



Wahnapiatae First Nation Community Newsletter

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May 2022

P4: Dynamic Sunrise



WFN helped celebrate a sunrise ceremony at Dynamic Earth on Apr. 22.

P5: Self-Governance



WFN moved closer to self-governance after a signing ceremony with Canada on April 6.

P6: Kids Can Cook



WFN's April after-school programs saw kids learn new cooking skills.

P16: Dental Hygienist



Meet WFN's new Registered Dental Hygienist, Nancy-Jo Demers.

A Message to Members



Ziigwan – the season of growth and renewal is here at last.

Flowers are blooming, trees are budding and the sun is shining longer and brighter each day. As the beautiful weather begins to entice us into the great outdoors, we still need to remember to stay safe. Whether it's regarding staying safe outdoors or remembering to take precautions against COVID, we all need to keep ourselves and others in mind this season.

Pet Care and Consideration

While we may wish to share this fine weather with our animal companions, we must also remember to be courteous to our neighbours by keeping our pets quietly contained to their yards. Nuisance or loose pets may be a danger to others or themselves, and can be reported to Rainbow District Animal Control (1-800-836-6661). A little bit of consideration will help ensure that everyone can enjoy this time of year in a respectful, safe way.

Shoreline Remediation

In keeping with the spirit of safety, I'd also like to take a moment to remind people about the Ontario Power Generation shoreline remediation project. It is nearing completion, but crews are still moving in and out of the community. At the same time, lake levels are rising, so please use caution along the shoreline and on our roads.

Wendy Tyson

Finally, I'd like to offer a big chi-miigwetch to WFN Community Wellbeing Worker Wendy Tyson for going above and beyond to help one of our members in a time of need. Her commitment and selflessness are truly a blessing to our community.

Parting Thoughts

Please keep kindness and consideration close to your heart as we move into this new season. It is only through our shared strength and diligence that we will be able to emerge from these challenges together.

Miigwech,
Chief Larry Roque

COVID-19 UPDATES

COVID-19 (as of May 3, 2022)

Sudbury District:

Total Tests: 423, 857
Confirmed Cases: 15, 035
Resolved 14 ,637
Deaths: 139
Fully vaxxed: 205 257

Ontario:

Total Tests: 23,893,913
Total Cases: 1,261,655
Resolved: 1,219,640
Deaths: 12,842
Hospitalized: 1,699
In ICU: 202
Fully vaxxed: 31, 193, 943

Canada:

Total Tests: 60,940,299
Total Cases: 3,755,956
Active Cases: 257,001
Recovered: 3,459,662
Deaths: 39,293
Fully vaxxed: 31,086,574

For up-to-date figures, be sure to check:

Sudbury:
tinyurl.com/phsddata

Ontario:
covid-19.ontario.ca/data

Canada:
tinyurl.com/canadacvd19

The Wahnapiatae First Nation Community Newsletter is published the 1st Wednesday of every month.

Wahnapiatae First Nation
259 Taighwenini Trail Road
Capreol, Ontario | P0M 1H0
Phone: (705) 858-0610
Fax: (705) 858-5570

PROTECT YOURSELF & OTHERS

AGAINST COVID-19

- **Wear a mask in public**
 - especially indoors or when physical distancing is not possible
- **Stay home when ill to avoid spread**
 - Even if it's "just the flu"
- **Get vaccinated**
 - make an appointment at the Norman Recollet Health Centre if you haven't been vaxxed yet

**Please remember to stay safe.
COVID-19 can still harm others.**

NRHC: 705-858-7700

Stay Connected, Stay Safe

For the most up-to-date information and updates about Wahnapiatae First Nation, including safety measures, check us out online as below:



WEBSITE: www.wahnapiataefirstnation.com



MAIN PAGE: www.fb.me/wahnapiataefirstnation



YOUTH PAGE: www.fb.me/WFNYouthPage



HAPPY

Mother's Day

From Wahnapiitae First Nation



COMMUNITY UPDATES

Wahnapiatae First Nation Takes Part in Dynamic Earth Sunrise Ceremony



Wahnapiatae First Nation (WFN) representatives were on hand for a special sunrise ceremony at Dynamic Earth on April 22.

Along with members of Sagamok and Atikmeksheng Anisnawbek, WFN members and staff were present so as to ask the Creator for permission to work on the land.

This is in advance of some construction that will take place to enhance the displays and experiences at

Dynamic Earth through its Go Deeper project.

The event began with a lighting of the sacred fire at 5:30 a.m., followed by a Pipe Ceremony led by WFN Elder Tony Tyson.

Other representatives from WFN include Chief Larry Roque, Councillor Craig Tyson, as well as Communications Assistant Taylor Bertrim.

Miigwech to all participants.

COMMUNITY UPDATES

Signing of Historic Agreement Brings WFN Closer to Self-Governance



From left to right, top row: Gima Kwe Rhonda Williams-Lovett, Moose Deer Point First Nation; Chief Larry Roque, Wahnapiatae First Nation; Chief Irene Kells, Zhiibaahaasing First Nation. Second row: The Honourable Marc Miller, Minister of Crown-Indigenous Relations, Canada; Chief Scott McLeod, Nipissing First Nation; Chief Lloyd Myke, Magnetawan First Nation. Bottom row: Grand Council Chief Reg Niganobe, Anishinabek Nation.

History was made on April 6, when Canada joined Wahnapiatae First Nation and others at a virtual ceremony for the official signing of the Anishinabek Nation Governance Agreement.

The Anishinabek Nation Governance Agreement is the first self-government agreement of its kind in Ontario and marks an important step away from the Indian Act for the signatory Anishinabek First Nations — including WFN.

“For Wahnapiatae First Nation, the signing of this Agreement is another important step on a very long path; one which our members have been traveling

since the Creator placed the Anishinaabe on Mother Earth,” said Chief Roque. “Today, we are very pleased to continue along this journey as we look to exercise our inherent right to self-governance.”

Achieved through 20+ years of negotiation, this historic Agreement will recognize Anishinabek control over specific governance and the law-making powers of the signatory First Nations.

Canada must now pass legislation for the agreement to take effect, and it is hoped this will pass later in 2022. More news about this work will be provided in the June 2022 Newsletter.

COMMUNITY UPDATES



Cooking Simple Recipes
After School Program

These Kids can cook!
Throughout April, they attempted different recipes and had a great time!



COMMUNITY UPDATES

2-SPIRIT EVENT



WFN HELD ITS FIRST EVER 2-SPIRIT/INTERNATIONAL TRANSGENDER DAY OF VISIBILITY EVENT ON MARCH 30, 2022.

MIGWECH TO ALL WHO CAME TO SUPPORT - PARTICIPANTS MADE TIE-DYE T-SHIRTS TO BRING HOME.



BUSY APRIL FOR ASP & YLP

SOME PHOTOS FROM OUR URBAN AIR OUTING IN AFTER SCHOOL PROGRAM, AS WELL AS A FEW PHOTOS FROM THE YOUTH LEADERSHIP PROGRAM OUTING AT BOSTON PIZZA.



COMMUNITY UPDATES

NORMAN RECOLLET HEALTH CENTRE



Telemedicine Program Information Session

An information session about the NRHC Telemedicine Program was held April 26 with Nurse Jenna.

Attendees were entered in a draw for several prizes. The first prize was a \$100 spa gift card, won by Amanda McGregor. Natasha Skelliter won a teeth whitener kit.

Congratulations!

Teeth Whitening Kits



The Norman Recollet Health Centre is now offering take home teeth whitening kits.

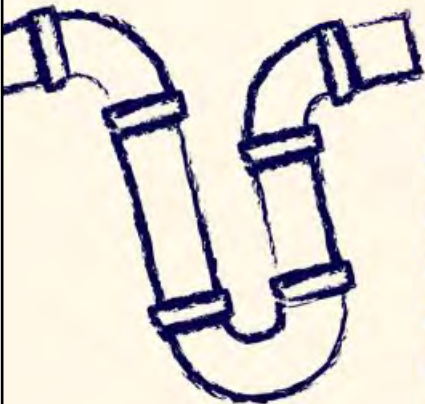
The kits cost \$70.00 and can be picked up at the NRHC.



CASH ONLY

WFN'S "NO FLUSH" LIST

THIS LIST IS MEANT TO GIVE YOU AN IDEA OF WHAT TYPE OF ITEMS SHOULD NEVER BE FLUSHED DOWN THE DRAIN OR TOILET AND NOT A COMPLETE LIST.



- Paper towels
- Feminine hygiene products
- Disposable diapers
- Condoms
- Diapers
- Baby wipes
- Grease or fat
- Coffee grounds
- Dental floss
- Strong chemicals
- Plastics
- Metals
- Rubber gloves
- Q-tips
- Dirt/dust
- Cat litter
- Cotton swabs
- Cigarettes or cigarette butts
- Hair (people or pet)
- Kleenex

COMMUNITY NOTICES



Niijaansinaanik
Child and Family Services

Information Session-Zoom

We are looking for Alternative Caregiver Homes in your community.



Date May 12 1:30 pm-2:30 pm
Time May 19 6:00 pm-7:00 pm

Door Prizes for attendees. Register today !

Lillian Couchie,
Trainer & Recruiter
lillian.couchie@nijcfs.com
(705) 763-2000 ext. 3003

Provincial health measures in place.
Please wear masks, maintain social distancing and practice hand hygiene and sanitation.

Niijaansinaanik Child and Family Services serves the following First Nations: Wasauksing, Henvey Inlet, Dokis, Shawanaga, Magnetawan, and Wahnapiatae, and all Indigenous children and families in the jurisdiction.



1-855-223-5558 nijcfs.com



COMMUNITY NOTICES



ANISHINABEK EDUCATION SYSTEM EDUCATOR NOMINATION AWARDS

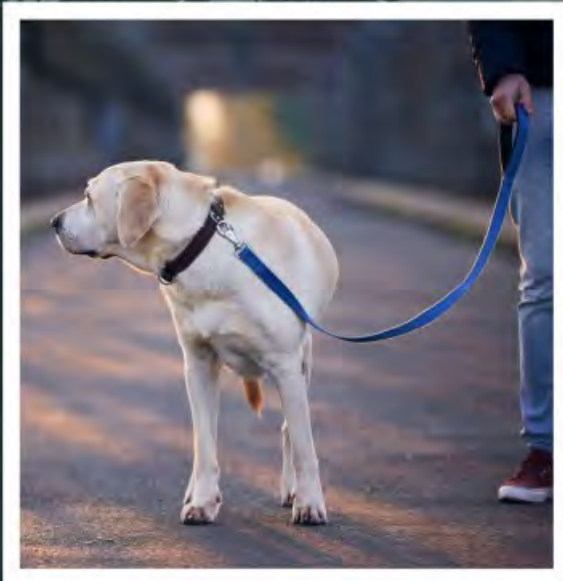
Two (2) scholarships in the amount of \$1,500 each will be awarded to recipients who play an exceptional role in educating Anishinabek students, positively impact the well-being of Anishinabek youth, and encourage students to pursue their individual talents and interests.

Nomination Criteria:

Nominee must be a registered member of a Participating First Nation of the Anishinabek Education System (see list below). Nominations must include the attached form and be accompanied by a letter of support from the Chief and Council of the nominee's community

**CLOSING DATE FOR
NOMINATIONS IS
TUESDAY, MAY 31, 2022**

**For the full application Scan the QR
code!**



Keep Your Pets Safe

Please respect your neighbours and remember to

- keep your animals in your yard
- keep them leashed on walks
- "poop and scoop"
- avoid letting them bark for long periods of time

For stray or loose dogs, please call:



705-673-3647

or

1-800-

836-6661

CHIEF AND COUNCIL



Chief and Council Regular Meeting

Tuesday, May 24, 2022

6 P.M.

In-person and via Zoom

Members wishing to attend via Zoom must register at:

wahnopitaefn.tiny.us/3hzs9864

The deadline to register for the web version is May 17.

No registration is required for those wishing to attend in person.

Registration only open to WFN members, who must also be over the age of 18. Virtual attendees must use their real names when signing in.

ECONOMIC DEVELOPMENT

WAHNAPIITAE FIRST NATION ECONOMIC DEVELOPMENT STRATEGY COMMUNITY OPEN HOUSE

Date: Thursday, May 19

Time: 5:30 - 8:30PM

Place: Maan Doosh Gamig Hall

A virtual meeting will be held at a later date for those unable to attend this meeting!

Wahnapitae First Nation invites members to attend a community open house meeting to learn about the economic development strategy we are developing. This strategy will focus on identifying future business, investment, training and development opportunities for our Nation to strengthen our financial self-sufficiency, including:

- Improving Wahnapitae's investment friendliness
- Identifying new business ventures and opportunities
- Identifying new economic development areas on our reserve lands
- Looking at future land acquisition and urban reserve development

We want to hear from members! Please stop by anytime between 5:30-8:30pm to learn about the project. All attendees will be entered for a door prize draw! Food and drinks will be provided!

*See <https://tinyurl.com/WFN-EcDev-Plan> for an electronic copy of the strategy.



For more information, contact
Austin Armstrong, Projects and Funding Officer at
705-858 0610 or
Austin.armstrong@wahnapietaefn.com

ADMINISTRATION

Members Needed for Comprehensive Community Planning Committee

Wahnapiatae First Nation is seeking members for its Comprehensive Community Planning (CCP) Committee.

The committee will be a working group established by Chief and Council to assist with the development of our Comprehensive Community Plan.

The Committee will consist of 6-8 volunteer members who represent youth, students, families, Elders, and members living on and off reserve.

Selections will be made to ensure that the Committee has accurate representation from the various demographics of our membership.

Any training required to participate in this committee will be provided to the committee members.

The Goals of the CCP Committee:

- Confirm/create the community's 'vision'
- Create objectives to guide planning and land use decisions
- Set policies to achieve objectives
- Create a baseline to measure progress from
- Establish measurement tools that are effective in measuring progress year after year
- Ensure the wishes of all community members are reflected in the final document.

The Responsibilities of the CCP Committee:

- Assist with the contracting of a consultant

- Work collaboratively with Chief and Council and consultants throughout the project
- Uphold a high level of respect and professionalism throughout the project
- Advertise and communicate project events and opportunities for members to participate
- Participate in community meetings (where feasible) and gather input and feedback from members
- Meet with community staff members and Chief and Council to understand community priorities
- Review project deliverables and provide comments to the consultants
- Provide ongoing guidance to the consultants on various project matters

If you would like to be a part of the CCP Committee, write a letter outlining why you'd like to participate and which groups you feel that you would represent, and send it to the following email:

austin.armstrong@wahnapiataefn.com

Miigwetch.



Preventative Cancer Care: Are You Up to Date?

Stages of cancer can be difficult to see or feel, and regular screening can find cancers sooner, so you get treatment faster.

Screening can help prevent and detect cancer early, so be sure to keep up to date on your needs, and consider the information below.

Cervical Cancer

Pap tests: A pap tests detects changes in the cells of the cervix.

Screening: Ontario Cervical Screening Program recommends that anyone with a cervix (women, transmasculine and non-binary people) who is or ever has been sexually active have a Pap test every 3 years starting at age 21.

You can stop regular screening with Pap tests at the age of 70 if you have had 3 or more normal tests in the previous 10 years.

Breast Cancer

Breast Screening: screening mammography every two years for most women aged 50 to 74 years.

Screening: Mammography and breast magnetic resonance imaging (or, if appropriate, screening ultrasound) every year for women ages 30 to 69 years who are at high risk for breast cancer. If you think you are high risk, make an appointment with your health care provider to discuss your options.

Prostate Cancer

Please discuss prostate cancer screening methods with your primary care provider.

Inform your provider if you are peeing frequently, peeing during the night, weak or interrupted urine flow, blood in urine,

erectile dysfunction, pain or burning during urination, discomfort when sitting or enlarged prostate.

Colon Cancer

Symptomatic people should be screened with a fecal immunochemical test (FIT) every 2 years. Abnormal FIT results should be followed up with colonoscopy within 8 weeks.

People aged 50 to 74 without a family history of colorectal cancer who choose to be screened with flexible sigmoidoscopy should be screened every 10 years.

If you think you are high risk, make an appointment with your health care provider as you can be eligible for screening earlier and more frequently.

Lung Cancer

Current and former smokers ages 55 to 74 may be referred to the Ontario Lung Cancer Screening program if they have smoked cigarettes daily for at least 20 years (not necessarily 20 years in a row, which means there could be times when they did not smoke).

Individuals that qualify will be able to receive a low dose CT scan.

If you think you qualify, make an appointment with your health care provider today.

Norman Recollet Health Centre Welcomes New Dental Hygienist

The Norman Recollet Health Centre (NRHC) is proud to announce the arrival of a new dental hygienist: Nancy-Jo Demers.

This means that the NRHC will also be able to provide dental hygiene services. As of May 30, the NRHC will be launching dental hygiene clinics.

Clients can call the NRHC at (705) 858-7700, or see the flyer on P17 for more details.

Learn more about Nancy-Jo in her own words below:

“With over 30 years of experience in the dental environment, I started with five years as a Certified Dental Assistant and over 25 as a Registered Dental Hygienist in general practice, the last 13 years as Co-ordinator of the local Registered Dental Hygiene Society and 12 years as a QA Assessor for the College of Dental Hygienist of Ontario.

Four years as a clinical instructor and almost five years as a proud independent practice owner of a thriving 12-year-old practice make me a great fit to lend my experience to the dental team at WFN.

I feel my dedication and professionalism to the field are only a couple of my best assets and look forward to helping you maintain your smile for years to come.

As a hard-working, energetic individual, I provide quality performance in any new and exciting challenge assigned to me.

I strongly believe in both continuing education for the betterment of my



Nancy-Jo Demers, Dental Hygienist

practice as well as being active in my profession to increase public awareness of overall health.

By advancing my knowledge in cutting edge technology that enable clinicians the ability to teach, learn and grow I can better improve your care, benefit and outcome.

I am confident my experience in quality health care would only add to my commitment to your team.

I am highly motivated, and it is with pride that I offer quality service and education to the public and to the profession in regard to the importance of achieving and maintaining good overall health.

Looking forward to treating your smile!

Miigwech,
Nancy-Jo Demers, RDH”



**NORMAN RECOLLET
HEALTH CENTRE**

D E N T A L C L I N I C



FIRST CLINIC DAY IS MAY 30

**NRHC's dental team is now
scheduling patients for COHI and
dental hygiene appointments.**

Call the health centre to book your
appointment:

(705) 858-7700

EDUCATION

Something Fishy at the Gazebo

WFN's Education Department has started a fish hatchery! Male and female walleyes were captured at the end of April to begin the process. Visitors to the Gazebo will be able to watch and learn about each stage of the walleye life cycle.



Stay tuned for more updates.



Anishinabek Student Excellence Awards

Five (5) scholarships in the amount of \$1,500.00 each will be awarded to Anishinabek First Nation students at the post-secondary level

ELIGIBILITY AND APPLICATION INSTRUCTIONS

Eligibility:

Applicant must be a registered full-time student at an accredited post-secondary college or university. Students who are currently enrolled as well as those who have completed studies and are graduating in 2022 are eligible.

Applicant must be a registered member of one of the 39 Anishinabek First Nations.

To Apply:

Eligible students are asked to submit:

- a short bio (tell us a little about yourself, include the name of the First Nation you are registered with);
- a letter outlining academic achievements, community involvement and future aspirations;
- two (2) written academic references;
- a copy of your transcript of your current 2021/22 grades; and
- contact information including email address, complete mailing address and phone number.

*** Incomplete applications will not be considered.**

CLOSING DATE
for scholarship applications is
Tuesday, May 31, 2022

Applications can be submitted by email (preferred), mail, or fax to:

Jason Restoule, Manager
Anishinabek Nation 7th Generation Charity
1 Migizii Miikan, P.O. Box 711, North Bay, ON P1B 8J8
P: (705) 497-9127 or 1-877-702-5200—F: (705) 497-9135—E: an7gc@anishinabek.ca
www.an7gc.ca

WFN is Rec 3

EDUCATION



Anishinabek Education System

Muriel Sawyer Nishnaabemwin Memorial Scholarship

Two (2) scholarships in the amount of \$1,500 each will be awarded to secondary students of the Anishinabek Education System who are dedicated to learning a traditional Indigenous language of the Anishinabek family, and who show perseverance and innovation in their learning journey.

ELIGIBILITY AND APPLICATION INSTRUCTIONS

Eligibility

Must be enrolled as a full-time secondary student and a registered member of a Participating First Nation of the Anishinabek Education System (see list below).

How to Apply

Eligible students are asked to submit:

- complete contact information (below);
- a short biography (will also be used to introduce recipients at the Evening of Excellence);
- a letter describing your language journey, goals, inspirations; and
- two (2) written references.

CLOSING DATE FOR SCHOLARSHIP APPLICATIONS IS TUESDAY MAY 31, 2022

Applicant Contact Information

NAME	
ADDRESS	
EMAIL	
TELEPHONE NUMBER	
PARTICIPATING FIRST NATION	
NAME OF SECONDARY SCHOOL	

WFN is Rec 3

APPLICATIONS CAN BE SUBMITTED BY MAIL, EMAIL, OR FAX TO:

Jason Restoule, Manager
Anishinabek Nation 7th Generation Charity
1 Migizii Miikan P.O. Box 711
North Bay, ON P1B 8J8
Phone: (705) 497-9127 or 1-877-702-5200
Fax: (705) 497-9135
Email: an7gc@anishinabek.ca



**ANISHINABEK
EDUCATION SYSTEM**



**Anishinabek Nation
7th Generation Charity**



Anishinabek Education System

Academic Achievement Scholarship

Two (2) scholarships in the amount of \$1,000 each will be awarded to secondary students of the Anishinabek Education System who exhibit an improved or consistent academic performance and who demonstrate personal commitment to their educational achievements.

ELIGIBILITY AND APPLICATION INSTRUCTIONS

Eligibility

Must be enrolled as a full-time secondary student and a registered member of a Participating First Nation of the Anishinabek Education System (see list below).

How to Apply

Eligible students are asked to submit:

- complete contact information (below);
- a short biography (will also be used to introduce recipients at the Evening of Excellence);
- a letter outlining academic achievements, future aspirations, and community involvement; and
- two (2) written academic references.

CLOSING DATE FOR SCHOLARSHIP APPLICATIONS IS TUESDAY, MAY 31, 2022

Applicant Contact Information

NAME	
ADDRESS	
EMAIL	
TELEPHONE NUMBER	
PARTICIPATING FIRST NATION	
NAME OF SECONDARY SCHOOL	

WFN is Rec 3

APPLICATIONS CAN BE SUBMITTED BY MAIL, EMAIL, OR FAX TO:

Jason Restoule, Manager
Anishinabek Nation 7th Generation Charity
1 Migizii Miikan P.O. Box 711
North Bay, ON P1B 8J8
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Fax: (705) 497-9135
Email: an7gc@anishinabek.ca



**ANISHINABEK
EDUCATION SYSTEM**



**Anishinabek Nation
7th Generation Charity**

COMMUNITY EVENTS



MOOSE HIDE
CAMPAIGN
CAMPAGNE
MOOSE HIDE

Moose Hide Campaign Day

**TAKE ACTION - HELP END VIOLENCE
AGAINST WOMEN AND CHILDREN**

Maan Doosh Gamig

May 12th from 1 P.M. to 4 P.M.

**Come pick up your Moose Hide pin and make your
pledge to stand up against violence.**



moosehidecampaign.ca

[#FastToEndViolence](https://twitter.com/FastToEndViolence)

COMMUNITY EVENTS

Ribbon Skirts & Shirts

2-day Workshop for Kids

Parents/Guardians must attend with their child

11 A.M. to 5 P.M.

Saturday, May 28 and Sunday, June 5

Maan Doosh Gamig

Open to all community members

Lunch will be provided



Teachings by Vera Coulombe and Tony Tyson

RSVP by May 20, 2022 to

Tammy Chevrette, FWB Worker

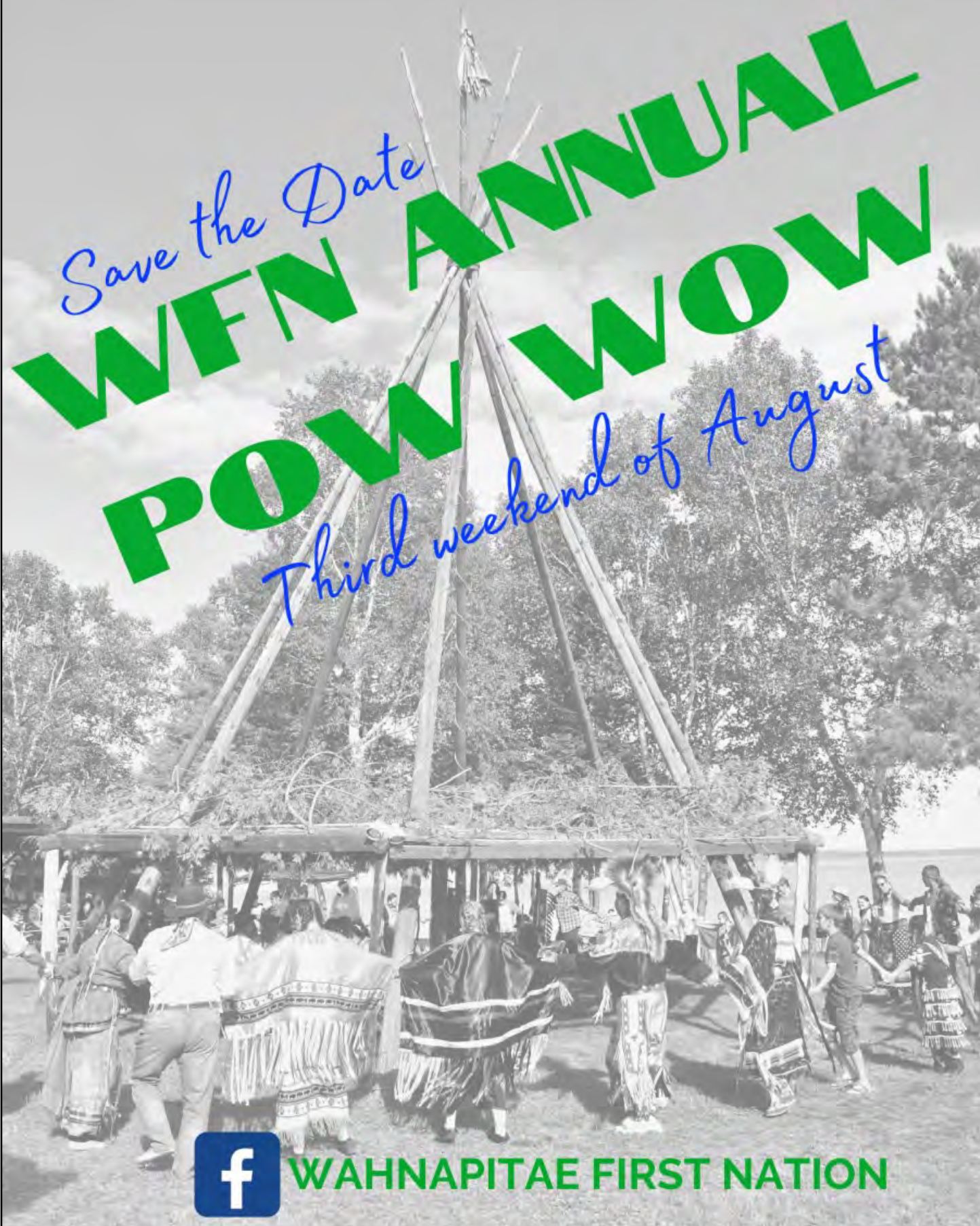
705-920-9488 | tammy.chevrette@wahnapietaefn.com

COMMUNITY NOTICES

Save the Date

WEN ANNUAL POW WOW

Third weekend of August



WAHNAPITAE FIRST NATION

Missing and Murdered Indigenous Women Day

M A Y 5



May 5 marks the National Day of Awareness for Missing and Murdered Indigenous Women, Girls, and Two-Spirit people (MMIWG2S) in Canada. It is also known as Red Dress Day.



The number of missing and murdered Aboriginal women and girls in Canada is disproportionately high. In 2013 **the RCMP released a report revealing 1,181 cases of missing and/or murdered Indigenous women and girls.**

Six out of 10 incidents of violent crime against Indigenous people are thought to go unreported.



FOR MORE INFORMATION ON MMIWG VISIT

<https://tinyurl.com/4w983cy5>

COMMUNITY EVENTS




HEALTHY RECIPE OF THE MONTH TUESDAY, MAY 17, 4 P.M. - 6 P.M.

PICK-UP: 259 TAIGHWENINI TRAIL RD
BRING YOUR OWN BAGS!

Positive Mindset

Confidence and Identity



WELLNESS WEDNESDAYS

These sessions will focus on a number of health and wellness topics. Participants will gain new skills and learn prevention strategies to implement in their daily lives.

Resilience

Understanding Emotions

**MAAN DOOSH GAMIG
MAY 11, 18 & JUNE 1
1 P.M. TO 3 P.M.
WITH NURSE JENNA**

Relationships

If you are interested in any sessions, please RSVP to Line Baillargeon @ (705)858-7700

Coping with Stress

Self and Spiritual Wellbeing

Confidence and Identity



WELLNESS WEDNESDAYS

**COOKING WITH JENNA AND NATALIE
MAY 11
1 P.M. TO 3 P.M.
MAAN DOOSH GAMIG**

This session will focus on general nutrition for children and parents

Resilience

If you are interested in any sessions, please RSVP to Line Baillargeon @ (705)858-7700

Coping with Stress

Self and Spiritual Wellbeing

COMMUNITY EVENTS



Small Box: \$10 | Large Box: \$19

GOOD FOOD BOX

CALL WENDY OR HEATHER TO ORDER:
(705) 858-7700

**MAY DELIVERY:
MAY 12, 2022**

**JUNE ORDER BY DATE:
MAY 30, 2022**



SOUP'S ON!

TUESDAYS

Call by 11 P.M. | Pick up by 12 P.M.
Call Heather to place order:
(705)858-7700

CONGREGATE DINING

ELDERS 55+

**DELIVERY MAY 4,
BETWEEN 5 P.M. - 6 P.M.**

To Join
CALL WENDY OR HEATHER FOR
MEAL DELIVERY: (705) 858-7700

NUTRITION BINGO



**Call Wendy or Heather
to reserve your spot:
(705) 858-7700**

*Prizes are the same. Cards will be bagged
for pickup. Payment due on pickup.*

**Thursday May 5 and
Thursday May 19**

EARLY YEARS ACTIVITIES

NEW

EXCITING NEWS!

The Tiny Tots and Early Years programs have been combined into one, big, FUN program!

TUESDAYS 2:00 P.M. TO 5:30 P.M.

May 3: Nature Walk (Weather Permitting)

May 9 (Monday): Oral & Hygiene Presentation
in MDG Hall 3:30 P.M. to 5:30 P.M.

May 10 (Tuesday) : Making Fruit Paint (**Gazebo**)

May 17: Necklace making (**Gazebo**)

May 24: No programs

May 31: special activity (to be announced)



Spilt Milk Challenge

WHERE IS BLUECHEESE?

Can you guess where he is?
If you guess correctly, your name
will be entered in a draw.



Extra Entry

If you can find a milk product in the
picture, you will have a second entry
in the draw.



You have until May 31, 2022 to send your
guesses to Natalie Goring, HBHC at
natalie.goring@wahnapietaefn.com

Nmebine Giizis

(Sucker Moon)



May Activity Kit

This month's activity kit will have
three activities focusing on water and
the sucker fish.

Reserve your kit by May 26 by
contacting Natalie Goring, HBHC
Worker at
natalie.goring@wahnapietaefn.com





You will be contacted when your kit is
ready for pick up or delivery.

ASP AND YLP

MAY

2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 ASP Mental Health Program with Bradley 3:30-5:30	3	4 ASP May the Fourth Be with You: Star Wars Day 3:30-5:30	5  YLP Parents VS Youth 3:30-5:30	6	7 Mommy & Me: Self-Care Day 9-1PM
8 MOTHER'S DAY	9 ASP Dental Hygiene with Early Years Program MDG Hall 3:30-5:30	10	11  ASP Planting our Gardens with Sara 3:30-5:30	12 YLP Sharing Circle with Bradley, Cooking Dinner 3:30-6:00	13	14
15	16 ASP Arcade & Wacky Wings Outing 3:30-7:00PM	17	18 YLP Wellness Wednesday: Self-Defense MDG Hall 3:30-5:30	19 YLP Beading with Shannon 3:30-5:30	20	21
22	23 VICTORIA DAY NO PROGRAM	24	25  ASP Providing for the Winged: Bineshiinyag 3:30-5:30	26  YLP Plaza Bowl & Dinner Outing 3:30-7:00PM	27 Youth-Led Initiative: Sleepover @ Band Office 6:00PM	28
29	30 ASP Nature Walk & Wiigwaas Crafts 3:30-5:30	31				

COMMUNITY EVENTS



Wahnapitae First Nation
Education Department

BOYS' DRUM GROUP

BRANDON PETAHTEGOOSE
WILL BE TEACHING

TUESDAY NIGHTS
6 TO 8 PM
@ THE GAZEBO



IF YOU WOULD LIKE TO
TAKE PART, CONTACT
MARILYN OR BEATRICE
AT THE
ADMINISTRATION
OFFICE OR BY CALLING
705-858-0610

May is Hepatitis C Awareness Month



Hepatitis C is a viral infection that causes liver inflammation, sometimes leading to serious liver damage. Approximately 300,000 people in Canada have Hepatitis C. That is 1 in every 100 people!

Please join us for a presentation by Réseau Access followed by a Dreamcatcher workshop with teaching.

Wednesday, May 26
1 P.M. to 3 P.M.
Maan Doosh Gamig

Contact Heather or Wendy by May 23, 2022 to register.
heather.roy@wahnapiataefn.com or wendy.tyson@wahnapiataefn.com

INTRODUCTION TO BEADING & MOCCASINS SERIES

Teachings by Julia Pegahmagabow

Workshops:

5:30 PM to 8:30 PM
Maan Doosh Gamig
Wednesdays
May 4, May 11, and May 18

This is only for those who have already started this workshop.

Light refreshments provided
For questions, please contact Tammy Chevrette via email at tammy.chevrette@wahnapiataefn.com or by phone at 705-920-9488.



WFN EVENT CALENDAR - MAY 2022

Please be sure to use this calendar as your official reminder for these events, and to help plan your month.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 GFB Order	3 Soup's On Drum Group Sue Chartrand	4 Congregate Dining Beadng Workshop Sue Chartrand	5 MMIWG (Red Dress Day) Nutrition Bingo	6 CLOSED	7
8 Mother's Day	9	10 Soup's On Drum Group	11 Wellness Wednesday Beadng Workshop	12 GFB Pickup Moose Hide Campaign	13 CLOSED	14
15	16	17 Soup's On Recipe of the Month Drum Group	18 Wellness Wednesday Beadng Workshop	19 Nutrition Bingo	20 CLOSED	21
22	23 CLOSED	24 Soup's On Drum Group Chief and Council	25	26 Hep C Awareness	27 CLOSED	28 Ribbon Skirt (Kids)
29	30 June GFB Order Date Dental Clinic	31 Soup's On Drum Group Sue Chartrand				

Sue Chartrand will be here for footcare and massages per the calendar. If interested, contact Line @ 705-858-7700 ext 218.



WAHNAPITAE FIRST NATION

LOT DISTRIBUTION POLICY

Amended by **Band Council Motion: 21/22-03-255**
At **Chief and Council Meeting of: March 22, 2022**

Amended by **Band Council Motion: 21/22-12-166**
At **Chief and Council Meeting of: December 13, 2021**

Amended by **Band Council Motion: 20/21-11-163**
At **Chief and Council Meeting of: November 17, 2020**

Amended by **Band Council Motion: 13/14-28**
At **Chief and Council Meeting of: June 18, 2013**

Amended by **Band Council Motion: 11/12-23**
At **Chief and Council Meeting of: April 29, 2011**

Amended by **Band Council Motion: 05/04**
At **Chief and Council Meeting of: January 10, 2005**

Amended by **Band Council Motion: 04/56**
At **Chief and Council Meeting of: June 22, 2004**

Amended by **Band Council Motion: 02/54**
At **Chief and Council Meeting of: September 3, 2002**

Adopted by **Band Council Motion: 00/16**
At **Chief and Council Meeting of: February 23, 2000**

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Part 1- Purpose

Wahnapitae First Nation Chief and Council believe that the effective land management and decision making is required to ensure a fair decision on land allocations is made to registered band members, and to ensure that our land resources are available for the future of our First Nation.

The purpose of this Policy is to provide a fair and transparent process for granting residential lots of land on Wahnapitae First Nation to band members for residential purposes only. This Lot Distribution Policy is intended to guide administration staff in assisting band members and the Wahnapitae First Nation in decision making concerning allotments of land. It is not intended to replace the rules and procedures concerning allotments which are set out in the *Indian Act*, the AANDC Lands Management Manual, or the Reserve Lands Environment Management program manual (RLEMP).

This Lot Distribution Policy is intended to work together with all such Federal Laws and Policies and with other Wahnapitae First Nation policies, procedures, and by-laws.

Wahnapitae First Nation Chief and Council will review this Lot Distribution Policy annually and amend this policy if required to ensure it remains relevant and effective.

Part 2 – Definitions

Allotment	Is the process by which a band member receives the legal right to possess specific land in the reserve, and this allocation must be given by Band Council and also approved by the Minister through the issuance of a Certificate of Possession.
Band Council Resolution	Is a resolution formally passed by a majority of the Councillors of Wahnapitae First Nation present at a duly called and convened meeting of Chief & Council, which is in written form and signed by all members of Council voting in favour and which may be registered with Indigenous Services Canada.
Band Member	Is a person whose name appears on the Wahnapitae First Nation membership list and, for the purpose of this policy, is at least eighteen (18) years of age.
Certificate of Possession	Is a certificate confirming that Minister of Indigenous Services Canada has approved the allotment of reserve land to the individual member, and is evidence of that member's right to lawful possession of the land described therein in accordance with the <i>Indian Act</i> .
Chief & Council	Are the duly leaders of Wahnapitae First Nation elected pursuant to the Wahnapitae First Nation Band Custom Election Code.
Community Land	For the purpose of this policy, is any Wahnapitae First Nation reserve lands which are not subject to an allotment, certificate of possession, designation, permit, lease, or other exclusive interest.

Conditional Grant	Is a statement by the Wahnapiatae First Nation Chief and Council that provided certain terms and conditions are met by the individual member, the Council will allot certain specified reserve land to the member.
Permanent Dwelling	Is an independent, permanent residential structure that sits on its own land pursuant to a Conditional Grant and which meets or exceeds the Ontario Building Code or the National Building Code, whichever is utilized by Waabnoong Bemjiwang Association of First Nations Infrastructure Specialists, and which is placed upon and affixed to the land in a permanent manner.
Residential Lot	Is a surveyed parcel of land, approximately one acre in size, on Wahnapiatae First Nation lands that is intended for single family dwelling.

Part 3 – Conditional Grant

- a) The Chief and Council of Wahnapiatae First Nation may issue to a Wahnapiatae First Nation member or members a Band Council Resolution approving of the issuance of a Conditional Grant of specific reserve land with conditions as evidence of the Wahnapiatae First Nation member's potential legal interest in land.
- b) Subject to Part 6, a Band Council Resolution issued in accordance with Part 3(a) will be registered in the Wahnapiatae First Nation Land Registration System.
- c) A Conditional Grant shall be for a parcel of land that is approximately one acre in size for a residential dwelling and which entitles the member holding the Conditional Grant to an allotment of the possession of the land from Band Council once any and all conditions are fulfilled within the time granted;
- d) A Certification of Possession will replace the Conditional Grant only if all requirements of Part 4 (k) have been met and the member has received a Band Council Resolution allotting the land to the member.

Part 4 - Lot Distribution Criteria Grant of Entitlement

- a) Each band member over the age of (18) may request one (1) parcel of land situated on Wahnapiatae First Nation.
- b) A band member who inherits a lot through an estate may hold the inherited interest in land in addition to a Conditional Grant under section 3.a) above, or a request for one under section 4.a).
- c) A Conditional Grant shall be granted in accordance with this policy and administered by Wahnapiatae First Nation Lands Department.
- d) A band member shall provide a signed and dated copy of this Lot Distribution Policy to confirm that they have read, understand and will be in compliance with the Lot

Distribution Policy to Wahnapiatae First Nation Lands Department requesting a Conditional Grant of land.

- e) Council, in its sole discretion, shall determine if Band Land is available for distribution to membership, and what land may be offered for Conditional Grants to membership. When determining if Lands are available for Conditional Grant, the Council shall set whatever specific terms and conditions for the Conditional Grant of each lot that Council may determine to be in the best interest of the First Nation as a whole.
- f) If no Band Land is available for distribution to members at that time, the member will be contacted and then the members name and contact information will be added to the lot distribution list that is date prioritized, meaning the next community land available shall be offered to the first band member on the list.
- g) It is the member's responsibility to maintain up to date contact information with the Wahnapiatae First Nation Lands Department to ensure correspondence on Conditional Grants of land is received.
- h) If Council determines, by Band Council Resolution, that lands are available for Conditional Grant, they may be offered to the first person on the land distribution list. Prior to offering land to a member the Wahnapiatae First Nation Lands Department shall meet with the member to review the Lot Distribution Policy. Only if the Wahnapiatae First Nation Lands Department determines that there is a reasonable likelihood that the member has, or will be able to secure, and meet all of the conditions applicable to the Conditional Grant, will the land be offered to the member.
- i) If land is offered to a member under 4.h), that member shall be allowed fourteen (14) days to select from all lands available for Conditional Grant at that time. If the member declines any of the lands, or fails to make a selection within the time limit, the next member on the list shall be given the opportunity to select from the available lands. The member who declined or failed to respond to the offer shall maintain their priority position on the lot distribution list to be used when new lands are made available for distribution.
- j) The Lot Distribution list will be maintained by Wahnapiatae First Nation Lands Department.
- k) Upon receipt of a Conditional Grant, a band member is required to perform the work, and meet the conditions, specified in the Conditional Grant for that land, and also:
 - i) clearing and maintaining the land;
 - ii) meet with the Wahnapiatae First Nation Lands Department to develop a lot plan agreeable to the Department which, at a minimum, contains:
 - 1) a source of potable water and septic system layout plan that meets ISC and Public Health minimum requirements;
 - 2) Electricity hook-up layout plan;

- 3) House/building plans (copy of which must be place on file with the Department) that meets minimum engineering and planning standards, and the applicable Building Code requirements;
 - 4) An acceptable survey of the property lot line and the installation or designation of visible survey posts and markers; and,
 - 5) Such other tasks and requirements as set by the Wahnapiatae First Nation Lands Department to be in the best interest of the First Nation.
- iii) The value of improvements and construction which must be complete by the member who holds the Conditional Grant, excluding the labour of the member or their family, must exceed \$10,000 annually until the completion of a permanent dwelling; and,
 - iv) the member shall secure such property insurance and builder's risk insurance as reasonably required by the Wahnapiatae First Nation Lands Department. The Department shall set the minimum insurance requirements based on the value of the improvements and buildings, the risks posed by the work, and the advice of insurance professionals. The insurance shall name the Wahnapiatae First Nation as an insured under these policies, and shall include a requirement that the insurer must notice the First Nation at least 14 days before terminating the policy for any reason. The maintenance of this insurance shall be an absolute requirement of the Conditional Grant, and should the insurance lapse during the Conditional Grant, then the Conditional Grant shall be withdrawn.
 - v) a performance bond payable to the First Nation if the Conditional Grant is breached by the member equal to cost to complete the intended construction and improvements, or else equal to the costs to remediate and return the land to the state it was in before the construction started.
 - vi) insurance that protects against any environmental risks that may be caused by the intended improvements and construction. The insurance shall name the Wahnapiatae First Nation as an insured under these policies, and shall include a requirement that the insurer must notice the First Nation at least 14 days before terminating the policy for any reason. The maintenance of this insurance shall be an absolute requirement of the Conditional Grant, and should the insurance lapse during the Conditional Grant, then the Conditional Grant shall be withdrawn.
- l) If the conditions set out in section (k) above are met during the initial two (2) year period but a permanent dwelling is not complete, the member will be required to meet with the Lands Department on an annual basis to provide an update on their plans and expected construction activities. However, a permanent dwelling is required to be completed within a five (5) year period from the date when the Conditional Grant was offered to the member. If, on that fifth anniversary, the building and construction plan in 4.(k)ii) is not completed, then the Conditional Grant shall be withdrawn.

- m) If after two (2) consecutive years from the date of the Conditional Grant conditions set out in section (k) are not met, the Conditional Grant shall be automatically withdrawn. The member's name will then go to the bottom of lot distribution list.
- n) A band member may operate a home-based business or carry out other uses on the land subject to a Conditional Grant, but only if the operation of the home-based business is permitted under other Wahnapiatae First Nation policies approved by Chief & Council, the WFN Zoning By-law, and provided that the dominant use of the Conditional Grant always remains residential.
- o) Approval of a Conditional Grant does not relieve the holder of the requirement to comply with any other applicable Wahnapiatae First Nation policy, procedures, by-laws and laws.
- p) When a Conditional Grant is withdrawn, the First Nation may,
- i) keep all improvements and fixtures on the land and consider them to be the property of the First Nation without compensation to the member; or,
 - ii) demand that the member, or their performance bond holder upon the member's failure, remove all improvements, buildings, structures from the land and remediate the land to the condition it was in before the Conditional Grant was offered to the member.
- q) A band member who has received a Conditional Grant of land approved by Chief & Council and who loses that Conditional Grant as a result of a settlement agreement or order concerning the disposition of property following the dissolution of a spousal relationship is eligible to apply for a new Conditional Grant of land in accordance with this policy.
- r) The Conditional Grant of land by Chief & Council does not authorize the holder of the Conditional Grant to develop the natural resources, aggregate or minerals on or under the land subject to the Conditional Grant. The holder must comply with all other policies, procedures, by-laws and laws applicable to the use and development of natural resources, aggregate and minerals.

Part 5 - Transfer of a Conditional Grant

- a) A band member who is in possession of a Conditional Grant of entitlement for land may not transfer it.
- b) A band member holding a Conditional Grant and who ceases to be a member may, within six months, transfer the Conditional Grant to another member of Wahnapiatae First Nation, provided the Chief and Council approve of the transfer, or else the Conditional Grant is withdrawn.

Part 6 - Certificate of Possession

- a) When a member has fulfilled all of the conditions applicable to their Conditional Grant, they may request that Council formally allot the possession of the land to them, and seek a Certificate of Possession from the Minister confirming the allotment.
- b) When a letter requesting the certificate of possession from a band member is received, Chief and Council will approve a BCR allotting them possession of the land and seeking the certificate of possession from the Minister of Indigenous Services Canada, but only once all of the following conditions have been met:
 - i) The band member has provided documents that demonstrate that all relevant mortgages, loans and housing agreements have been paid in full;
 - ii) The band member has complied with all relevant policies, procedures and by-laws and has paid out all or any servicing fees or administration fees owing to Wahnapiatae First Nation;
 - iii) The Wahnapiatae First Nation Lands Department confirms that all conditions applicable to the Conditional Grant have been fulfilled; and,
 - iv) Potable Water and Septic Systems are installed and proof of passing inspection by Health Canada are provided to the Lands Department.
 - v) A source of power, hydro or solar are installed with detailed documentation of inspection.
 - vi) A registered Canada Lands Survey of the lot.
 - vii) The building has been inspected and is fully compliant with the applicable building code.
- c) The Certificate of Possession shall be transferred to Wahnapiatae First Nation as may be required to allow a band member to participate in a housing program (ie. Section 10 and 95) as authorized by Wahnapiatae First Nation
- d) A certificate of possession for land must meet all ISC and governmental requirements for a certificate of possession. All certificate of possession will be registered in the First Nations Lands Registry.

Part 7 - Cancellation

- a) Should any member of the Wahnapiatae First Nation default on any legal obligations to the First Nation and have an outstanding debt associated with the land or any other debts owing to Wahnapiatae First Nation, then the Wahnapiatae First Nation may cancel the member's Conditional Grant, or deny the member's request to have the land allotted and a Certificate of Possession issued to the member under this policy.

Part 8 – Acknowledgment

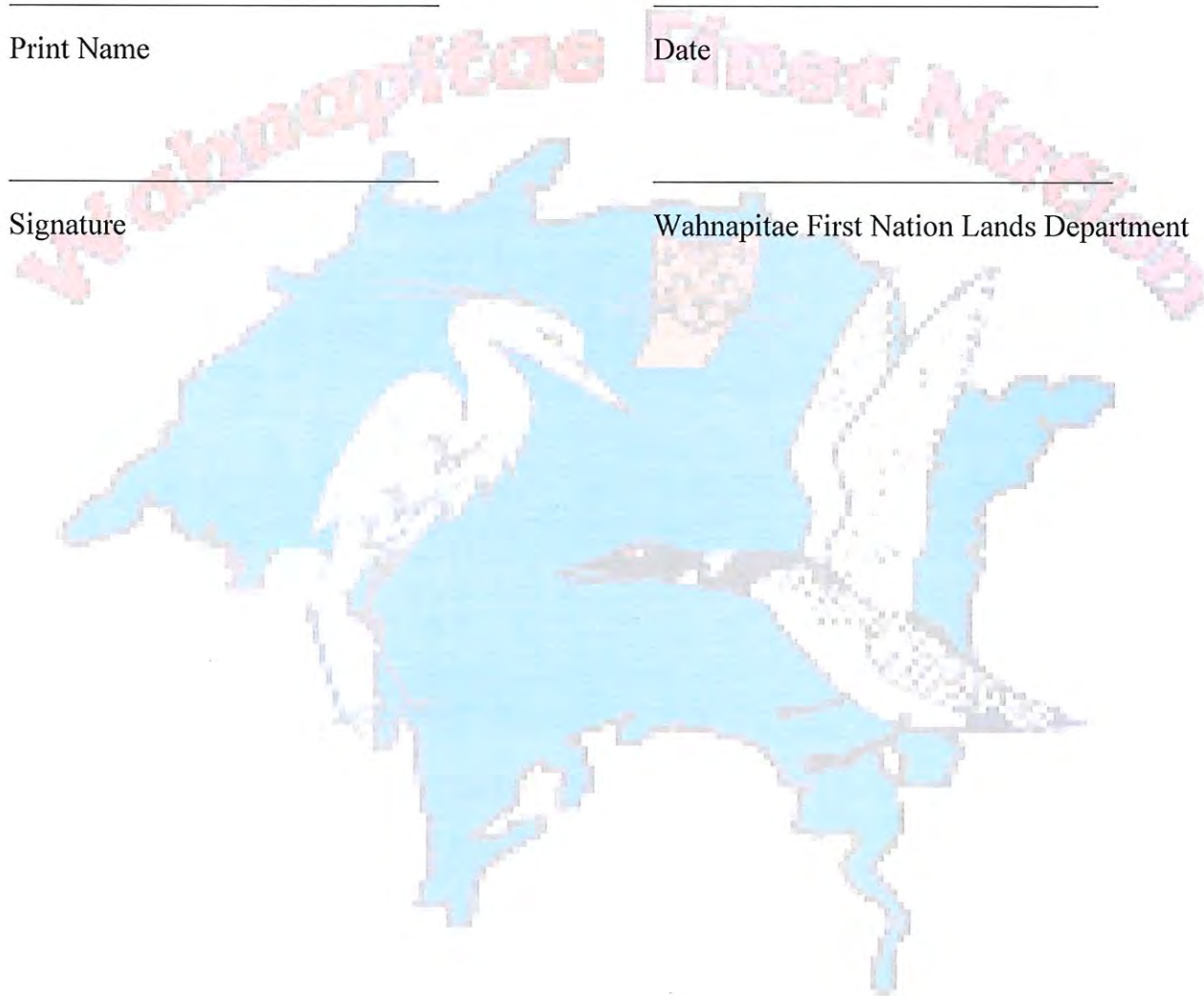
I acknowledge that I have read and understand the above Lot Distribution Policy and procedures in its entirety and agree to abide by the policy guidelines. I have been informed about the content, requirements, and expectations of the Lot Distribution Policy and I have received a copy of the Lot Distribution Policy.

Print Name

Date

Signature

Wahnapitae First Nation Lands Department



Chief *LR*