditional medicines - Protect our trees - Replant tree along roadways



Elementary

Middle School

High School

Congratulations all W.F.N. Students

Let's celebrate the success of completing another year of school with a

PIZZA PARTY & GO KART family outing

Friday, June 29, 2012



4:15 p.m. bus departs to PIZZA HUT

6:15 p.m. arrive at SUDBURY KARTWAYS

Students under 10 must be accompanied by a parent/
guardian.

Students age 10 & over may attend with written permission.

Please confirm with Debbie at the Band Office 705-858-0610
by Friday June 15 at 11 a.m.

(Go Kart riders must be 8 years old to ride alone)

Ecole

Catholic School

Grade School

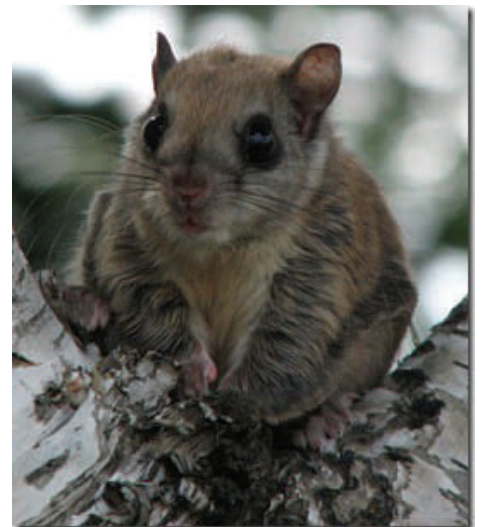
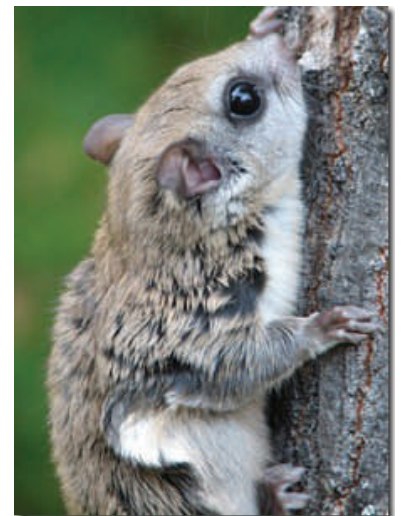
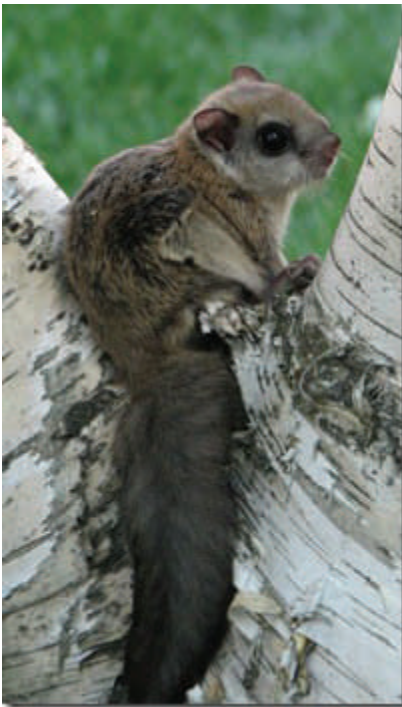
Public School

Thomas the Flying Squirrel

Joan and (Little Paul) Recollet found Thomas the flying squirrel on their lawn underneath a maple tree. He was a tiny baby who was abandoned by his mother. Joan and Paul fed him for a week and brought him to Animal Rescue in Lively where he has matured and found a mate.

Way to go!

Joan & Paul



CHILD & YOUTH ACTIVITIES – June

Kids Activities



Making Tobacco Ties Tuesday, June 5, 2012 4-6 p.m. in the Gazebo

-Please join Debbie in making tobacco prayer ties in the gazebo. Bring your good thoughts and smiles.

Cookie Baking Thursday, June 7, 2012 4-6 p.m. in the Gazebo

- By request we will be cooking together. Baking cookies.



Mom's & Tots Activities

Cooking with Nookmisag – Tuesday, June 12, 2012

10 am – noon in gazebo

This month we will be cooking with Annabelle McGregor. She will be demonstrating how to make Salmon Pie. We will enjoy lunch together. Kids can play while we cook.

Chi-Miigwech to Evelyn Williams who taught us how to make Granny Cake and Mac n Cheese Casserole.

Zumba Outings

Weekly outings will continue for June. However the outings will be reduced to twice per month for the summer months of July and August. *Please note you can sign out the passes and attend on your own. You can carpool with any others interested in attending.*



EVENTS

- Kids—Tobacco Tie
June 5 4-6 p.m.
- Kids Cookie Baking
June 7 4-6 pm
- Moms / Tots
June 12—activity TBA

**Wahnapiitae First Nation
Child, Youth & Family Programs**



Contact:
Debbie Plain-McGregor
Child & Youth Worker
705-858-0610 ext. 117 Email: debbie.pmcgregor@wahnapiitae.n.com

June 2012

- Bingo June 13
Nutrition Bingo Fire-hall 5:30 pm
Canteen 5 pm
- Zumba Outings
Mondays
June 11, 18 & 25
Wed
June 6
Leave 6:30—8:30
Call to book van seat
JULY/AUGUST—only
2 x PER month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
		Kids Tobacco Tie—4-6 Gazebo	Zumba Outing 6:25	Kids Cookie Baking 4-6		
10	11	12	13	14	15	16
Home Visit & Support JUNE dates, please Call to book your appointment with Debbie 705-858-0610 ext. 117	Zumba Outing 6:25	Mom's & Tots 10-12	Nutrition Bingo 5:30 Canteen 5	14 Home Visit & support * call for appt.		
17	18	19	20	21	22	23
Aboriginal Day OUTINGS June 20 leave 5 p.m. to Memorial Park June 21 leave 10 a.m. to Bell Park	Zumba Outing 6:25		20 5pm Aboriginals Got Talent Kickoff	21 10 a.m.—7p.m. Aboriginals Got Talent Bell Park		
24	25	26	27	28	29	30
Pizza Party & Go Kart June 29—4:15 pm	Zumba Outing 6:25		Biggest Loser Challenge start * reminder	Home Visit & support * call for appt.	Pizza Party & Go Karts	

Passes Available for Sign Out

Currently there are **ZUMBAVIBE PASSES** and Howard Armstrong Rec. Centre **SWIM PASSES** available for community to sign out.

Please see health staff in the Health Trailer if you are interested. You must be 18 years of age to sign out the passes, as you must be responsible and ensure to return the pass once finished.

Keep Active!! Work that Body!!

