

Wahnapi'tae First Nation



Wahnapi'tae First Nation Community Newsletter

Waabagaa
Giizis
'Changing
Leaves Moon'
August 2013

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Chief & Council Corner

Next Chief and Council meeting is scheduled for September 17th 2013 at 5:00 PM

Reminder to members: submissions to Chief and Council are to be made no later than **SEPTEMBER 9th @ 4PM**, this is a standard 7 work day review period as per our Governance Policy, failure to submit on time may result in your request being held over till the following meeting. Miigwetch for your cooperation. - WFN Administration

POW WOW MIIGWETCH

Miigwetch to the Cultural Coordinator and Pow Wow Committee and to all volunteers for their outstanding job and pulling together in such a short period of time. Again we thank you for the excellent outcome and huge success of WFN Pow Wow.

Chi Miigwetch for all your hard work

Submission deadlines are the third Friday of every month. Newsletter Submissions should be emailed to: Stefanie.recollet@wahnapiataefn.com

Wahnapiatae First Nation Band Office
259 Taighwenini Trail Road,
Capreol, Ontario P0M 1H0
Phone # 705-858-0610 Fax # 705-858-5570

WFN COMMITTEE CALL OUT

The following committees are being established;

- Governance Procedure Policy
- Constitution Committee
- HR Policy Committee

Chief & Council invite any interested members who wish to participate to submit their letter of Interest, by September 30, 2013. For more information please contact Larry McGregor @ 705-919-1265. Miigwetch!

Aanii Members

August was an exciting month as we held our 18th Annual Pow Wow, "Ga-Mnaadenmaanank Gdi-Wesiimnanig De-Bniziwinwaa" (Honouring the Animal Rights). Congratulations to all of the elders, participants, community members and leadership for yet another successful Pow Wow. Special thanks go to Crystal Osazaamik, Cultural Coordinator, for a job well done, considering the short planning time frame and limited budgets.

Speaking of budgets, Chief and Council met with KPMG, our auditors, to discuss and review the most recent Band Audit (Fiscal 2012-2013) and to accept and approve the draft financial statements (Band Council Motions BCM 13/14 #59 to 61). Chief and Council anticipate presenting the Band's audit at a Special Membership Meeting October 19th. Band Members should know that they can obtain the statements before the meeting and under the Federal Act Bill C-27 that they can request a copy of the Consolidated Financial Statements at any time. The auditors will be present at the meeting to answer questions of the band's audit.

Hans Matthews
Councillor

Chief & Council Invite all community members to a presentation on

Framework Agreement on First Nation Land Management Regime

Thursday, September 12, 2013 at 5pm
Maan Doosh Gamig Hall

Representatives from First Nation Land Management Resource Centre will be doing a presentation on the Framework Agreement on First Nation Land Management and the process for becoming a signatory.

Light refreshments and snack will be provided

For more information contact:

Peter Recollet - Director Sustainable Development

Peter.recollet@wahnapitaefn.com

Band office: 705-858-0610



FALL HOURS

Effective Tuesday September 3rd

RESTAURANT

Monday – Thursday: CLOSED

Friday: 11AM – 8PM

Saturday – Sunday: 9AM – 8PM

GAS BAR OPEN 7 DAYS A

WEEK

9AM – 8PM

Sorry for any inconvenience this may cause.

Miigwetch to our Summer Students

Chief and Council and all of the staff here at Wahnapitae First Nation would like to send out a big thank you to all our summer students, Rebecca Osawamik, Paul Recollet (Little Bear), David Guimond, Zachery Roque, Jeremy Pettifer, Nicholas Recollet, Hailey McGregor, Marnie Anderson for the outstanding job and dedication they promoted while being employed as a summer student here at the Wahnapitae First Nation Centre of Excellence.

Chi Miigwetch

Have a great school year



From Left to Right: Paul Little Bear Recollet, Zach Roque, David Roque, Rebecca Osawamick, Jeremy Pettifer, Nick Recollet

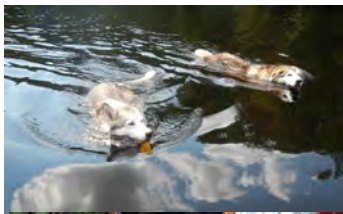


WFn North River Canoe Trip 2013



10 people set off on August 27th 2013 and drove all the way up the North River, past the third bridge and got dropped off with their canoes & gear. Along with them they brought a beaver pelt, symbolic of our fur trading past. The destination for this pelt would be the old Hudson Bay Post which stood at the mouth of the North River in 1822/23. In an effort to recreate the nature of the relationship between WFn ancestors and the traders of the day they would transport this pelt down the historical North River route.

The first day, the canoers got a late start so they did about 5km and then set up camp. The thunderbirds were supposed to visit, according to the weatherman, but they must've had somewhere better to go. It ended up being beautifully clear for the entire trip.



The next day they covered a lot of river! 30kms! All braved the rocky rapids, where; the majority of the group took turns tipping. (The rescue portion of the canoe courses from earlier this month came in handy.) The youth were exhausted after all that. At the second campsite we had some visitors from the community that decided to campout along with the canoers. Councillor Larry McGregor who had been spotting for the crew all day treated the youth to a movie night, bush style! He put up a sheet and used the projector off his video camera to show highlights of the day's canoeing adventure. It was a perfect way to see any 'slips' and to show the progress in the paddling techniques from earlier in the trip.



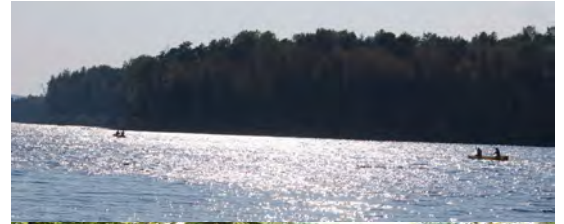
WFN North River Canoe Trip 2013



Of course the youth had time to get some swimming and sand castle building in!



The food was marvelous; comprised mostly of campfire classics, but, on the last morning, the canoers were treated to Peter's blueberry pancakes and smoked ham! Bill Buchan, one of our eldest canoeists, joked that our company has been spoiled by all this 'glamp'ing! (Glamourized camping). But once again they *needed* their energy! For that day



it was 16Kms against the wind to the mouth of the North River & into Lake Wahnapitae. From there; only 2 canoes continued to battle the white caps of the Lake and paddled all the way up to the docks of Rocky's Restaurant.



This trip was purposed to help re-establish the connection to the land, and to the ancestors. The youth enjoyed themselves all the while learning how it was to live without the luxuries of today (even though they were accused of glamping!), perhaps next year they will have to pack lighter to thwart such accusations.



-Stefanie Recollet,
Research Coordinator

Chi'Miigwetch to all those who helped make the trip possible. Councillor Larry McGregor, Walley McGregor (our guides & spotters), Bill Buchan, our senior canoeist, Peter Recollet, Director of SD, & everyone else, especially our youth for being so awesome!





Shkagamik-Kwe Health Centre Group Intake Forum



REMINDER!!!!

The first information and intake forum hosted by SKHC and WFN will be held at the Centre of Excellence—Maan Doosh Gamig on

Wednesday September 18, 2013 from 2-4 PM and 5:30 to 7:30 pm.

This session will be for all WFN members and their families, and will include and information package, group intake forum, and a description of services to be provided. New primary care clients will be registered with SKHC during the day as well.

All attendees will be required to register for this session by calling 705-675-1596 ext 200 or 240.

FASD 10h!1

WITH JEFF NOBLE
OF FASDFOREVER.COM

HOSTED BY:

**N'Swakamok Native Friendship Centre
and Shkagamik-kwe Health Centre**

**110 Elm Street
N'Swakamok Native Friendship Centre
Monday September 16th 2013
10am - 2:00pm**

LUNCH PROVIDED.
EVERYONE IS WELCOME TO ATTEND.

FOR MORE INFO OR TO REGISTER CALL:
**Teresa McGregor 705-674-2128 ext 258
or Carolanne Cheechoo 705-675-1596**



Shkagamik-Kwe
HEALTH CENTRE



FASDFOREVER.COM

FASD is forever, frustration is not

WFN YOUTH UPDATES

SAFETALK & PHOTOVOICE TRAINING



Congratulations to WFN Youth representatives Paul Little Bear Recollet and Zacharie Roque and chaperone Joan Recollet who attended SAFETALK AND PHOTOVOICE training in London on August 21 & 22, 2013. The training sponsored by Nisnawbe Aski Nation (NAN) featured fun, interactive hands on learning. They each received a certificate in SafeTALK (Suicide Alertness For Everyone). The Photovoice training was a Life Promotion Photovoice project introducing the change to use photography as communication, art and a tool for making change in the community. Paul and Zach each received a Nikon Coolpix

digital camera to use their VOICE: Voicing, Our Individual, Collective, Experience -- a process in which people spur change. Way to go guys! Good job representing WFN. and Thanks to Joan Recollet for volunteering to step in as chaperone as the training was held at the same time as WFN Daycamp Summer End trip and I was unable to attend. Great Job Joan for being in a new city and supporting our youth.

- Debbie



Did you know that these opportunities were posted on the WFN Youth fb group? Get involved! Join the group to learn about upcoming opportunities.

Anishinabek Nation Eskenijig Engagement

The Anishinabek Nation Eskenijig Engagement conference was held August 20-22nd and provided an opportunity for Anishinabek youth to gather and become active participants in Restoration of Jurisdiction initiatives while taking part in a holistic learning experience in nation building. Only one designate from Wahnapiatae attended since the youth group's year end trip was happening during the same time, as well as the training for PHOTOvoice in London . Workshops included; First Nation Constitutional Development, education/Governance Agreements, Anishinaabe Chi-Naakngewin, Language, and the Anishinabek Education System. On the last day the youth participated in a traditional election for two interim youth representatives for the UOI council. Also on the last day they had a visit from the Provincial Minister of Aboriginal Affairs during which time they were able to have a question & answer period with him, asking some pretty tough questions regarding the environment, budget cuts, the education system curriculum, and commitment to Anishinabek youth.



WFN Youth Stefanie Recollet with the Treaty of Niagra Wampum of 1764. After receive teachings on Governance agreements.

-S.R.



Deputy Grand Council Chief Glen Hare address youth at Beaucage Park Eshkenijig Engagement.



Nathalie Restoule from Dokis and Quinn Meawasige (Serpent River) are the two new interim youth reps

Mocc Walk 2013 Update



The Diabetes Program of Ontario Native Women's Association would like to congratulate you for your efforts in the 2013 Mocc Walk. It was a success beyond our expectations with 1362 walkers across Ontario participating, and this has given us the encouragement to continue with our annual Mocc Walk.

At one time, diabetes was unknown in First Nation, Metis and Inuit communities. Now, current statistics show 1 out of every 4 Aboriginal People will be diagnosed with type 2 diabetes by the year 2016. These rates vary from province to province, and from community to community. This means that some areas rates are far more than triple the national average, whereas others are lower. Approximately two thirds of those Aboriginal people diagnosed are women.

Complications from this chronic disease are serious and can lead to kidney disease, cardiovascular illness, blindness or amputations. **If you are physically active, you are less likely to develop type 2 diabetes.**

Physical Activity also helps to keep your blood levels controlled, not only that, but being active helps you deal with lifes' problems, such as stress. Walking also helps keeps your weight down., gives you more energy, tones and builds muscles, and lowers your chance of heart disease (which is a serious problem for those with diabetes, especially if they smoke). So walking and exerising is a well worth effort.

Although prizes were awarded to the top walkers and teams, everyone who participated is a winner, by keeping themselves healthy, and creating a better lifestyle for themselves and those around them. Just remember, it is important for you to stay active all year long, even if you are disabled or injured. Activity can make you more healthy and feel better, just don't forget to listen to your body.

Remember, change your lifestyle and you can reduce the effects of diabetes altogether.

Received from the Ontario Native Women's Association

Wendy Tyson - Community Wellness Worker

**Chi Miigwetch
to everyone for all of your support
in the Cultural Advisory Committee's
fundraising efforts.**

**We managed to raise \$1,241.50
which went towards various
2013 Pow Wow Specials
(penny table items and supplies)**

**We will continue to fundraise
towards our 19th annual Pow Wow
through 50/50 draws. special bingo games etc;**



Mmmmm..... Cabbage Roll Dinner

**For Seniors 50 years or Better
Thursday, September 26, 2013
5:30 pm
at the gazebo**

**If you are a senior and would like to attend
please call Wendy at 705-848-0610 ext: 219**

NUTRITION

BINGO

Thursday, September 12, 2013

at the

Maan Doosh Gamig Hall

Bingo starts at 5:30 pm

Fundraiser Canteen opens at 5:00 pm





WAHNAPITAE FIRST NATION

Ga-Mnaadenmaanani Gdi-Wesiimnanig De-Bniziwinwaa



WFN 18th ANNUAL



This years theme was ‘Honouring the Animal Rights’



TRADITIONAL POW WOW



A full report on powwow will be released in October's newsletter



WAHNAPITAE FIRST NATION



News Release: First Nation

Month Year

Wahnapiatae First Nation, in partnership with the Anishinabek/Ontario Fisheries Resource Centre (A/OFRRC), will be conducting an electrofishing survey in Post Creek from August 27 to August 29. This survey will assess the fish community within Post Creek to determine the presence and abundance of fish species within the creek.

Post Creek is a relatively large creek that flows throughout the traditional territory of Wahnapiatae First Nation and drains into Lake Wanapitei. This electrofishing study will be complimented with a fall survey for benthic invertebrates, which can be used to assess aquatic ecosystem health. By collecting information on the fish and benthic communities within Post Creek, we will be able to assess the overall health of Post Creek.

The A/OFRRC is a not for profit organization that serves as an independent source of information. The Centre provides information and recommendations for sustainable fisheries management, reports on stock status, evaluates stresses on fish populations and habitats, and offers technical support.



For more information contact:

Andrew Ecclestone , Fisheries Biologist — Anishinabek/Ontario Fisheries Resource Centre
(705) 472-7888 extension 5 aecclstone@aofrc.org



WFN Fisheries Management Plan Information and Input Session



WFN, in partnership with the Anishinabek/Ontario Fisheries Resource Centre (A/OFRFC), will be developing a **Fisheries Management Plan** that will aim to gather information on the state of fisheries within our lakes and rivers. It is important that the Fisheries Management Plan takes into account the main issues and concerns of the community.

We invite all community members to join us for an information and input session



Monday, September 16th, at 6:00 pm,

in the Center of Excellences' **Maan Doosh Gamig Hall.**

A short presentation by Andrew Eccelstone, a representative from A/OFRFC, and Cheryl Recollet, will highlight past work done with WFN as well as provide a framework for the Fisheries Management Plan and raise possible issues and challenges. This will be followed by an open forum discussion where community members can raise concerns and help to prioritize monitoring and management initiatives for future studies.

Beverages and snacks will be served!





UpComing Events from WFN Fire Department

On **Oct 5/13** the fire department is having our annual yard sale/turkey shoot/BBQ fund raiser. It is open to all ages with five categories.

- Male and female under fifty.
- Male and female over fifty.
- Children under twelve.

It **begins at noon and ends at 4 pm.** At the bottom of the big hill in the pit.

Prizes will be given at the fire hall at 4.30 pm.

Any donation to the yard sale would be gladly appreciated. Any donations of gifts for prizes would be appreciated.

Thank you,
Fire chief
Nolan Roque



Come on out & support our WFN Fire Department!

WANA-JIJI (COMMUNITY CLASSIFIEDS)



Hi... I'm looking for a sitter for Tuesdays (occasional Wednesday) and Sunday nights for the school year. If interested please call Rose @ 521-2393 or stop by 161 Loonway Road... thank you ! :)

WANTED: Childcare for 2 , THURSDAY EVENINGS 5PM-8:30 PM, 20\$ straight up. Call 705-858-3303 & If Possible Monday evenings 5PM-8:30PM. Either or both.



HOUSING DEPARTMENT UPDATES

Aanii members

Hope everyone had a great summer this year. Just a heads up to let everyone know that we have broken ground and started to build another Triplex. This new unit will allow us to have three-two bedroom units available for rent towards the end of this year. Again these units will be of a high efficient, excellent looking, quality design.

If there are any members that are looking to move and live on Wahnapiitae First Nation, please contact the Community Development Officer at the Band Office.

Here is wishing everyone all the best.

Al Armstrong
Community Development Officer



HOUSE FOR SALE

HOUSE FOR SALE: 237 LOONWAY ROAD-WFN -WATERFRONT

THE RESIDENCE AT 237 LOONWAY WILL BE UP FOR SALE TO THE HIGHEST BIDDER. ALL BIDS WILL BE SEALED BIDS AND WILL BE REVIEWED WHEN THE CLOSING DATE EXPIRES.

TERMS OF SALE:

THE MINIMUM BID WILL START AT \$ 35,000.00

ALL BIDS WILL BE ACCEPTED IN A SEALED ENVELOP MARKED **HOUSE FOR SALE BID-DO NOT OPEN**

THE SALE WILL BE CASH ONLY

THE RESIDENCE CAN BE REVIEWED PRIOR TO BIDDING

A CERTIFICATE OF POSSESSION WILL BE ISSUED ON THE UNIT WHEN THE SALE IS FINALIZED.

ONLY BIDS FROM MEMBERS WHO DO NOT OWN HOMES ON RESERVE OR HAVE A PIECE OF PROPERTY ON THE RESERVE WILL BE ACCEPTED.

BIDS WILL BE ACCEPTED BY SEALED ENVELOPES NO LATER THAN OCTOBER 10, 2013 AT 4:00PM. ALL BIDS TO BE DELIVERED TO LEILA ROQUE AT THE BAND OFFICE.

MEMBERS CAN CONTACT AL ARMSTRONG AT THE BAND OFFICE TO VIEW OR ASK QUESTIONS. 705-858-0610 x 210



Kinoomaagewgamig aabjichkanan

School thing(s)



Mshkimod



Gpagaa mzinigan



Dbagan



Gbagaa mzinigan



Gaasiibiigan



Mzinigan



Mshiimin



Zhibiiganaatig



Tisgansan



Gooksigan



Sipnigan



Maandooschigan

Gwiwnan

Clothes



Bibgwiwyaan



Biitoomiiknodens



Miiknod

Special Edition



Mkiznan



Mdaas(an)



Aaptaa-miiknod

Practical
Our
Anishinaabemowin

DibAAjIMOOWINAN

GEZHTOOJIG EMPLOYMENT & TRAINING

SEPTEMBER WORKSHOPS

- Program & Services.....**Tues. Sept. 03, 2013
(Second Careers & Apprenticeships)
- Interview Skills.....**Thurs. Sept. 12, 2013
- Resume & Cover Letter.....**Thurs. Sept. 19, 2013
- Job Search.....**Thurs. Sept. 26, 2013

(10:00 a.m. - 12:00 p.m.)



Monthly Draws... Fifty Dollar-
Wal-Mart Gift Certificate
Refreshments
Snacks

Stay Current & Updated... Register Today!

Contact: Kim...705-524-6772

(kmurry@gezhtoojig.ca)

WE ARE LOCATED NEXT TO...

HardRock42-Gastro Pub, Day's Inn

117 Elm St., Unit 102, Sudbury

Parking Available





WFN SCHOLARSHIPS

SUDBURY
INTEGRATED NICKEL
OPERATIONS
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Wahnapitae First Nation Sudbury INO Post Secondary Scholarship Fund

Limited Qualified Candidates to Receive up to \$10,000 each toward Post Secondary Studies

Both the Wahnapitae First Nation and Sudbury Integrated Nickel Operations (INO), a Glencore Company, believe in the importance of a good education for Community members for the betterment of both Wahnapitae First Nation and operations in the Sudbury area. Sudbury INO, through a formal agreement with Wahnapitae First Nation in 2008, has sponsored an annual scholarship fund to support post-secondary education and training programs. The scholarship fund is aimed at assisting community members of the Wahnapitae First Nation to pursue careers in the mining related and mineral processing field.

Both Wahnapitae First Nation and Sudbury INO have established a joint Human Resources Working Group to develop the criteria and mechanisms to select candidates and to administer this scholarship fund.

Scholarship Details

The Human Resources Working Group will determine eligible candidates. The annual scholarship is awarded annually to up to 3 (three) successful students, up to a maximum of \$10,000 per candidate per year. For scholarship recipients to continue to receive an annual scholarship, they must RE-APPLY ANNUALLY. The scholarship will be awarded to qualified Wahnapitae First Nation Community members (those who are a band member of the Wahnapitae First Nation or the spouse and/or children of a band member on-reserve) who are enrolled in a post-secondary mineral industry related school program.

Should vacancies still remain, applicants in other fields of studies related to mining support groups may be considered.

Eligibility Requirements

Applicants must meet the following requirements:

- Must be a Wahnapitae First Nation community member (a band member of the Wahnapitae First Nation and/or the spouse and/or children of a band member on-reserve);
- Full time student at an approved Post Secondary institution (College, University) in a program related to the Mining industry **or Mining industry support services**;
- Submit a letter to the Wahnapitae First Nation-Sudbury INO Human Resources Working Group requesting the scholarship along with a brief description of your education program, with a one page essay on your career aspirations;
- Provide a letter of reference from a current teacher/professor, Elder or mentor.
- Provide Proof of Academic Record (transcripts for previous year);
- Letters of application to be submitted no later than September 30th, 2013 by 4:00 p.m. to be considered in the up-coming semester & year, and Awarded October 15th of each year.

WFN SCHOLARSHIPS

SUDBURY
INTEGRATED NICKEL
OPERATIONS
A GLENCORE COMPANY

Who will be Chosen?

The Wahnapitae First Nation-Sudbury INO Scholarship will recognize academic excellence and community spirit. Successful recipients will be well-rounded students who are active participants in the First Nations communities, and who have a keen interest in the earth sciences, mining, engineering/technical and environmental studies. **Other Mining Industry support services may be considered.**

There are no restrictions preventing scholarship recipients from receiving other grants or awards or income from other sources. Financial need will not be a factor in choosing a recipient. Selection will be based solely on the information and references provided with the letter of application. The Wahnapitae First Nation Sudbury INO Human Resources Working Group will choose recipients from all applications.

For Submission and Information, Please Contact:

Chairperson

Wahnapitae First Nation Sudbury INO Human Resources Working Group

Wahnapitae First Nation

36 Loon Way Road

Capreol, Ontario

Phone: (705) 858-0610

Fax: (705) 858-5570

peter.recollet@wahnapitaefn.com

SUDBURY
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OPERATIONS

A GLENCORE COMPANY

Glencore Canada Corporation

100 King St. West, Suite 6900, P.O. Box 403, Toronto, Ontario, Canada M5X 1E3

Tel +1 (416) 775-1500 Fax +1 (416) 775-1744 www.glencorexstrata.com

SCHOLARSHIPS OF THE MONTH

Canada's Luckiest Student 2



Canada's Luckiest Student 2 is the greatest student prize in Canadian history, and it just keeps getting better!

Alexander Academy Scholarship



The Alexander Academy is offering 20 scholarship for one FULL year of tuition (\$13,500) to deserving students based on academic achievement, extra-curricular participation, good citizenship and leadership.

Tip from a grad: Check with your educational institution, most have in-house bursaries, Check deadlines early so you don't miss out!!!



Wabagaa Giizis – Changing Leaves Moon - September 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Bezhik	2 Niizh	3 Nswi	4 Niivin	5 Naanan	6 Ngodwaaswi	7 Niizhwaaswi
8 Nshwaaswi	9 Zhaangswi	10 Mdaaswi	11	12	13	14
	C&C submission deadline		F.N. Land Management Meeting 5:00PM	BINGO 5 PM @ COE	Good Food Voucher p/lu	
15	16	17	18	19	20 Niizhtaana	21
	FASD Workshop – Sudbury FISHERIES MNG PLAN 6pm	Chief & Council Meeting 5:00PM	SKHC GROUP INTAKE		NEWSLETTER SUBMISSION DEADLINE	
22	23	24	25	26	27	28
				SENIORS DINNER 5:30 PM Gazebo		
29	30 Nsimtaana					
INO SCHOLARSHIP DEADLINE ->	COMMITTEE CALL OUT CLOSES					