



Wahnapiitae First Nation Community Newsletter

Inside this issue:

SEPTEMBER 2021

P6: 2021 Pow-Wow Photos



August 14-15 was a great weekend, full of fun, good people, and laughter.

P8: Councillor Profiles



Get to know Councillors Mike Teddy and Craig Tyson.

P9: Seeing Species at Risk



WFN youth enjoyed a Species At Risk event hosted in partnership with Magnetawan First Nation.

P14: Orange Shirt Day



A gathering will be held on Sept. 25 to honor the victims and acknowledge the impacts of the Residential School system.



A Message to Members

September – the month we usually associate with school and returning to our routines. It means the leaves will start changing colour and hot days will end with cool nights. With that in mind, it's time for a few friendly reminders.

BE A GREAT NEIGHBOUR

It takes more than just the nod of a head as you walk or drive past someone to be a great neighbour. It takes consideration, kindness, and generosity, too. Your neighbours can loan you a snow shovel or drop off a batch of freshly baked cookies. They can plow your snow-filled driveway when you're under the weather.

Consideration for our neighbours is a great way to show respect and care for each other at WFN. For all of us, this includes letting our closest neighbours (three or four houses away on either side) that we intend to set off fireworks so they can prepare their pets and loved ones for the noise. It takes just a few minutes but makes such a huge difference.

BACK TO SCHOOL

It's that time of year, members. Our little ones are heading back to in-class learning, which means we will all need to pay a bit more attention on our roads. Busses will be making stops to pick up and drop off kids, who will be walking and playing at the ends of driveways or along the shoulders of our roads. Please keep their safety in mind.

Council and I wish all our young members a safe and healthy return to school. We encourage all our members to continue working hard, taking all opportunities to learn new exciting things, and to remember kindness can go a long way in all sorts of situations.

Wishing you all a lovely last long weekend of summer!

Miigwech,
Chief Larry Roque

COVID-19 UPDATES

COVID-19 Statistics

(as of August 31, 2021)

Sudbury District:

Total Tests: 281,331

Confirmed Cases: 2,283

Resolved: 2,244

Deaths: 31

Fully vaxxed: 112,48

Ontario:

Total Tests: 17,228,588

Total Cases: 565,550

Resolved: 550,179

Deaths: 9,503

Hospitalized: 336

In ICU: 158

Fully vaxxed: 9,942,834

Canada:

Total Tests: 40,539,552

Total Cases: 1,499,165

Active Cases: 31,307

Recovered: 1,440,926

Deaths: 26,932

Fully vaxxed: 24,888,997

For up-to-date figures, check:

Sudbury:

tinyurl.com/phsddata

Ontario:

covid-19.ontario.ca/data

Canada:

tinyurl.com/canadacvd19

The Wahnapiatae First Nation Community Newsletter is published the 1st Wednesday of every month.

Wahnapiatae First Nation
259 Taighwenini Trail Road
Capreol, Ontario | P0M 1H0

Phone: (705) 858-0610

COVID-19 Vaccines and Cancer Patients

The following groups of people with cancer have an even higher risk of getting very sick from COVID-19. This includes those who:

- Are 65 years or older;
- Have had a stem cell transplant in the last 6 months;
- Are getting or have recently stopped having cancer treatments;
- Have been diagnosed with cancer in the last year;
- Have cancers of the blood like leukemia, lymphoma and multiple myeloma;
- Have lung cancer;
- Have cancer that has spread to another area of the body (metastatic cancer);
- Have had cancer surgery within the last 2 months.

If you are in one of the above groups, you must be extra careful to protect yourself from getting COVID-19.

Stay away from crowds and indoor settings where you are not sure if others have been vaccinated, such as concerts, places of worship, and gyms.

When is the best time to get a vaccine?

You should get both of your vaccine doses as soon as you can.

If you are getting any of the treatments below, speak to your

cancer care team about the best timing for you to get your vaccine:

- Chemotherapy;
- Immunotherapy;
- Stem cell transplant;
- Adoptive cell therapy;
- Immunosuppressive therapy (treatments that weaken your immune system).

How well do the vaccines work for people with cancer?

People with weakened immune systems, including some people with cancer, may not get as much protection from the vaccine doses as others. If you have a weakened immune system, you may not get as much protection from your first dose alone and you may not get the full protection even after 2 doses of the vaccine.

To get the most protection possible, you must get both vaccine doses as soon as possible. To keep you safe, the people close to you should also get fully vaccinated as soon as possible.

After getting the vaccine it is important for people with cancer who have a weakened immune system to:

- Keep wearing a mask when in close contact with others, especially when indoors;
- Wash your hands often;
- Stay apart from other people unless you know that they are

Stay Connected, Stay Safe

For the most up-to-date information and updates about Wahnapiatae First Nation, including safety measures, check us out online as below:



WEBSITE: www.wahnapiataefirstnation.com



MAIN PAGE: www.fb.me/wahnapiataefirstnation



YOUTH PAGE: www.fb.me/WFNYouthPage

COMMUNITY NOTICES

Donald Orendorff: Celebration of Life

March 26, 1936 - June 30, 2020



Born in Hornepayne, Ontario. Beloved son of Edward Joseph Orendorff (EJ) and Cecilia Roque (both predeceased). Predeceased by brothers Orville, Melville, Frank, and Ted. Predeceased by sister Van (Evangeline) Baleshta. Survived by sister Merle Soucie of Oakville, Ontario.

Don became an ordained priest in June 1962 after completing his studies at St. Augusta's seminary. He spent the last few years at St. Gabriel's Villa in Chelmsford.

Any donations are to be made to Covenant House - Toronto.

He will be laid to rest at the Wahnapiatae First Nation Cemetery on **September 17, 2021** following a Celebration of Life at the Wahnapiatae First Nation Center of Excellence Maan Doosh Gamig at 11 a.m.

Alternative Caregiver Information Sessions

Learn more about becoming an alternative caregiver in your home community at one of the following online Zoom meetings:

September 9	September 22
1:30 - 2:30 p.m.	6-7 p.m.

Register with Lillian Couchie to receive the link to the meeting of your choice. Door prizes for attendees at each meeting.

Niijaansinanik Child and Family Services serves the following First Nations: Wasauksing, Henvey Inlet, Dokis, Shawanaga, Magnetawan, and Wahnapiatae, and all Indigenous children and families in the jurisdiction.



Niijaansinaanik
Child and Family Services

Lillian Couchie,
Trainer and Recruiter
lillian.couchie@nijcfs.com

(705) 763-2000 ext. 3003
(705) 491-7021 Cell

COMMUNITY NOTICES

New Street Named



Congratulations to Sam Tyson, pictured here with Chief Larry Roque. Her suggestion for the naming of WFN's newest street, Makwaanzhaan Trail (Bear's Den Trail in English), was made official when the new street sign was installed last month.



WFN MEMBERS

Are you a carver or weaver? A photographer or painter? Perhaps you are a poet or a seamstress making beautiful ceremonial clothing? If so, we want to showcase your talents!

Send your submissions to Monica @ monica.dorion@wahnapietaefn.com



hurt your helmet, not your head

The bike helmet law in Ontario requires every cyclist under the age of 18 to wear an approved bicycle helmet. If you are a parent of a child younger than 16 years of age, responsibility falls to you to ensure they are equipped.

E-bike laws require that all e-bike operators must be 16 years of age or older and all must wear an approved bicycle helmet that fits properly.

All passengers must be wearing helmets on both ATVs and in side-by-sides, must be wearing seat belts in side-by-sides, and be over the age of 8.

DID YOU KNOW?

Wahnapietae First Nation hosts a job board on its website

wahnapietaefirstnation.com/external-job-opportunities/

On this page, you'll find off-reserve job offerings, training courses, and internships

Check out the rest of the website while you're there!

COMMUNITY NOTICES

Leash & Scoop



Help keep
Wahnapiatae First Nation
clean and friendly.

DIABETES circle

peer support
management strategies
healthy recipes
take charge of your health



every wednesday
1 to 3 pm
norman recollet
health centre

WAHNAPITAE FIRST NATION

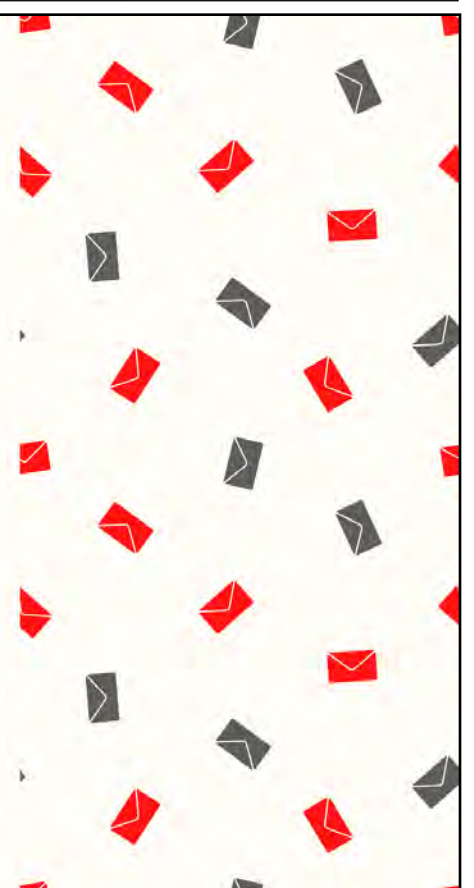
WANTS TO CONNECT
WITH YOU

Stay up to date on what's happening at WFN by signing up for email communications, using the link below.

This will let you receive the newsletter digitally, provide more timely feedback on important community projects and receive links to virtual community engagement sessions.

WWW.TINYURL.COM/WFN-EMAIL

*If you have any thoughts or questions, please let us know at
monica.dorion@wahnapiataefn.com*



COMMUNITY UPDATE

Community Celebrates 2021 Pow-Wow

Chi-miigwech to all who organized, danced, sang, volunteered, and attended WFN's 2021 Pow-Wow on August 14 and 15. As you can see from this selection of photos, it was a wonderful weekend for all.



COMMUNITY UPDATE

Pow-Wow 2021



An album of photos from community members will be posted to Facebook in the near future. If you want to submit your own pictures, please send them to monica.dorion@wahnapietaefn.com

CHIEF AND COUNCIL UPDATE

Meet Councillor Mike Teddy

Aanii! Here's a little info about me:

My family has been staying at Wahnapiatae First Nation recreationally since 1993. I am the lucky father of two, stepfather of two and grandfather of nine wonderful grandchildren. My wife Theresa and I very much enjoy family time with our ever-growing family.

My pastimes include making maple syrup at the family sugar bush in Killarney, playing hockey (especially in the Killarney annual hockey tournament) and hunting. I was born and raised in Sudbury.

I worked at Dominion Grocery for 14



years as both customer service representative and manager. In 1997, I started my career as door technician at Overhead Doors and have been working there ever since.

I am grateful to be your new councillor here at Wahnapiatae First Nation. I have been given the responsibility of the infrastructure and development portfolio. As your councillor, safety is my top priority - I am dedicated to improving the roads and advancing all infrastructure (residential and commercial).

My goal is to ensure that Wahnapiatae performs as optimally as possible. I will work tirelessly for the reserve and with its members throughout my term.

Meet Councillor Craig Tyson

One of Wahnapiatae First Nation's two returning councillors for the 2021-2025 term, Craig Tyson is a family man deeply passionate about Anishinaabe culture.

That's why, even though he and his family reside off-reserve, he makes sure they participate in WFN community events and activities as often as possible.

"I've been a member of the WFN Cultural Committee for almost 20 years," he explains. "I've been part of the pow-wow organizing crew for just as long, I think. I've served as Fire Keeper and have taken every opportunity to learn from our Elders. Now I make sure my children get the same education."

In his second term on council, Tyson has



taken on the mining portfolio. His goal is to ensure that the health and vitality of WFN is a major focus of all mining company talks, negotiations, and decisions. He is also looking forward to the completion of the land claim currently in progress.

Thanks to his background in sales, he finds his council work to be a sociable, natural extension of his day-to-day activities. He credits his father and his experiences on the Cultural Committee with inspiring him to help strengthen WFN by getting involved in a political role. "This community means a lot to me," he adds. "I want to see WFN come together and succeed, and especially ensure that all members, on- and off-reserve, feel invested in and included."

Landfill Site Updated

W F N's landfill site has benefited from funding from Indigenous Services Canada, leading to a new building to be used for a garage/office.

It was recently delivered and is in the process of being set up.

The ability to acquire and install this new building is a direct result of the community's recycling efforts. WFN landfill site staff say "Chi-Miigwetch" to all residents of Wahnapiatae First Nation.

Let's continue to recycle and keep Wahnapiatae First Nation lands clean and safe.



WNF Youth Learn About Species at Risk

On July 26, the Magnetawan First Nation Species at Risk Team travelled to Wahnapiatae First Nation and provided an interactive workshop for our youth here at the Gazebo.

The youth learned about the amazing guardianship of their reptiles, turtles, bats and snakes that they protect and conserve through their Species at Risk program. Magnetawan's program has been in operation for a decade, thanks in part to funding through the Aboriginal Fund For Species at Risk.

The workshop was well received by our youth, as they had many questions regarding all species.

The interactive presentation included a short presentation followed by a question and answer session which proved there is keen interest in this form of guardianship of our reptiles, turtles, bats and snakes here at WFN.



LANDS UPDATE

WFN Signs Land Management Agreement

The road to the Framework Agreement began in the late 1980s, launched by a small group of First Nations Chiefs looking for a way for First Nation communities to leave the paternalistic constraints of the *Indian Act* behind.

The purpose is to recognize the inherent right of First Nations to resume control over their lands and resources for the use and benefit of their members without government interference, by replacing the land provisions of the *Indian Act* with First Nations-made laws.

Wahnapiatae First Nation (WFN) submitted an application, community profile and a Band Council Resolution to the Lands Advisory Board (LAB) and Canada in January 2020. We received our adhesion document and funding agreement from LAB August 9, 2021.

WHY IS THE FRAMEWORK AGREEMENT SO IMPORTANT?

The first of many important reasons is that it is the first real recognition of inherent right to manage our reserve lands and resources. It also:

- identifies the jurisdiction assumed by the First Nations, which includes decision-making authority, as well as the power to design and

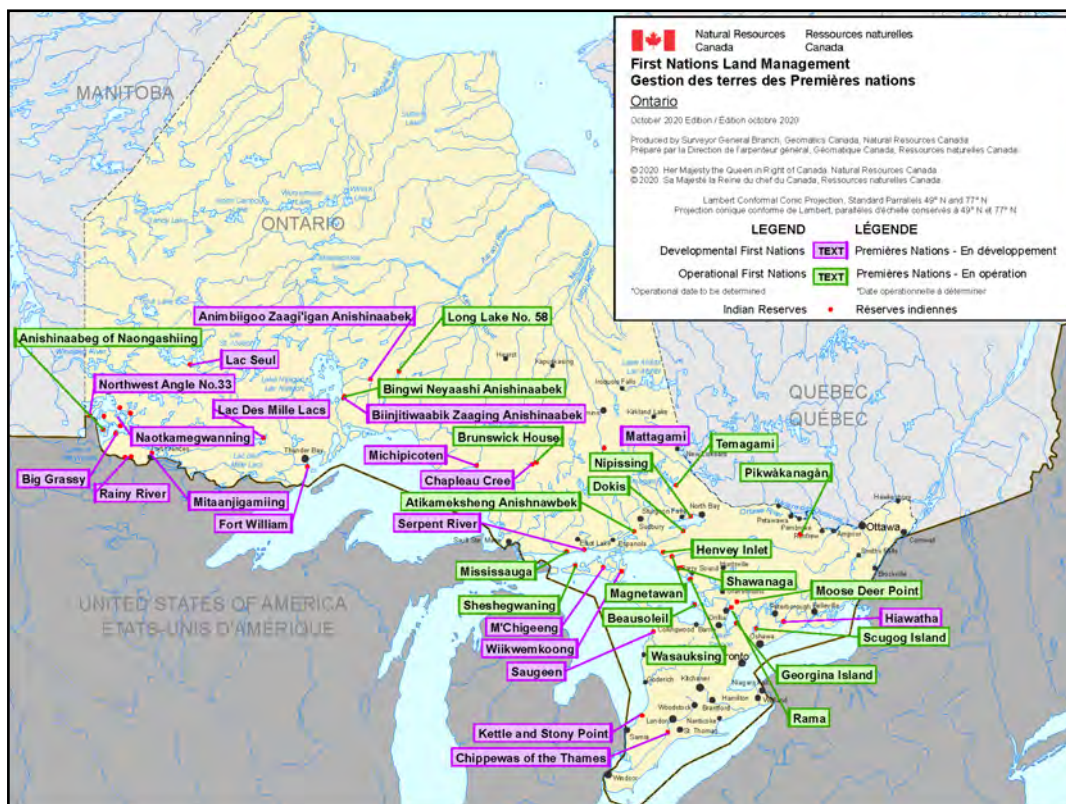
enforce our laws over our reserve lands and resources.

- once it is ratified (land code and individual agreement approved by the community), the land management provisions of the *Indian Act* no longer apply. The Minister will no longer be involved in the day-to-day management of the First Nation's reserve lands.

WFN now has three years to draft, develop and ratify its own land code which will guide future administration of our lands and resources. WFN must also ratify an individual agreement with Canada to opt out of up to 44 sections of the *Indian Act* that pertain to lands.

With this step, Wahnapiatae First Nation joins 194 other First Nations that are signatories of the Framework Agreement on First Nation Lands. To date, there are now 102 First Nations across Canada who have developed and ratified their own land code in addition to signing an Individual Agreement with Canada.

Congratulations, Wahnapiatae First Nation, on becoming a signatory to the Framework Agreement on First Nation Land Management.



ROCKY'S UPDATE



ENJOY THESE DISCOUNTS TODAY!

705-858-0500 | OPEN 9-8 MONDAY-SUNDAY

BOGO 50% SLUSHIES

SEPTEMBER 2021

BUY ONE MEDIUM SLUSHIE, GET THE
SECOND HALF OFF

10% OFF FUEL

SEPTEMBER 2021

MINIMUM PURCHASE OF \$30

1 FREE ICE CREAM

SEPTEMBER 2021

1 FREE SINGLE SCOOP IN A BOWL OR
CONE

BUY 2 GET 1 FREE CHOCOLATE BARS

SEPTEMBER 2021

BUY ANY TWO CHCOLATE BARS AND
GET THE SECOND FOR FREE!

MUST PROVIDE COUPON TO GAS BAR ATTENDANT
FOR DISCOUNT

HUMAN RESOURCES UPDATE

Learn About Violence in the Workplace

Everyone should be able to work in a safe and healthy workplace.

Most people think of violence as a physical assault. However, workplace violence and harassment is a much broader problem. It can be defined as any act in which a person is abused, threatened, intimidated or assaulted in his or her employment.

While exact definitions vary in legislation, generally speaking workplace violence or harassment includes:

- Threatening behaviour – such as shaking fists, destroying property or throwing objects.
- Verbal or written threats – any expression of an intent to inflict harm.
- Verbal abuse – swearing, insults or condescending language.
- Physical attacks – hitting, shoving, pushing or kicking.

The Ontario Occupational Health and Safety Act (OHS) defines workplace harassment as engaging in a course of vexatious comment or conduct against a worker in a workplace that is known or ought reasonably to be known to be unwelcome.

Workplace harassment also includes what is often called psychological harassment or personal harassment. This can involve unwelcome words or actions that are known or should be known to be offensive, embarrassing, humiliating or demeaning to a worker or group of workers, in a workplace. It can also include behaviour that intimidates, isolates or even discriminates against the targeted individual(s).

Generally speaking, any action or behaviour – from rumours, swearing, verbal abuse, pranks, arguments, property damage, vandalism, sabotage, pushing, theft, physical assaults, psychological trauma, anger-related incidents, rape, arson to murder – are all examples of workplace violence and/or harassment.

Harassment can also be thought of as any behaviour that demeans, embarrasses, humiliates, annoys, alarms or verbally abuses a person and that is known or would be expected to be unwelcome.

These behaviours include words, gestures,



intimidation, bullying, or other inappropriate activities.

Also note that workplace violence or harassment is not limited to incidents that occur within a traditional workplace.

Work-related incidents can occur at off-site business-related functions (conferences, trade shows), at social events related to work, in clients' homes, or away from work but resulting from work (a threatening telephone call to your home from a client).

Workplace violence can be a one-time event or may involve repeated behaviours over time. An individual does not need to intend to hurt the worker for the behaviour to meet the OHS definition of workplace violence. Workplace harassment may escalate to threats or acts of physical violence or a targeted worker may react violently to prolonged harassment in the workplace.

Unfortunately, all forms of workplace violence are on the rise. Approximately half of HR professionals are reporting that their organization has experienced some form of workplace violence incident.

This number is up from 36 percent in 2012. And the Society for Human Resource Management (SHRM) now reports that 1 out of 7 employees do not feel safe at work.

Wahnapitae First Nation has zero tolerance for violence or harassment in the workplace. Employees, clients, patients, and visitors can expect swift intervention and appropriate consequences for such incidences.

There must be zero tolerance for workplace violence — one incident is one too many.

EMPLOYEE SPOTLIGHT

Introducing Lydia Iserhoff, Health Director

Aanii! My name is Lydia Iserhoff and I'm the new Health Director for Wahnapiatae First Nation.

I am First Nation, from the Crees of Waskaganish, Quebec, but my hometown is Moosonee, which is in the James Bay area of northern Ontario. I am blessed to have three beautiful daughters and one extremely handsome grandson (I might be biased, though).

Most recently, I had the privilege of working in Constance Lake First Nation, with more than seven years as the Health Administrator. I was able to learn and understand various traditional and mainstream paths in supporting staff along with our community members.

I'm very honored to be on board with the Norman Recollet Health Centre and will continue to support and guide our health care team and community to ensure health care



services are being delivered to meet the needs of our people. I look forward to working with everyone and building strong relationships within the community of Wahnapiatae First Nation!

Miigwetch.

Meet Randy Roy, Director of Infrastructure and Development

Well, it's about time I introduce myself to the community.

My name is Randy Roy, and I am a member of M'Chigeeng First Nation and I was born and raised in Sudbury. I'm a graduate of the Civil Engineering Technology program at Cambrian College, and for nearly 30 years I have been working with infrastructure primarily in First Nations.

After 19 years as an Infrastructure Specialist at Waabnoong Bemjiwang Association of First Nations, I decided to tackle this new challenge as Infrastructure Director here at Wahnapiatae First Nation where I can apply my past experiences to develop the Infrastructure and corresponding community services here.

Learning about Infrastructure Asset Management has been one of my main focuses in the last six years. I will be working to share what I've learned and implement the Asset



Management practice here at the Administration level.

That said, I will strive to ensure that our Infrastructure and services operate in a safe, fair, and efficient manner.

Orange Shirt Day



Saturday, September 25
WFN Pow-Wow Grounds

10 AM

Sacred Fire, Prayers, Drum Song,
Awareness Walk

12 to 4 PM

BBQ, Activities

OPEN TO ALL

This gathering is for all to
come together in a spirit of
reconciliation and hope.



**EVERY
CHILD
MATTERS**



Welcoming CEREMONY

This fall ceremony will focus on children and young adults in the following age ranges: Good Life (0-7), Fast Life (8-14) and Wandering Wondering (15-21) for on- and off-reserve members.

Conducted by Julie & Frank Ozawagosh
Fire Keeper Tony Tyson
Feast to follow

Due to the intimate nature of this ceremony, numbers must be limited in order to ensure everyone being welcomed enjoys a full traditional ceremony.

Plans are already in the works for a spring welcoming ceremony for those not able to participate at this time. Those plans will be announced in the new year.

COMMUNITY EVENTS

Fall Solstice

CEREMONY

Wednesday, September 22, 2021

7 to 9 PM

West Fire Pit, Centre of Excellence

Conducted by
Julie & Frank Ozawagosh

Women, please wear your skirts.

Bring your feast bags.

DRUM & DRUM STICK WORKSHOPS

LIMITED SPOTS AVAILABLE

DRUM STICK WORKSHOP SUNDAY, OCTOBER 17 AND SUNDAY, OCTOBER 24

10 AM to 2 PM @ Maan Doosh Gamig
Light lunch included
Must attend both sessions

DRUM WORKSHOP SUNDAY, NOVEMBER 6 TEACHINGS BY DAVID WHITE

12:30 to 5 PM @ Maan Doosh Gamig



To register, contact:
Tammy Chevrette, Family Well-being
tammy.chevrette@wahnapiitaefn.com

A Birthing Ceremony will be scheduled
at a later date when drums are complete

COMMUNITY EVENTS



mitt making workshop

WITH LAURA LIBERTY OF
ANISHINABEK NATION

This workshop will take place over the course of three days. Participants must be able to attend all three days. These sessions will also include HIV education presentations.



September 9, 16 & 23
1 to 4 PM
Maan Doosh Gamig

All materials supplied
Limited spaces available

Register with Heather, Community
Wellness Worker, by Thursday,
September 2. Call 705-858-7700 ext. 226
or email heather.roy@wahnapietaefn.com

HEALTHY RECIPE OF THE MONTH



WEDNESDAY, SEPTEMBER 22, 2021
4 P.M. - 6 P.M.

PLEASE NOTE: The address for pick-up has changed to the following:

259 Taighwenini Trail Rd.

Bring your own bags!

COMMUNITY EVENTS

CONGREGATE DINING

(MUST BE 55+)

THURSDAY, SEPT 2, 2021



DELIVERY BETWEEN
5 P.M. - 6 P.M.

CALL WENDY OR HEATHER
FOR MEAL DELIVERY:
(705) 858-7700

Good Food Boxes



Order by 2nd Wed. each month
Delivered 3rd Wed. each month

Small Box: \$10 | Large Box: \$19

Call Wendy or Heather to order:
(705) 858-7700



SOUP'S ON!

CURBSIDE ONLY

EVERY TUESDAY

CALL BY 12 P.M. | PICK UP BY 1 P.M.

CALL HEATHER TO PLACE ORDER: (705) 858-7700



NUTRITION BINGO

VIRTUAL OR IN-PERSON

5:30 P.M.

**THURSDAY
SEPT 2**

**THURSDAY
SEPT 16**

PRIZES ARE THE SAME. CARDS WILL BE BAGGED
FOR PICKUP. PAYMENT DUE ON PICKUP.

CALL WENDY OR HEATHER TO RESERVE YOUR SPOT.

PLEASE INDICATE VIRTUAL OR IN-PERSON

ATTENDANCE:

(705) 858-7700

WFN EVENT CALENDAR - SEPT 2021

Please be sure to use this calendar as your official reminder for these events, and to help plan your month.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Diabetes Circle	2 Virtual Nutrition Bingo Congregate Dining	3 CLOSED	4
5	6 CLOSED	7 Soup's On Sue Chartrand Boys Drum Group	8 Diabetes Circle Good Food Order deadline Sue Chartrand	9 Mitt Making #1	10 CLOSED	11
12	13	14 Soup's On Boys Drum Group	15 Diabetes Circle Good Food Delivery Day	16 Virtual Nutrition Bingo Mitt Making #2	17 CLOSED	18
19	20	21 Soup's On Sue Chartrand Boys Drum Group	22 Diabetes Circle Healthy Recipe of the Month Sue Chartrand Fall Solstice	23 Mitt Making #3	24 CLOSED	25
26	27	28 Soup's On Boys Drum Group	29 Diabetes Circle	30		

Sue Chartrand will be here for footcare and massages per the calendar. If interested, contact Line @ 705-858-7700 ext 218. Please call 708-858-7700 to order your Good Food Box, to register for Congregate Dining, or to register for Nutrition Bingo. Diabetes Circle: Every Wednesday, 1 to 3 pm.