



Wahnapiatae First Nation Community Newsletter



Manidoo Giizis 'Spirit Moon' January 2015

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Our powwow grounds sleep under a fluffy blanket of snow awaiting the beat of the thunderbirds wings to return in the spring.

Photo Credit: Juliette Scott



Public Announcement: Wahnapiatae Lake Not Yet Frozen!

Year	Date
1995	Dec 13
1996	?
1997	Dec 30
1998	Jan 12
1999	Jan 5
2000	Jan 14
2001	Dec 23
2002	Feb.1
2003	Jan 6
2004	Jan. 8
2005	Dec. 18
2006	Jan 16
2007	Jan. 21
2008	Jan 13
2009	Jan 1
2010	Jan. 12
2011	Jan. 5
2012	Jan. 14
2013	Dec. 16

It almost time to start snowmobiling and with the promise of more snow and cold weather we are looking forward to hosting you, our friends and family, at Rocky's Restaurant & Marina.



Beware - thin ice

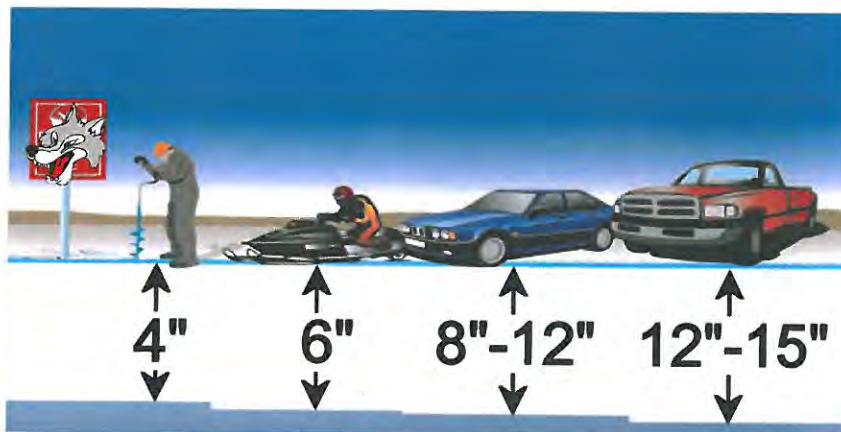
Until then, we want you to know our area lakes are not safe. Wahnapiatae lake is freezing over as we speak. While other lakes in the area may have sufficient ice to travel on our Lake Wahnapiatae is not safe. Please listen to the Greater Sudbury Trail Association for updates on trails opening on the lake.

This is a safe sledding message from Wahnapiatae First Nation

Regards,

Wahnapiatae Administration

Remember to make sure you know the thickness of the ice on waterways that you venture out onto, whether it is walking or riding in or on a vehicle.



LITTLE NATIVE HOCKEY LEAGUE 2014
Mississauga Ontario
March 16-20 2014

ATTENTION HOCKEY PLAYERS AND PARENTS

It's that time of year again, Little Native Hockey League will be held again in Mississauga Ontario, on March 16-20, 2014.

In the past years most of our children have played for Atikameksheng First Nation, this is a notice to Players that if you are interested in playing for them again this year, please contact Amanda Jourdian at 705-692-3651 ext 231. Miigwetch,

Wahnapiatae First Nation

January Cultural Event

1st Annual Round Dance



Date/Time: Friday January 23rd, 2015 6pm-2am

Maan Doosh Gamig, Wahnapiatae Centre of Excellence

MC: Darren McGregor

PIPE CARRIER: TBA

STICKMAN: Bryden 'Gwiss' Kiwenzie

Invited Lead Singers

- Wayne Moberly
- Meeg Snake
- Brennan Govender
- Rodney Stanger
- Eli Stevens
- Lester K Mianskum
- Gabe Gaudet

Pipe Ceremony at 6:00pm

Feast at 7:00pm (please bring food donation by 6:30pm so it can be smudged and prayed for)

Round Dance to follow

All Round Dance singers welcome. Lead Singers will be paid honorarium, all singers will be acknowledged. Stickman will choose lead singers.

Midnight snack. Concessions stand open all night. 50/50s and Raffles all night to assist with singers honorariums.

Invite your friends! Bring your family and relatives.

Liz Eshkibok

Cultural Coordinator

**Wahnapiatae First
Nation**

259 Taighwenini Trail Road
Capreol Ontario
PoM 1H0

Phone: 705-858-0610 ext. 209

Fax: 705-858-5570

E-mail:

cultural@wahnapiataefn.com

Always a good time at Wahnapiatae First Nation!

Sponsored by the Wahnapiatae First Nation Cultural Department

This is a Drug & Alcohol-Free, Family-friendly cultural event.

COMING SOON Youth Movie Day

WFN Children / Youth!!!!

Movie Night to be held
at the Centre for Excellence
—Maan Doosh Gamig hall

**On Thursday, January 29, 2015
5:30 p.m.—7:30 PM**

Come out and spend the evening
for a movie on the big screen
and have some popcorn with your
friends.

**Movie!
Pizza!
Popcorn!**





NUTRITION BINGO



THURSDAY, January 8, 2015

5:30 PM - 7:30 PM

MAANDOSH GAMIG HALL

EVERYONE WELCOME!

REMINDER:

Good Food Box orders and payment are due by Wednesday, January 14, 2015 at 3 pm.

Pick up good food boxes on Wednesday, January 21, 2015 by 4:15 pm. If you can not pick up your order please make arrangements for someone to pick up your order for you.

Contact Wendy at
705-858-0610 ext: 219

Congregate Dining

(for seniors 50 years young or better)

Thursday, January 22, 2015

5:30 pm

Maan Dosh Gamig Hall

Call Wendy to book your seat

Mark your calendar



Healthy Choices Program

COMMUNITY KITCHEN

At Shkagamik Kwe Health
Centre

Wed Jan 21 2015 @ 10-2 p.m. (van 8:45 to 3 approx.)

Wed Feb 4 2015 @ 10-2 p.m. (van 8:45 to 3 approx.)

Make and take a full meal to take home & enjoy a home cooked lunch. Childcare is Available.

- **Make and take a full meal to take home & enjoy a home cooked lunch (bring containers)**
- **Enjoy a home cooked lunch**
- **Childcare is available (*must book in advance*)**
- **Great for learning & practicing kitchen skills**
- **Network and support with other parents**
- **Call Debbie to book your space 705-858-7700 ext. 221**
- **Sign up for January or February dates**





**2014 WFN
Christmas
Parade**

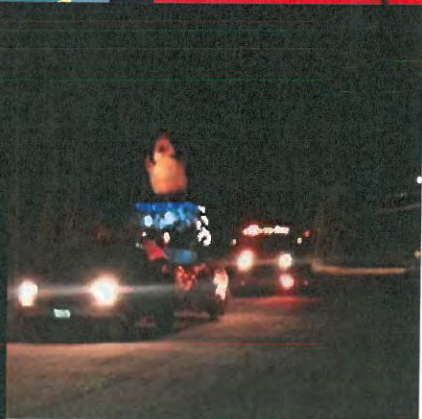


Photo Credits:
Jimmy Prentice & Lori
Corbiere

Youth 4 Action



Canadian Cancer Society Youth 4 Action Program

What is Youth 4 Action?

The Canadian Cancer Society is inviting youth groups ages 14+ from across Ontario to educate their peers about cancer prevention and advocate for policy change in their communities. As part of Youth 4 Action, youth receive training, guidance, and resources, and can also apply to receive a grant of up to \$300 to put towards their prevention, advocacy, and fundraising activities.

What topics does the program cover?

Youth groups are encouraged to select one of the 5 topics below to be the focus of their campaign:

- **Big Tobacco Lies:** Join a movement of youth determined to expose the deceitful and manipulative ways that the tobacco industry markets their products to youth while advocating for a ban on flavoured tobacco.
- **Tanning is Out:** Encourage your peers to embrace their natural glow while protecting their skin from the harmful effects of the sun and tanning beds.
- **The Truth about Food Marketing:** Take a stand against the ways the food industry makes unhealthy food seem cheap, attractive, and accessible, while educating peers about healthier food choices.
- **Get Active, Stay Active!:** Set up opportunities for youth to have fun and get active, while learning about the positive benefits of physical activity on preventing cancer.
- **What's your cancer exposure?:** Educate others about how to protect themselves from being exposed to cancer-causing substances at home, at school, and in our environment. Advocate for policies that will help reduce our exposure to toxins.

What resources are available to students?

At no cost to you, your registered youth group will receive a toolkit related to the topic of your choice, which will include information, resources, and ideas to get you started, as well as posters, brochures, videos, giveaways, and more.

Youth 4 Action Grants Program

Participating Youth 4 Action youth groups are eligible to apply for a \$300 grant to help you create a successful campaign. Apply online at www.cancer.ca/youth4action between February 2-13, 2015.

For more information about Youth 4 Action, please contact:

Monica Bennett (after January 12, 2015)
Senior Coordinator, Cancer Prevention
Canadian Cancer Society, Ontario Division
905-387-4322 x5644 mbennett@ontario.cancer.ca



Canadian
Cancer
Society

Société
canadienne
du cancer

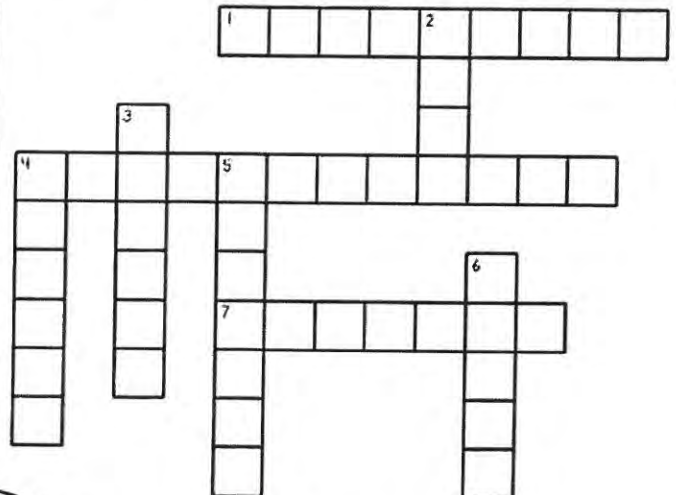
Winter Fun Page



Use the word list and clues to complete the puzzle.

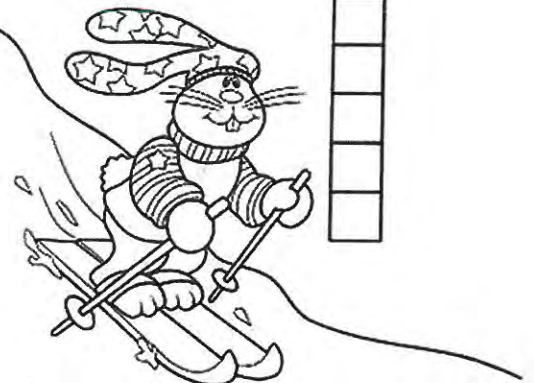
Word List

BOBSLED
 HOCKEY
 SKATING
 SKIING
 SLED
 SNOWBOARDING
 SNOWMOBILE
 SNOWSHOES



Across

- 1. You could use _____ to walk across snow.
- 4. _____ is like surfing on the snow.
- 7. Ice-_____ is done on frozen water.



Down

- 2. Riding a _____ is a fast and fun way to get down a snowy hill.
- 3. You need a stick and a puck to play ice _____.
- 4. Gliding down a mountain with two long boards on your feet is called _____.
- 5. A _____ has metal runners that help it slide down a curvy track.
- 6. A _____ uses a motor to travel through the snow.

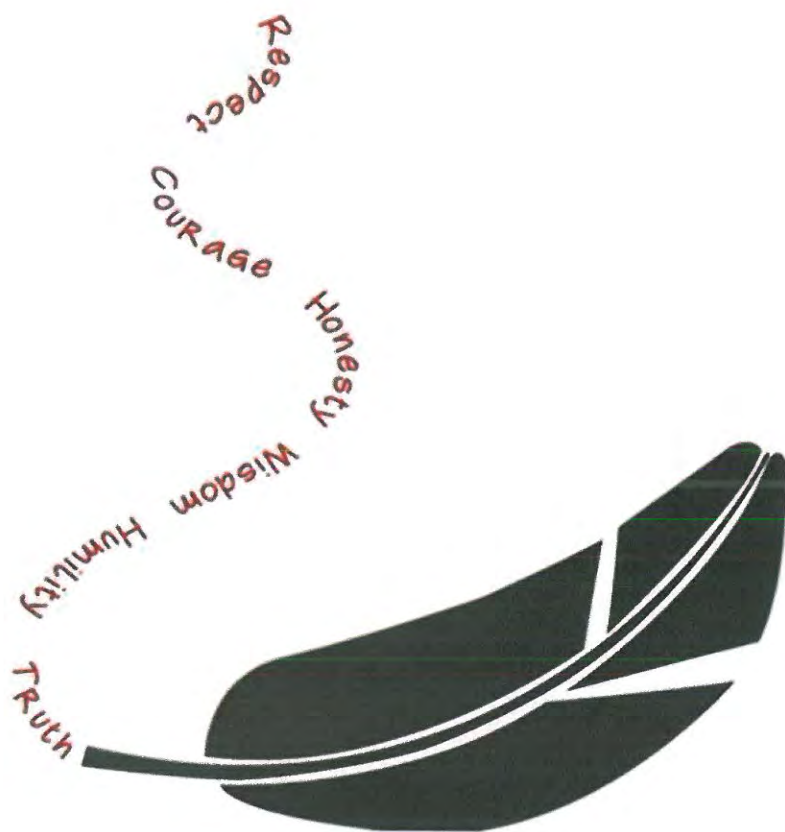


Win Tickets!

As Corporate Members of Science North we won 2 free tickets to any Sudbury Wolves game (your choice).

Call Debbie with the correct number of wolves hidden in this months newsletter & be entered in a draw for your chance to win. Deadline to enter is Friday January 16th.





RED PATH PROGRAM

ADDICTIONS TREATMENT

Coming February!

The Red Path addictions treatment model is an Indigenous holistic approach to healing and self-wellness, to address the physical, emotional, psychological and spiritual aspects of those who participate. We are looking for individuals to participate in our pilot addictions support program.



Open to people aged 30+ years to participate in a support group.

Help with substance use, alcohol abuse and other addictions.

Strengthen your identity and awareness!

Contact Lynn or Marcie for more information or to register.

WAHNAPITAE FIRST NATION HEALTH CENTRE

259 Taighwenini Trail Road

Capreol, ON P0M 1H0

705-858-7700



WAUBETEK

Business Development Corporation

INVESTING IN THE ABORIGINAL BUSINESS SPIRIT
"A Community Futures Development Corporation"



2015 STUDENT BURSARY APPLICATION

Waubetek is committed to "Investing in the Aboriginal Business Spirit." In keeping with our vision, Waubetek will present educational awards of \$500.00 to applicants who fulfill the required criteria.

PERSONAL INFORMATION

Name: _____

Mailing Address: _____

Email Address: _____

Phone: _____ Fax: _____

**Attach a clear copy of your Status Card.*

Aboriginal business, Professor or instructor supporting your application:

Name: _____

Business or Education Institute: _____

Mailing Address: _____

Email Address: _____

Phone: _____ Fax: _____

**Attach letter of support to your application.*

EDUCATION

Post-Secondary Institution currently attending:

Program: _____

Enrolled in Year: _____ of _____

**Attach most recent official transcript to your application.*

APPLICATION PACKAGE CHECKLIST

- Status Indian from one of the 27 First Nation communities located in the Waubetek Northeast service area.
(Clear copy of both sides of your **STATUS CARD**.)
- LETTER** of support from an Aboriginaly owned business OR a Professor/Instructor.
- Proof of full-time enrollment in a Business related degree or diploma program at an accredited post-secondary institute (Original copy of most recent **TRANSCRIPT** required).
- ESSAY** (300 words min.) from you, identifying your ideas that would further develop economic and business development in your First Nation.
- APPLICATION FORM** fully completed and signed.
- PHOTO** (head and shoulders) of yourself. The photo can be original or digital (photos will not be returned); please do not fax in photos.

DECLARATION

I certify that all of the information supplied by me on this application and other documents is true and complete. I understand that any false information given in this application and in any accompanying documents may result in rejection of this application. I also hereby consent that my photo, essay and biographical information can be used by the Waubetek Business Development Corporation for their purposes.

Signature of Applicant

Date

Send your application package to:



Waubetek Business Development Corporation
c/o Youth Committee
6 Rainbow Valley Road, P.O. Box 209
Birch Island, ON P0P 1A0

ALL APPLICATION PACKAGES
MUST BE SUBMITTED BY
4:30 PM EST
JANUARY 30, 2015
TO BE CONSIDERED ELIGIBLE.

Questions? Contact the Waubetek Business Development Corporation at 705-285-4275

DIBAAJIMOOWINAN

GEZHTOOJIG EMPLOYMENT & TRAINING

JANUARY WORKSHOPS

Resume/Cover Letter. Thurs. Jan 08, 2015 10am-12pm
Interview Skills..... Thurs. Jan 15, 2015 10am-12pm
Job Search..... Thurs. Jan 22, 2015 10am-12pm



Enter to WIN... \$50.00
(Wal-Mart Gift Certificate)

***Beverage & Snacks available
for Participants***

BE JOB READY...REGISTER TODAY!

Contact: Melissa...705-524-6772
(mohandley@gezhtoojig.ca)

WE ARE LOCATED NEXT TO...
Hard Rock 42-Gastro Pub, Day's Inn
117 Elm St., Unit 102, Sudbury
Parking Available

**EMPLOYMENT
ONTARIO**
Ontario's employment & training network

Canada



JANUARY 2015

Gezhtoojig Employment & Training, 117 Elm St., Unit 102, Sudbury, ON P3C 1T3
Tel: 705-524-6772 1-800-361-9256 Fax: 705-524-5152
www.gezhtoojig.ca

