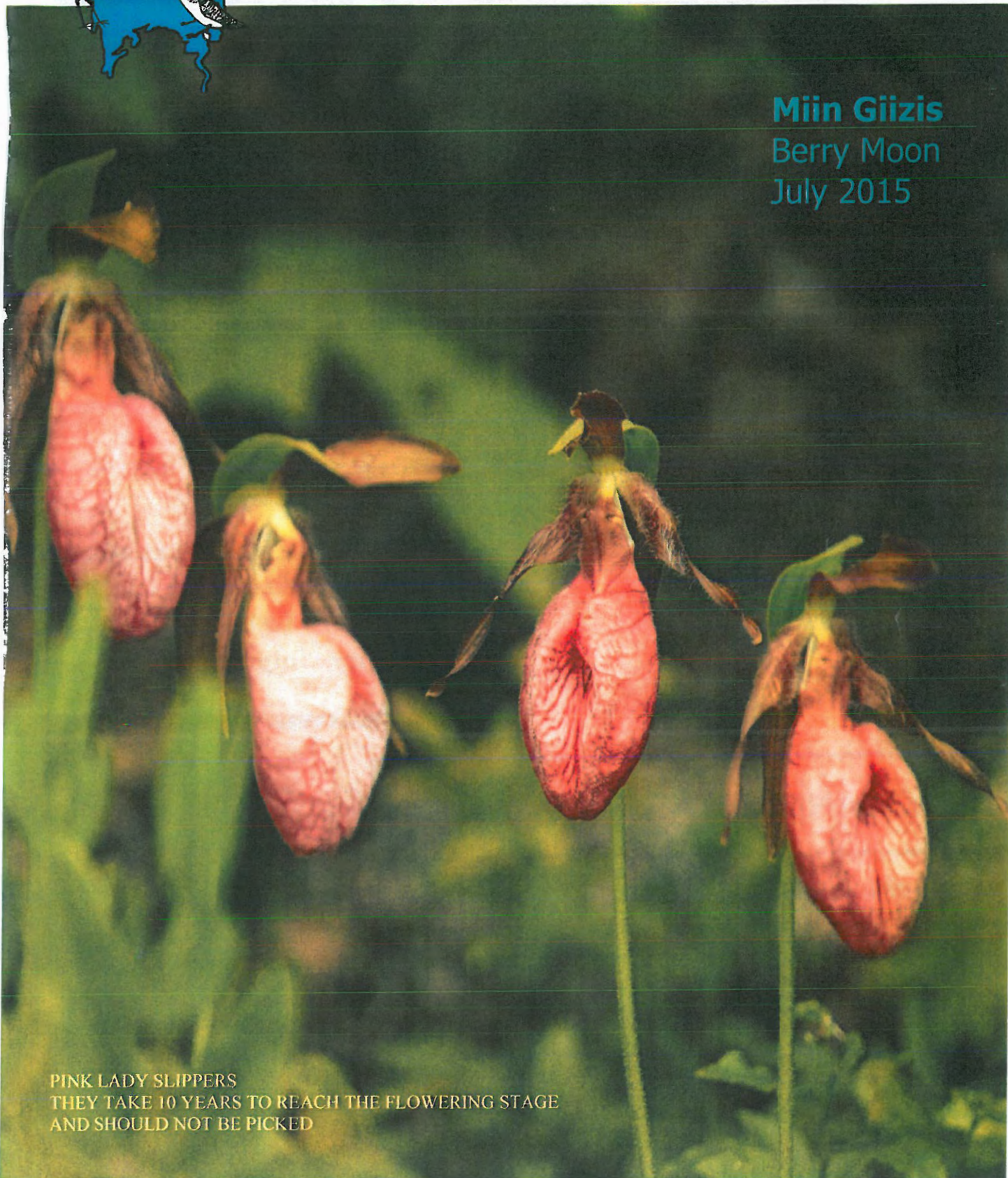




Wahnapi'tae First Nation Community Newsletter

Miin Giizis
Berry Moon
July 2015



PINK LADY SLIPPERS
THEY TAKE 10 YEARS TO REACH THE FLOWERING STAGE
AND SHOULD NOT BE PICKED



SUMMER STUDENTS



Aanii Boozhoo, my name is Brett Recollet and this is my second summer here at WFN as a sustainable development assistant/summer camp leader. I have just graduated high school and am looking forward to studying social service work at Georgian college for my post secondary. I am very excited to be a part of WFN again and can't wait to show the kids what we have in store for them!



My name is Megan Smith, and I'm a recent high school graduate from Lo-Ellen Park Secondary School. I will be attending Laurentian University in the fall to study Biomedical Biology. I spend my free time competing across the country as a competitive curler. I'm very excited to be working as the Child and Youth Worker Assistant this summer at WFN, and I can't wait to do my part in making this summer memorable for the kids!



Melanie Roque

Aanii, my name is Melanie Roque and I am the child and youth Coordinator for Wahnapitae First Nation. I am a recent graduate from l'École des sciences de l'éducation at Laurentian University as a teacher. I have a specialized four year degree in Physical Education and Health and a teachable in French. I look forward to working with the Child and Youth Worker Assistant and the Summer Camp Leaders to plan and coordinate a very organized, educational, fun and healthy summer camp. I am very fortunate to have worked with the youth last summer and I look forward to making a lot of new memories with them this year.



Aanii my name is Nicholas Recollet and I am working as a summer camp leader, I was a summer camp leader in the summer of 2013. I enjoy football and basketball as well as hunting and fishing, I completed the black bear program last summer and enjoyed military life, and plan on joining the CF full time after this summer. I'm excited to meet this years youth and hope they enjoy this summers games and activities.



Hello! Aanii! My name is Haley McGregor, I'm a member here at Wahnapitae First Nation and I'm excited to say that I will be here for my third summer as a day camp leader. I look forward to having a great summer with returning campers, their parents/guardians and any new campers there may be. I am looking forward to having a fun and safe summer, and I'll see you on the first day! :)

Mnidoow Mnisising - Spirit Island

— MANITOULIN ISLAND —

PADDLE LAB

THURSDAY JULY 16TH 2015

Kagawong, ON

A creative and socially innovative approach to embody and nurture our stories for reconciliation

EVER WONDER WHAT A WORKSHOP ON A CANOE WOULD BE LIKE?

OPEN TO YOUTH AGES 13-24

REGISTRATION IS FREE!
Lunch & Dinner Will Be Provided

Come enjoy the beauty of Mudge Bay and learn a bit about paddling too!

Participate in this unique opportunity of experiential land-based learning and collaboration.

#MyReconciliationIncludes



REGISTER ONLINE AND LEARN MORE AT WWW.SEETHECHANGE.CA/PADDLE

Or contact Sophie Edwards at (705) 282-0444 or sophie@4elementslivingarts.org



Free Event

Register early
Space is limited.
Deadline: July 7th

Ride provided by:



Please contact
STEFANIE RECOLLET
705-858-0610 X212

If you are interested in attending

Open House Recap

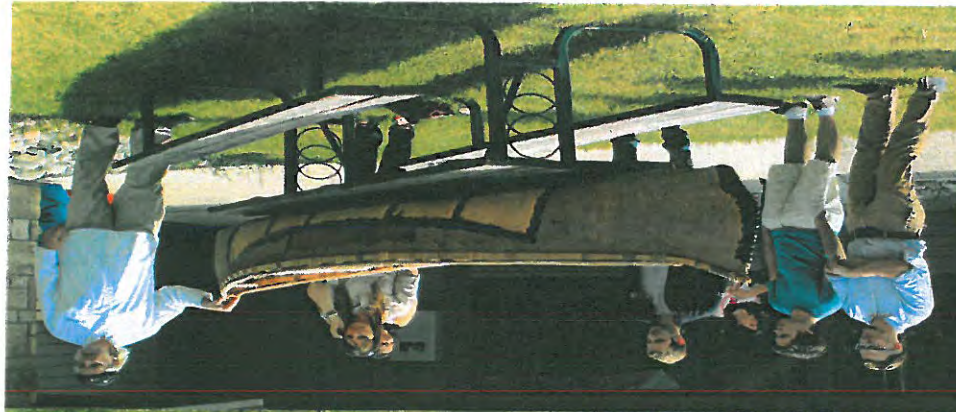
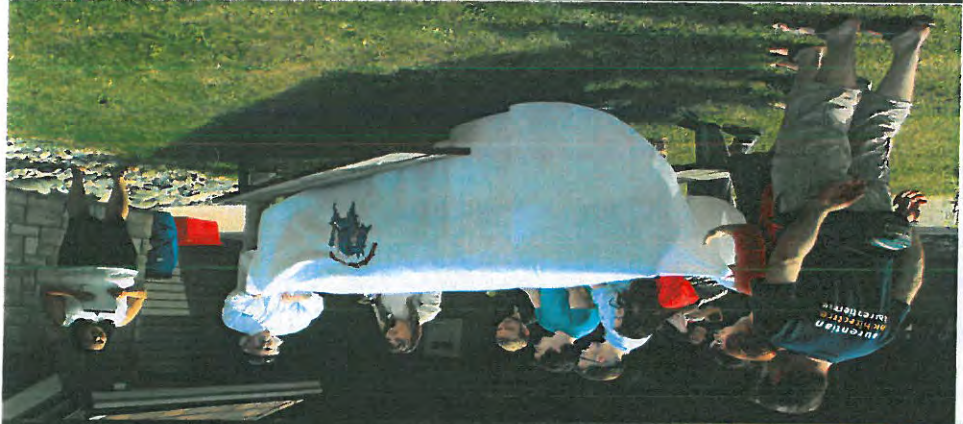


Open House was a huge success. WFN would like to thank everyone who came out and supported our annual event. We're always glad to show our community what kind of work we do and who we work with. We hope you enjoyed it and look forward to WFN Open House 2016.

Miigwetch



Birch Bark Canoe Unveiling



Special Thanks
To the School of
Architecture



WFN Annual Photo Contest



Submit Your Photos To
stefanie.recollet@wahnapiitaefn.com

Photos Of Our Home



PHOTOS OF OUR PEOPLE

Photos Of The Wildlife



Deadline is Sept 1st, 2015
Prizes for 1st/ 2nd/ 3rd place winners
Your photos could be featured in
WFN's Calendar



A/OFRC White FLOY Tag Number



A/OFRC Phone Number



A/OFRC Orange FLOY Tag Number



FLOY Tagged Northern Pike



FLOY Tagged Walleye



FLOY and Radio Tagged Lake Sturgeon

ATTENTION ANGLERS

TAGGED FISH HAVE BEEN RELEASED IN THIS AREA

Please help the A/OFRC and your community learn more about the population, growth rates, and life cycles of fish species in your area.

If you catch a fish with one or more tags,

PLEASE REPORT THEM TO:

Curtis Avery at 705-472-7888 ext. 6

and include the following:

- Tag number(s)
- Tag colour(s)
- Fish species
- Fish length
- Fish weight
- Location of capture
- Time and date of capture
- Whether the fish was harvested or released alive

Your cooperation is greatly appreciated!

The A/OFRC is a not-for-profit organization that serves as an independent source of information for communities within the Anishinabek Nation. The Centre provides information and recommendations for sustainable fisheries management, reports on stock status, evaluates stresses on fish populations and habitats, and offers technical support.

For more information on this and other projects, please contact the Anishinabek/Ontario Fisheries Resource Centre.

755 Wallace Road, Unit 5, North Bay, ON, P1A 0E7.

Phone: 705-472-7888. Fax: 705-472-6333.

Email: aofrc@aofrc.org. Website: www.aofrc.org

KCHI MIIGWECH FOR CALLING IN YOUR TAGS!



THE BASS LAKE TRAIL WILL PROMOTE COMMUNITY HEALTH & WELLBEING AS WELL AS PROVIDE A SPACE FOR RECREATIONAL, EDUCATIONAL AND SPIRITUAL USE.

Bass Lake is the only lake completely contained within WFN Reserve lands and thus is the utmost importance to the people of WFN. This area has been dedicated as a pristine area and is recognized for its cultural significance.

A group of local youth have been developing the Bass Lake trail since 2012. WFN's Land Use Plan (2015) prohibits intensive development in the area so the developers have been careful in the design; existing bridges and rest areas were all constructed using the natural materials from their trail clearing efforts. The end of the trail loop requires a 40 ft walking bridge that crosses a swampy area to make it a safe and functional trail for users. Wahnapitae First Nation hosted the Bass Lake Dash (walk/run) as a commitment to encouraging community health and as a fundraiser to build a bridge to complete the Bass Lake Trail. The event was organized by local youth whom received a grant from the Ontario Indigenous Youth Partnership Program to help with event costs.



Business Tagline or Motto



WELCOME POWWOW / CULTURAL COORDINATOR ASSISTANT

Aanii, Waasmowin Kwe dizhinkas. Waabazheshii n' doodem. Dokis My name is n' doonjibaa. Britney Shki-Gizis, my clan is Marten and I'm from Dokis. I'm a fancy shawl dancer and I love to travel all over North America for powwows. I also enjoy doing beadwork and making regalia.



During the winter, I'm a student of Indigenous Studies at Laurentian University. My ambition is to achieve my PhD and become a university professor. Miigwech!

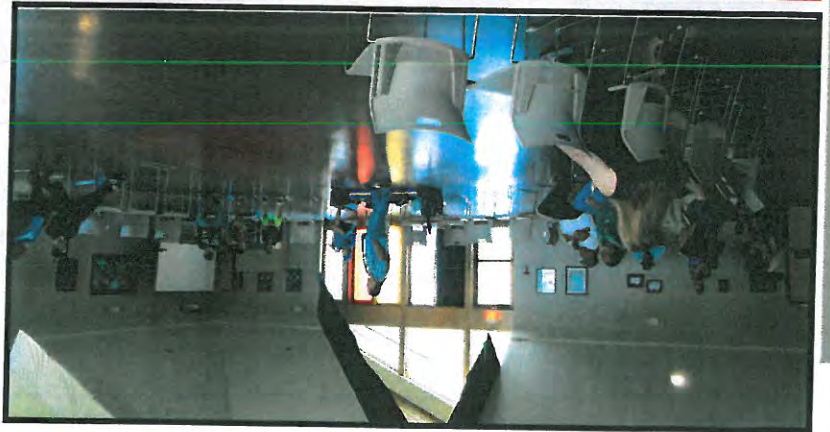
From the desk of.

Liz Eshkiwok-Trudeau,
Cultural Coordinator for WFN
705-858-0610 ext. 220
cultural@wahnapitaeh.com

UPDATE FROM THE CULTURAL COORDINATOR

Aanii Everyone!
We are about a month and a half away from this years 20th Annual Traditional Powwow!
Please call in to the office to let us know what you can contribute to the Community Traditional Feast. Let's show our guests some wonderful hospitality with some home-cooked food.
Also, we still have not received photo submissions of past WFN powwows and are still asking for submissions, if you have any please bring them to the WFN Centre of Excellence where we can scan them or email copies to Liz. Finally, we would like to send a warm welcome to our new summer student, Britney Shki-Gizis, who will be working as this year's Powwow/Cultural Coordinator Assistant!
Miigwech,

Liz Eshkiwok-Trudeau



July Cultural Events

STRAWBERRY PICKING IN CHELMSFORD



Ruby Berry Farm Outing: Monday, July 13, 2015
 WFN Van will be leaving at 9:00am. Please call to confirm your attendance.
 WFN will cover the cost of your first basket of berries picked, any other baskets you pick afterwards will be at your own cost.
 Please bring your own sunscreen, a hat, and a light lunch.



Lodge Building

July 14-15, 2015 from 9:00am—4:00pm
 WFN Centre of Excellence



- ◆ We are asking community members who are available or interested in learning how to construct a sacred lodge to come and help us on this day.
- ◆ We will be taught by Perry McLeod-Shabogestic and Geesonhs Manitowabi, of the SKHC Traditional Program. Pizza lunch will be provided. Please call to let us know you can assist, so we know how much lunches need to be prepared.



Upcoming Cultural Events



Please dress accordingly; work clothes, hat, and boots/shoes. No open-toed sandals. Remember to bring

- tobacco, sunscreen, bug spray, and water or a refillable container.

We look forward to seeing you on that day!

Congregate Dining

(for seniors 50 years or better)

Thursday, July 30, 2015

5:30 pm

Maan Doosh Gamig hall

Garden Salad

Savoury Baked Chicken Breast

Mashed Potatoes

Glazed Carrots

Lemon Pudding Cake

**Please call Wendy @ 705-858-0610 ext: 219
to book your spot**

Bring in a non-perishable food item ex: (can goods, pasta, cereal) and receive a bingo card for each item. The ones that brought in non-perishable food items will get to play a free bingo game after the jackpot game. The winner of the free bingo game will win all non - perishable items collected for that day. Note: expired items and dented cans not accepted.
 Wendy Tyson CWW

GOOD FOOD BOX
 Orders and payments in by: **Wednesday, July 8, 2015**
 by 3 pm
 Pick up orders on: **Wednesday, July 15, 2015**
 By 4 pm
 No vehicle? Contact Wendy for delivery 705-858-0610 ext: 219

NUTRITION BINGO
 Thursday, July 9, 2015
 5:30 pm
 12 regular games
 3 Specials
 1 Jackpot
 Only \$8. to play 3 cards per game
 Win nutritional food and grocery store gift certificates!
EVERYONE WELCOME!

TLC
 EVERY WEDNESDAY
 FROM 1—3:30 PM
 TALK, LAUGH, CARDS
 DROP IN AND SAY HI!





Any sightings of bears that don't threaten your safety or others should be reported to Bear Wise reporting line: 1-866-514-2327.



If a bear threatens your safety or someone else's you should contact the local authorities. Some examples of emergency encounters with a bear include if it's trying or has entered a residence, stalks people or lingers at public gatherings, or has killed a pet.



Bears are out of hibernation and are on the prowl. Protective mother bears are starting to bring their cubs out looking for food. With all the bear activity that goes on during the spring it's important to be safe.

It's important to know how to prevent encounters, what to do if you do encounter one and some behaviours.

Bear Safety

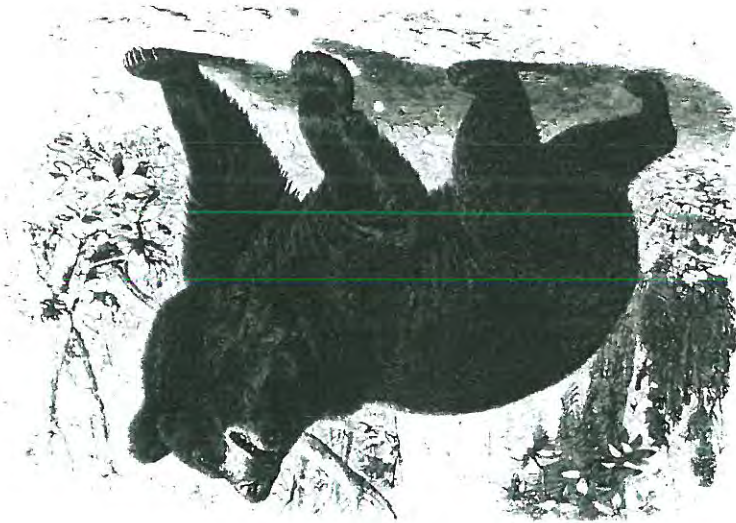


If you do end up face to face with a bear its important stop take a breath remain calm and assess the situation. Does the bear have a way to get away, is it a mother with cubs these variables like these will determine how the bear will react.

During an encounter:

Page 28

- Do
- Yell or Blow whistle or horn
- If you're in a group stay together



- Throw things
- Blow whistle or horn
- Use bear spray if it starts approaching you
- Stand your ground
- If the bear does not get closer to you, slowly back away, talking to the bear in a quiet, monotone voice

Don't

- Turn your back to the bear
- Scream
- Run, climb a tree, or try to swim away bears are deceptively quick.
- Approach the bear



About attacks

Black bear attacks are extremely rare

- A black bear may attack if it:
 - feels threatened
 - Is a predatory bear

MNR Conservation Officer

Jeff S. Anderson

(705) 564-7842

(705) 929-1072

Threatened bears

A bear may attack if it perceives you to be a threat to it, its cubs or it may be defending food—this is a defensive bear that wants more space between you and it.

Predatory bears:

A predatory attack is very rare. These attacks usually occur in rural or remote areas. Predatory bears approach silently, and continue to approach regardless of your attempts to deter them by yelling or throwing rocks



What to do if a bear attacks:

- use your pepper spray
- Fight back with everything you have
- Do not play dead except in the rare instances when you are sure the mother bear is attacking you in defence of cubs



July 2015

Sun Mon Tue Wed Thu Fri Sat

1	Canada's day Band office closed					
2						
3	Summer camp regis- tration 9am -12pm					
4						
5	8 Pow wow Dance class	9 Nutrition bingo				
6						
7						
8						
9						
10						
11						
12	15 Pow wow dance class	16 Paddle lab trip				
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19	22 Pow wow dance class	23				
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29	North river canoe jour- ney —>	30 Con- gregate dining ←				
31						